

DOI:10.18686/ahe.v7i24.10047

# Optimization Path for College Counselors to Carry out Ideological and Political Education in the New Media Era

Fang Liu

Guangzhou Huali College,511325

**Abstract:** With the advent of the new media era, the ideological and political education work of college counselors is facing unprecedented challenges and opportunities. In this era of information explosion and diversified values, it is an urgent problem how to use new media technology to improve the effectiveness and attractiveness of ideological and political education for college counselors to solve. Through the discussion of this paper, it can provide reference for college counselors to better carry out ideological and political education under the new situation.

Keywords: New media era; Ideological and political education; Optimize

#### 1. Overview of Ideological and Political Education Work of College Counselors

The ideological and political education work of college counselors is an important part of moral education in colleges and universities. It is of great significance to help students establish a correct outlook on world, life and values and train students to become builders and successors of the socialist cause. The ideological and political education work of college counselors is an effective way to improve students'ideological quality. As the main body of moral education in colleges and universities, counselors need to spread and promote socialist core values among students, and help students establish a correct outlook on world, life and values. By carrying out various forms of ideological education activities, such as themed class meetings, lectures, reports, etc., studen ts can be deeply educated in study and practice and improve their ideological quality. The ideological and political education work of college counselors is the key link to cultivate students' good conduct. Counselors need to pay attention to students' ideological dynamics, find and solve students' ideological problems in time, guide students to establish correct moral concepts and cultivate good conduct. Moral education, legal education, mental health education and others can help students to set up correct moral, legal and psychological views and cultivate good conduct. Counselors need to pay attention to the all-round development of students and help students make all-round progress in academic, moral, psychological and other aspects. By conducting rich and colorful second classroom activities such as social practice, volunteer service, innovation and entrepreneurship, students can exercise their abilities and improve their quality in practice to lay the foundation for their comprehensive development. The ideological and political education work of college counselors is of great significance for improving students'ideological quality, cultivating good conduct, promoting all-round development and improving the effectiveness of moral education. Therefore, counselors need to continuously improve their own quality, strengthen their self-cultivation, innovate moral education work methods, and strive to do ideological and political education work well.

## 2. The Importance of Ideological and Political Education Work of College Counselors under the New Media Environment

### 2.1 The counselors'ideological and political education work under the new media environment is helpful to improve students'political literacy

Under the new media environment, the ideological and political education work of college counselors is particularly important. With the rapid development of new media technology, the way people obtain information, exchange ideas and express views has undergone earth-shaking changes. Colleges and universities as an important base for cultivating talents and counselors as the guide of students

shoulder the important task of cultivating students'all-round development. The new media environment provides more educational resources and means for counselors and also puts forward new requirements for counselors'ideological and political education work. Therefore, under the new media environment, it is of great significance to strengthen the ideological and political education work of college counselors. In the new media environment, students have more diversified channels to obtain information, and counselors can make use of these channels to help students establish a correct outlook on world, life and values by publishing political theoretical knowledge, current affairs comments and others. At the same time, counselors can also interact with students in real time through new media platforms, understand the dynamics of students' thoughts and timely discover and solve students' confusion and problems in their thoughts.

### 2.2 The ideological and political education work of counselors under the new media environment is helpful to broaden students'horizons

In the new media environment, information spreads fast and covers a wide range. Counselors can make use of the feature to guide students to pay attention to domestic and foreign political, economic, cultural and other trends and cultivate students' international vision and Native Land Emotion. At the same time, counselors can also share the views and research results of outstanding scholars at home and abroad through new media platforms to stimulate students' learning interest and innovative spirit. Counselors should pay attention to the needs of students, make use of new media platforms to interact with students in real time, understand the dynamics of their thoughts and conduct timely thought guidance. Under the new media environment, counselors should be good at using network resources to innovate ways and methods of ideological and political education, so that students can accept ideological edify in a relaxed and pleasant atmosphere. Under the new media environment, counselors should be good at exploring high-quality resources to provide students with more diversified ideological and political education content and help them broaden their horizons.

### 2.3 The ideological and political education work of counselors under the new media environment is helpful to promote the all-round development of students

In the new media environment, students can have access to more high-quality educational resources and practice platforms, and counselors can make full use of these resources to guide students to combine what they have learned with reality and improve their practical ability and innovation ability. At the same time, counselors can also carry out various ideological and political education activities through new media platforms, such as essay contests, micro film production, etc., to enrich students' extracurricular life and promote their all-round development. The ideological and political education work of counselors under the new media environment is helpful to improve the education level of counselors. In the new media environment, counselors can use the network platform to learn new educational concepts and methods and constantly improve their education level. At the same time, counselors can also communicate and cooperate with peers through the network platform to jointly explore the innovation and development of ideological and political education in colleges and universities. Under the new media environment, the ideological and political education work of college counselors is of great significance. Counselors need to keep up with the pace of The Times, make full use of new media technologies and resources to innovate educational ideas and methods and cultivate young people in the new era with noble quality, broad vision and innovative spirit.

## 3. Optimization Path for College Counselors to Carry out Ideological and Political Education in the New Media Era

#### 3.1 Innovate educational concepts and improve educational quality

The rapid development and popularization of new media make information acquisition more convenient and spread more widely. It requires counselors to have higher education quality and innovation ability to adapt to the development needs of The Times. According to the characteristics of the new media era, counselors update their educational concepts and integrate innovative thinking into ideological and political education. The new media era emphasizes interaction, participation and personalization. Counselors can use new media platforms to carry out educational activities in the form of online discussions, WeChat public accounts, short videos, etc., to guide students to actively participate and stimulate their thinking and creativity. At the same time, counselors can also use new media tools to push content about ideological and political education, so that students can obtain relevant knowledge anytime and anywhere.

#### 3.2 Make full use of new media technology to broaden education channels

New media technology provides counselors with abundant educational resources and extensive educational channels.

Counselors should make full use of WeChat, Weibo, Douyin and other new media platforms to release valuable information, spread positive energy and guide students to establish a correct outlook on world, life and values. At the same time, counselors can also interact with students in real time through webcasts, online questions and answers to improve the effectiveness of ideological and political education.

#### 3.3 Strengthen network literacy education and cultivate students' network moral consciousness

In the new media era, counselors should pay attention to cultivating students' Internet literacy, guide students to use the Internet correctly and abide by the network ethics. Counselors can organize and carry out activities such as network security education and network ethics education to improve students' awareness of network ethics and guide students to surf the Internet in a civilized and safe way.

In the era of new media, students' psychological pressure may increase. Counselors should pay attention to students' mental health and use mental health education, psychological counseling and other means to help students establish correct psychological concepts and improve the ability to resist pressure. At the same time, counselors should guide students to learn to self-regulate emotions and cultivate a healthy mentality.

### 3.4 Strengthen the communication between teachers and students and build a harmonious campus environment

The new media era requires counselors to strengthen communication with students, understand students' ideological dynamics and help students solve practical problems. Counselors should take the initiative to care about students' life, pay attention to students' growth and establish a good communication relationship with students through face-to-face communication and online consultation. At the same time, counselors should guide students to respect and understand each other and jointly build a harmonious campus environment. In the new media era, college counselors should constantly innovate ideological and political education methods, make full use of new media technology to broaden education channels, pay attention to the overall development of students and strive to improve the effectiveness of ideological and political education.

#### 4. Conclusion

Counselors improve their own quality, innovate educational methods, and use new media technology to improve the pertinence and effectiveness of ideological and political education. At the same time, colleges and universities also need to strengthen the training and management of counselors, and provide them with better working conditions and support to ensure the smooth progress of ideological and political education. In short, only through continuous optimization of the path can we better play the role of college counselors in ideological and political education in the new media era and make greater contributions to cultivating outstanding talents in the new era.

#### **References:**

- [1]Fengwei Li, Zaitian Ma. Optimization Path for College Counselors to Carry out Ideological and Political Education in the New Media Era[J]. Journal of Higher Education, 2023, 9(12):193-196.
- [2]Xianguang Shan. The Dilemma and Improvement Path of the Discourse Power of College Counselors in Ideological and Political Education in the Era of We-media [J]. Ludong University Journal (Philosophy and Social Sciences Edition), 2022, 39(05):17-21.
- [3] Wei Huang, Dian Jin, Na Li et al. Research on the Path of Online Ideological and Political Education Work of College Counselors [J]. Forestry Education in China, 2022, 40(04):26-29.