

# This Paper Probes into the Penetration and Development of National and folk Music in Music Appreciation Courses in Colleges and Universities

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**Abstract:** Ethnic folk music has formed a more unique system in the long course of development. At the same time, ethnic folk music is also a precious cultural wealth of the Chinese nation, which is worth inheriting and developing. In order to realize the effective inheritance of national folk music, many universities have invested manpower and material resources to carry out research in related fields and achieved certain results. This paper briefly introduces the infiltration significance of national folk music in the teaching of music appreciation in colleges and universities, and puts forward the teaching strategies of national folk music combined with the specific situation of colleges and universities in China, which will play a positive role in the inheritance of excellent culture and the improvement of the overall teaching level of colleges and universities.

**Keywords:** National folk music; College music appreciation course; Infiltration

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## Introduction

With the continuous development of The Times, the society puts forward more requirements for talents, requiring the majority of college graduates not only to master a sufficient amount of knowledge, but also to have a high artistic quality. In this case, many colleges and universities actively set up music appreciation courses, hoping to further broaden students' horizons through professional courses. In the teaching process of this kind of course, if the factors of ethnic and folk music can be infiltrated, the education and teaching effect can be continuously improved, and students can have a strong interest in music, which will play an important role in promoting the future development of students.

## 1. The penetrating significance of ethnic folk music in music appreciation teaching in colleges and universities

### 1.1 Can realize the effective inheritance of national folk music

Judging from the development of national folk music in China, there are traces of national folk music in the Western Zhou Dynasty. At that time, people used music to express their thoughts and express their love for a better life. At the same time, from the specific situation of our country, our country is a country with a vast territory, has a broad territory area, the music forms of various nationalities exist significant differences, which leads to the diversification of national and folk music. In the long course of development, the music of various nationalities merged with each other and formed many kinds of music forms. It is an important historical mission of the majority of music educators to carry on the inheritance of ethnic folk music. However, for a long time in the past, the main form of inheritance of ethnic folk music was oral teaching, which would have a certain impact on the shaping of musical talents, and would also lead to the extinction of many important musical forms in the process of inheritance. Nowadays, many colleges and universities attach great importance to this issue, and the inheritance of national folk music through music classes in their schools is conducive to further promoting the excellent traditional culture of the Chinese nation. At the same time, through more systematic teaching methods, students can also master the theory of national and folk music, and constantly improve their own music literacy through the combination of theory and practice.

## **1.2 Cultivate students' deep emotion for national folk music**

With the continuous improvement of science and technology, advanced information technology has entered people's life, which has a certain degree of impact on many people's thoughts. College students are the pillars of the country, and should establish correct values in today's times. National folk music is the precious spiritual and cultural wealth left to us by our ancestors, which should be better inherited and carried forward as college students. From the characteristics of national and folk music teaching itself, in the actual teaching process, not only pay attention to the imparting of skills, but also pay more attention to the cultivation of students from the aspects of cultural literacy and artistic accomplishment. From a certain point of view, in the course of national and folk music teaching, music teachers make use of rich teaching resources to make students have a strong interest in national and folk music, and finally achieve the purpose of constantly improving their aesthetic ability. It should be noted in particular that college students are important inheritors of national culture. By carrying out ethnic folk music courses, college students can feel the profound charm of Chinese national culture and further cultivate their feelings of national pride, which is of great practical significance for helping students form a correct outlook on life, world view and values. In addition, college students are at a critical stage of growth and have strong innovation ability. If college students can better feel national folk music, it can realize the continuous innovation and inheritance of national folk music, so that this ancient art form can be carried forward in the new era.

In general, through the penetration of ethnic folk music in the teaching of music appreciation in colleges and universities, college students can have a more comprehensive understanding of this kind of music with profound cultural heritage, and further improve students' musical aesthetic ability, which will play an important role in promoting students' future growth and development.

## **2. Development strategies of national folk music in college music teaching**

### **2.1 Integrate national and folk music into the classroom**

Chinese folk music is rich and colorful in forms and local characteristics, and is a valuable historical and cultural resource. At the same time, national folk music can also be regarded as the artistic crystallization created by the majority of working people, which has formed a relatively unique system in the long course of development. In the process of music teaching activities in colleges and universities, students should understand the wisdom of the ancestors, and at the same time, students should feel the broad and profound music culture. In the next teaching process, music teachers should help students understand various forms of music, explain and introduce students in detail. For example, the folk music in the northwest of China is formed under the specific cultural background, and its tone is relatively high, while the music in some southern areas of China has a soft and long tone. The main reason for this phenomenon is that the geographical conditions and climate characteristics of different regions are not the same, and working people will express different emotions in the process of creating music, and eventually form different musical styles. In the actual teaching process, the music teacher should not only introduce the music form in detail, but also introduce the Musical Instruments used by various nationalities to the students. Through the explanation of music teachers, college students will have a deeper understanding of national and folk music, and finally achieve the purpose of constantly improving their practical ability.

To sum up, in the process of developing the national folk music course, music teachers should take into account the specific characteristics of students and display various forms of musical expression to students in more diversified ways. Only in this way can they leave a deep impression on students, constantly improve their understanding and memory ability, and make students realize the great charm of China's national folk music art. To enable students to engage in the next stage of the learning process with a proactive mindset.

### **2.2 Use advanced multimedia technology to build music teaching classroom**

The continuous development of information technology has a certain degree of impact on all walks of life. In the process of college music teaching, if multimedia technology can be applied in a reasonable way, it can get twice the result with half the effort. From a certain point of view, multimedia technology provides more convenience for the teaching of national and folk music, and also makes the form of music display more diversified. In the process of teaching, music teachers should first prepare lessons, collect more materials related to ethnic and folk music through the Internet platform, and use multimedia equipment to show students relevant pictures and videos in class, so that students can have a deeper understanding of the development process of ethnic and folk music. Through the use of multimedia equipment to display relevant content, it can mobilize the enthusiasm of students to explore, and can also teach students in a more intuitive and vivid way, which will play an important role in promoting the level of education and teaching. For example, in the music appreciation course, college music teachers can show students some videos of Xinjiang Uygur music and introduce the characteristics of the Uygur ethnic group to students. Through the teacher's explanation, students will be able

to have a more comprehensive understanding of the specific characteristics of the Uygur dance and have a strong interest in exploring the Uygur ethnic music culture.

### **2.3 Broaden students' horizons of appreciation**

China's national folk music is rich in content, including a variety of musical forms. Therefore, in the process of music appreciation teaching in colleges and universities, music teachers should extract some representative works, through which students can feel different cultures of different nations. For example, music teachers can introduce some such as "Autumn Moon on a flat Lake", "Three Channels of Plum Blossom" and so on. These classic works handed down from generation to generation can enlighten students' thoughts. From a certain point of view, in the process of national and folk music teaching, by mining the form of fine content, it can greatly improve the level of music appreciation of students. In this process, music teachers should constantly strengthen guidance, let students understand the author's thoughts, and further improve students' spiritual realm through emotional resonance.

### **Peroration**

In the process of music teaching reform in colleges and universities, infiltrating the content and form of ethnic and folk music can promote the overall teaching level and make college students feel the profound charm of music art, which will play an irreplaceable role in promoting the growth and all-round development of students. Therefore, the relevant leaders and music teachers in colleges and universities should pay enough attention to this problem, introduce some ethnic and folk music teaching content in a reasonable way in the process of music appreciation, and constantly improve the traditional teaching methods according to the specific characteristics of students. It is believed that with the joint efforts of all parties, we will be able to continuously improve students' artistic literacy through the introduction of national folk music.

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