



### Study on Basic Nursing Service Mode of the Elderly in Jiangsu Province

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Abstract: Targeted research and analysis on the home-based medical care mode of the elderly in a certain area is conducive to the full understanding of the development of medical and nursing services in the region, and to create more appropriate methods for its future development, so as to improve the service level and improve the quality of life of the elderly. The content, frequency and outcome of basic medical services are the components of basic care service model for the elderly. The research on this model and the evaluation of service quality can not be disconnected from any part. In this paper, based on the home-based medical estimation in Jiangsu province as the early main body, from the perspective of medical workers, the basic nursing service model of the elderly in Jiangsu Province is studied.

Keywords: Jiangsu Area, The Elderly, Basic Care, Service Mode

# 1. Development status of basic nursing service mode for the elderly in Jiangsu province

With the rapid development of China, the progress of science and technology and society has brought great convenience to people's life. With the continuous improvement of domestic and foreign medical standards, people's quality of life has been significantly improved. However, the increasingly serious aging in China has diluted the overall situation of social development. At present, China has gradually entered an aging society. As of 2014, the number of elderly buildings over 60 years old in China has reached 200 million, which accounts for 15% of the total population in China. Among these 200 million elderly people, nearly 40 million people have been in a state of disability and semi disability for a long time. In other words, the development trend of China's population aging is very likely to make China become the world's most aging population in the middle of the 21st century. It can be seen that the life of the elderly in various regions and even communities in China needs to be paid attention to by people from all walks of life. At present, basic nursing is a common way to care for the elderly in China. With the comprehensive publicity of the news media and the joint efforts of people from all walks of life, the basic nursing care of the elderly in nursing homes and at home in China has been developed to a certain extent. However, due to the different regional environment, economic conditions and living conditions, a large part of our basic nursing life is not guaranteed. As there is no change in the original living environment of the elderly, it will save a lot of expenses for pension facilities, which can reduce the life pressure and psychological pressure of the elderly. At the same time, the professionals in charge of basic nursing can make more detailed and appropriate service arrangements according to the actual physical and mental development

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of the elderly, and provide more targeted services. As a low-cost and high social acceptance model, home-based care has been highly praised by more people in China, which is more dependent on warmth than the nursing home. The basic care and even medical care of nursing homes are more professional, but the high service costs are the main reason that people are deterred. Therefore, both nursing homes and home-based care continue to overcome the disadvantages, solve practical problems for the people and better serve the people at the same time. The service mode of the elderly in Jiangsu is also based on the two, and the corresponding problems need to be improved on the basis of basic nursing.

### 2. Analysis of basic nursing service mode for the elderly in Jiangsu province

As far as the current development situation is concerned, the economic and social development of all regions in China cannot escape the adverse impact of aging population and aging. It can be seen that China's pension problem has now become a hot issue of general concern from all walks of life. Compared with the development of urbanization population in the same city, the aging problem of rural population in various regions of China is also increasing, and the problem is more serious. With the increasing number of empty nesters in rural areas, the traditional family pension function is gradually weakening. With the increase of the number of people going to work in cities and towns, the problem of caring for the elderly in rural areas is becoming increasingly prominent. At present, the proportion of the elderly aged 60 or above in the county-level cities and districts in Jiangsu province accounts for the top three of the total population. For example, in Gangzha district of Nantong City, it has reached as much as 30%. As many as 20% of the population aged 80 or above in county-level cities in Jiangsu Province, for example, 20.19% in Xinyi City. There are 8.72 million empty nesters in Jiangsu Province. However, nearly 80% of them are willing to provide for the aged at home, while only 1.9% of them are willing to provide for the aged at home in the community during the day and at night, and 4.6% of the elderly are willing to enter pension institutions. From this, we can see that the overall nostalgia for the family of the elderly in Jiangsu area, and the direction of our country's pension work can also be seen from this that the development of family pension is mainly towards.

### 3. Study on basic nursing service mode of the elderly in Jiangsu province

## 3.1 Strengthening and simplifying the application and evaluation process of home-based medical care services for the elderly

For the elderly at home of old age, home medical care service is the process of reporting application and professional data evaluation to professional medical institutions according to the corresponding medical care system. Due to the process, it takes half a month from the submission of the application to the data evaluation and subsequent real start of nursing work, that is, the cycle is long. And most of the medical staff professional home visits and nursing costs need to be paid by the family of the elderly. In addition, the home visits are completed on the same day or the next day. Some people hold a slightly negative attitude towards home care for the elderly. After all, for the elderly whose physical function is in decline, the situation that may appear at any time may not be timely rescued. At present, there are many elderly people who need long-term home medical care. They can only apply first and wait for a long half month application cycle. The care of the elderly cannot be developed and fully guaranteed. The time of waiting for medical care at home is extremely difficult, which makes the application and evaluation of home-based elderly care become the most important problem to be solved. The main method to solve the above problems is to reduce the application period and the waiting time of the evaluation. Only in this way can we help the elderly to experience the convenience brought by home medical care to the body, family members and even social development.

# 3.2 Comprehensively improve the professional and technical level of home-based medical and nursing service personnel

The core purpose of the reform of home-based medical care is to improve the physical and mental health of the elderly population, reduce the life pressure of family members of the elderly, so as to improve the impact of China's aging population.

At the same time, it is also the basic point of health care for the elderly. At present, there are still some almost fatal problems in home-based care in Jiangsu province. Due to the serious professional quality and ability of home-based medical care service personnel, nearly 10% of the families who have received home-based medical care services have to decide to give up medical care. The elderly is the core object of medical and nursing services, and its needs and physical and mental feelings need to be paid special attention by nursing staff and elderly family members. It can be seen that the nursing professional skills of home-based medical care service personnel need to be improved comprehensively, so as to better serve the elderly. At present, the education background of the former medical and nursing service personnel in China is basically at the level of junior college and secondary school. China needs to create more training platforms for the knowledge and skills of medical and nursing services, so as to continuously improve the quality of home-based medical care services and better serve the physical and mental development of the elderly.

### 4. Conclusion

As far as China's development is concerned, the increasing trend of aging society is bound to become an indisputable fact. If we want to take the path of sustainable development, the problem with real effect needs to be improved. The increase of aging population is almost fatal to every family. Only with the help of society can we maintain the continuity of the family. Although it is difficult for working family members to support the elderly at home, it is also to promote the adverse impact of China's aging on society from another perspective. Disabled old people need home-based care to survive better. They can get comfort from their families and communities in spirit, and dredge their negative emotions by chatting with each other, so as to add a pleasant color to their old age life. Reasonable allocation of medical assistance system for the elderly and the number of medical staff allocation, so that the elderly and their families are fully assured of the health of the elderly, continuously improve the quality of life of the elderly in old age. At the same time, we should reduce the living pressure of the working people of all walks of life, the working pressure and workload of the government, and further promote the sustainable development of society.

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