The Problems and Countermeasures of Ideological and Political Education of Contemporary College Students

QI Zhen-jun

Liaoning Vocational and Technical College of Urban Construction, Liaoning, Shenyang, 110122, China

Abstract: Ideological and political education has become an important content in the education of college students, whether it is in the teaching content or in the practice of teaching activities have achieved certain achievements and results, but with the continuous development of society, there are still some problems in the current ideological and political education of college students. This paper takes the ideological and psychological situation of college students as the main basis, and explores and studies the problems and countermeasures of the current ideological and political education of college students.

Keywords: college students; ideological and political education; problems; countermeasures

Introduction

College students in our nation is a valuable human resources, which is the hope of the nation, the future of the motherland. In the period of rapid development of knowledge and moral affection, students must, in addition in trying to learn good professional knowledge, must have healthy thoughts, noble spirit, and good sentiments and on this basis to overcome the difficulties of perseverance wait. This is an important guarantee for college students to be fully engaged in learning and healthy growth.

1. The current ideological and political situation of college students there are new features

Ideological and political in order to be effective, must be with the new ideological characteristics of college students to carry out, if not so, our education and work will be out of targeted and cannot achieve the desired effect. First of all,
college students are pursuing timely and multi-channel ideological exchange. College students in the face of ideological problems or some sorrow and worry, I hope someone in a timely manner to find or to help themselves. So that the exchange of ideas must be timely, over time, the effect is not good and the way of communication cannot be in a single way communication, should be in variety channel.

Secondly, college students used to think and judge independently. Network information is extremely rich, so that students believe that their own through the network and other forms of information, master the evidence, grasp the social reality, which has been able to make all the conclusions, that they no longer need the teacher to solve the problem. Again, college students should pay special attention to social hot spots and difficult problems. As a younger generation, college students have a keen observation and thinking, which to perceive the pulse of historical beating, eager attention to social problems and times of change. This is the performance of college students on social responsibility. Finally, college students have varying degrees of rebellious psychology. Reasons for the emergence of rebellious psychology is the reality of social reality and out of place, as well as the teacher said and is not consistent with the words, but also very easy to make students breed rebellious. When they use the knowledge of learning in the practice which did not get good results, they will produce a sense of frustration.

2. The ideological in political work of college students face the challenge

2.1 The complexity of ideological in political situation of college students

The mainstream of the ideological and political situation of contemporary college students is positive, healthy and progressive, they love the party, love the motherland, love socialism, believe in socialism, support the party's line, principles and policies, but the international and domestic has changed. There are many changes in the ideological and political situation of college students. On the one hand, there is confidence in the road of socialism with Chinese characteristics, that China has great hope, on the other hand, the existence of some practical problems in society when one do not understand, feel confused and disappointed. Such as reducing the burden of farmers can not properly solve the problem of corruption within the party despite repeated violations. Therefore, the current college students on the political things, has more objectives, has to be realistic and the focus of attention has shifted to their own interests are closely related to things. Which gave the ideological and political workers have put forward a serious issue.

2.2 College students become increasingly prominent in psychological problems

With the increasingly intense competition environment brought about by the ideological load, the accumulation of social problems arising from the ideological confusion, part of the young students due to the gap between the ideal and reality widening, in the face of life and learning to setbacks, pessimistic, anxiety, depression and other negative emotion, which also makes some college students in a sub-health state of mind. From the Ma Jia Jue’s incident together from the shocking college students’ crime cases and suicides, which is thought-provoking, but also caused people to the university legal education, moral education, school management and the quality of college students.

2.3 College students choose career ideas thought

The vast majority of college students come from rural areas, but only a few college students are willing to return to rural areas while choosing a job. For example, Gu Cheng Yong from Fudan University, has back to the countryside to help in science and technology is the few people willing to do so. But a lot of college students are looking for decent work, that’s to look for a decent work which can bring an honor to the ancestors. And those seemingly disgraceful work to college students are reluctant to get involved. It is undeniable that the ideological in political workers in colleges and universities are on the choice of college students’ career education is also lacking, which is the ideological in political
education workers should pay attention this problem.

2.4 Network information technology challenges

Network information is extremely rich at this moment, leading to college students to easily access to information, the way has undergone a fundamental change. College students in the past to obtain information is through the only few ways, mainly through the teacher's preaching, grant industry, doubts, and now more and more interested in the network to take the initiative to obtain information. But the network information is basically uncontrollable and filtered, due to the open nature of the computer Internet, these mental trash can reach the computer screen unobstructed, directly poison the young generation of thought. These give the ideological in political education of college students to increase the reality of the difficulty.

3. To strengthen the contemporary college students’ ideological and political education of several countermeasures

3.1 The people-oriented educational philosophy to be effectively implemented

In order to solve the many problems in the process of ideological and political education of college students, we must first establish the correct educational idea. Only under the guidance of the correct educational idea can the party and the country's attention be realized, and the ideological in political education work of college students, but also to be able to do a good job, the current status of education in terms of people-oriented educational philosophy is to continue to improve and deepen. People-oriented education concept mainly refers to the ideological and political education activities, the students on the teaching of the main body, teachers, school leaders, social and other related personnel and organization work around the characteristics and needs of students to start, from the fundamental speaking, we must do the following two aspects of work: on the one hand, to promote the social development of students. College students are not only an important part of society, but also an important driving force of social development, so we should actively promote the communication between college students and society, as much as possible to promote college students and social contact, and then for its future contribution to the community to lay a certain foundation. In the continuous strengthening of ideological in political education under the guidance of the role of college students in the correct values, scientific outlook on life under the guidance of social integration, to contribute to society. On the other hand, to strengthen students' mental health education. Such as the physiological characteristics and psychological characteristics of college students to establish college students’ psychological profiles, common psychological problems of college students to conduct a comprehensive record and statistics for the psychological guidance work to provide the necessary data support. Such as through psychological testing and other related scientific methods, the mental health of college students to regulate and guide, under the influence of the environment consciously to form some outstanding characteristics such as through fair competition to get whatever they wanted and tolerant of others.

3.2 Enrich the ideological and political education content of college students

It is an important way to improve the efficiency of ideological in political education effectively. Whether the arrangement of educational content is reasonable is not only related to whether the direction of education received by students is correct, but also has a direct effect on the educational effect. In contrast, from the actual development of ideological and political education activities, the educational content in the core position. Specifically, the teaching content of the arrangements, at least to do the following two aspects of the content. On the one hand, we must grasp the specific direction of the content of education, the direction is to guide students to improve the ideological progress and
promote students' mental health. These two directions to grasp the ideological in political education activities to carry out the premise, in the right direction under the guidance to ensure the correctness and reliability of their educational activities. On the other hand, to the specific content of its careful arrangements, the content is not only comprehensive and rich, but also closely linked with the students, from the students of the stage characteristics and psychological status, the arrangements of teaching content. In such a targeted teaching content arrangement, not only can effectively narrow the sense of distance between students, but also to stimulate students' enthusiasm, so that students will take the initiative into the ideological in political education activities.

3.3 From the form of teaching activities to be more flexible
The content is the core of teaching activities, and in order to this core part of the ideal show and practice, you need the form of support and help. In the current ideological in political teaching activities produced by the effect is more limited, and its form of a single has a direct of the relationship, therefore, not only in the teaching content to work hard, but also in the form of work done to promote the entire teaching activities of high quality to complete. Further, the formal flexibility must first do the following two aspects. Firstly, to strengthen the student's main position, the main purpose of the course is to strengthen the students' ideological progress and promote the students' mental health, so students should be in the main position of the curriculum, teachers should guide the main. On the other hand, to innovate existing teaching organizations, which should not be confined to a single form of organization. To expand and enrich the teaching organization, especially the more active student organizations, such as associations, students’ council, and more. These can be helpful in active the students' initiative and enthusiasm can get the maximum degree of excitation, and then improve the actual effect of ideological in political teaching work, and promote students' ideological progress and healthy development.

3.4 To strengthen the ideological in political education workers in the team building
To strengthen and improve the ideological in political education of college students, the key is to strengthen the team building. And to strengthen the team building, the key are the teachers in colleges and universities. Educators should not only learn to be a teacher, but also to do a good role model, both in academic level, and also in the ideological in political firmness and faith, character, personality, with learned and charisma to attract students to make them can consciously accept the information passed to them. Teachers bear the special role of ideological and political education for students. Therefore, colleges and universities to establish a high level of ideological in political education team, and attaches great importance to the training and use of this team, in particular, to attract talented people to join the particular team, which requires ideological in political workers not only have a high professional quality, and also to have a higher moral quality. Not only that, teachers should also actively explore the law of growth in line with the law of college students, to meet their needs in education and teaching methods, change the old "I say you listen" education model, through mutual exchange of views, common analysis of different issues or arguments to make a correct conclusion, so as to cultivate and improve students' ability to identify, judge and evaluate problems.

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