How to Cultivate Humanistic Quality and Implement Humanistic Care in Ideological and Political Education for Colleges and Universities

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Abstract: As the ideological and political education plays an important role in cultivating students' humanistic qualities, colleges and universities should attach importance to the ideological and political education to cultivate healthy, confident and loving students. However, there are many shortcomings in the ideological and political education in many universities, especially in the cultivation of humanistic quality and the practice of humanistic care. Universities do not pay attention to students' subjectivity and the teaching thinking and objectives are not clear and teaching methods are still relatively traditional. This paper mainly discusses the strategy of cultivating humanistic quality and practicing humanistic care in the ideological and political education in colleges and universities, explores the right ways and methods to closely combine humanistic quality and humanistic care with the ideological and political education by analyzing the current situation of the ideological and political education in colleges and universities, so as to put it into practice and promote the improvement of the ideological and political education in colleges and universities.

Key words: The Ideological And Political Education; Humanistic Quality; Humanistic Care

1. The importance of humanistic quality and humanistic care

Humanistic quality and humanistic care are interrelated and they promote each other and advance together. Humanistic quality is the inner quality of human beings. A person's humanistic quality reflects the condition of his or her healthy development. Humanistic care is people-oriented and pays attention to people's needs and development. Humanistic quality and humanistic care in the ideological and political teaching mean that teachers should guide students' correct world outlook, values and outlook on life through correct and reasonable teaching methods, respect...
students' thoughts and behaviors, cherish students and promote their all-round development in the process of teaching. Reasonable development of the ideological and political education in colleges and universities can help students to improve their spiritual world and ideological behaviors. Therefore, in the process of teaching, it is necessary to take people as the core, expand and innovate new ideological and political teaching modes. Colleges and universities promote the improvement of students' humanistic quality through the ideological and political education and actively practice humanistic care, which not only meets the development of the time, but also conforms to the growth of students and follows the pace of the socialist education with Chinese characteristics.

2. The current situation of the ideological and political education in colleges and universities

With the development of the time, more and more universities begin to pay attention to humanistic care, but they still adopt very traditional ideological and political teaching mode. In the classroom, the teacher still uses the teaching method of indoctrination to pass down the knowledge in the textbooks to the students. Such a teaching mode completely ignores the subjectivity of students and cannot bring them into the ideological and political knowledge. Moreover, the single theoretical teaching is boring and students have lost their interest in ideological and political courses. Nowadays, college students all have their own consciousness and ideas and their personalities are quite flamboyant. However, the ideological and political education focuses on transmitting traditional concepts, without considering students' differences and respecting their choices and development. In addition, the content of ideological and political courses in colleges and universities is also monotonous and repetitive, lacking the combination with social examples and highlighting the characteristics of the time and the consciousness of democracy. The ideological and political education in colleges and universities lacks the combination of socialism with Chinese characteristics and students and lays too much emphasis on the political theories such as moral norms, ignoring the development of individual students, the corresponding internal quality and the cultivation of sound personalities.

3. The countermeasures of cultivating humanistic quality and practicing humanistic care in the ideological and political teaching in colleges and universities

3.1 People-oriented, uphold love and respect

The ideological and political education in colleges and universities should adhere to the principle of people-oriented and put students as the main body throughout the whole process of the ideological and political education. The teacher should take good care of students in the process of teaching and they should transfer ideological and political knowledge on the basis of love and respect for students. The teachers' words and deeds will affect students' behaviors and the way teachers explain knowledge will also affect students' mastery of knowledge. Teachers should conduct teaching with emotion, combining with modern educational concepts. In the course, they should fully respect the personality of students, understand their ideas and give students a free and healthy environment to experience the charm and knowledge of the ideological and political education. The people-oriented notion is that teachers should always pay attention to the emotional changes of students, pay attention to their mental outlook and give them a certain guidance through ideological and political courses. Humanistic care in ideological and political courses is embodied in every communication and contact between teachers and students. Teachers should pay attention to the needs of students and give timely care and love to students according to the actual development needs. Moreover, they should respect students, which allows students to freely play their subjective initiative and cultivate the development of a sound personality.

3.2 Improve teaching thinking and pay attention to students' needs

The traditional teaching method is dominated by teachers' indoctrination and ignores the subject of the educatees, so it is necessary to follow the new teaching concept, improve teaching thinking, focus on the independence, initiative and creativity of the educatees in activities. The ideological and political courses in colleges and universities should respect students' subjectivity, guide students to master the thought of ideological and political courses and give a full play to their subjective initiative and innovative consciousness in the process of learning. Only in this way can the students integrate the ideological and political knowledge they learned and the spirit passed down by the teacher into
life to become a comprehensive person with good qualities. At the same time, in the process of teaching, teachers should design relevant activities to help students understand themselves, cultivate their subjectivity and promote them to make life plans. Consequently, it is necessary to start from the needs of students, innovate the ideological and political teaching mode and improve teaching thinking. Teachers should connect ideological and political knowledge to life, share appropriate cases, let students realize their own advantages and disadvantages, then guide students to realize their needs through the right path, correct the problems in time and allow students to constantly explore on the right path.

3.3 Adopt effective ways to promote the cultivation of humanistic quality and the practice of humanistic care

Humanistic cultivation and humanistic care of the ideological and political education in colleges and universities need teachers to give students timely care and love and pay attention to students' development of mental health. However, it is necessary to pay attention to the differences of students in practical communication and give students care according to their different family conditions and different living conditions. In addition, teachers should communicate with counselors and school psychologists in a timely manner to understand the actual situation of students and help them practically in the process of mutual cooperation, which makes every student experience warmth and care to ensure their psychological health. Moreover, the ideological and political education teaching not only needs to rely on the efforts of ideological and political teachers, but also needs strong support from colleges and universities. The universities have few restrictions on the life of college students and their management is relatively lax. Most students spend a lot of time on the Internet and pay little attention to their study. Therefore, on the one hand, teachers should actively advocate the development of ideological and political work and put forward the correct ideological and political education goals in study. On the other hand, they should take the initiative to carry out a variety of activities inside and outside the school. First of all, it is necessary to cultivate sound talents according to the call of the party in the new era, establish a good humanistic care system in universities, promote the scientific and reasonable development of the ideological and political education. Secondly, colleges and universities should actively contact students' associations and organizations, carry out various volunteer activities and public welfare activities and cultivate students' enthusiasm to participate in life and sports in the activities, so as to push students towards a positive and healthy road.

4. Conclusion

In a word, at present, the cultivation of humanistic quality and the practice of humanistic care in the ideological and political education in colleges and universities are still facing challenges. Teachers should timely correct teaching thinking, regard students as the main body, respect and care for students. They also should innovate good teaching modes and closely connect ideological and political teaching to life. Colleges should also actively cooperate, put humanistic care into the process of ideological and political teaching, cultivate students' correct values and outlook on life in various activities, establish a good moral quality and establish a sound personality.

References

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