

# On the Effective Strategies of Integrating Ideological and Political Education into College English Teaching

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**Abstract:** Under the background of quality education, university education always takes “moral education” as its purpose, and cultivates a group of high-quality talents with ideals, aspirations and skills. College English is a compulsory course in every university, and it is also an important part of the current national ideological and political system. In this regard, college English classroom should be based on the actual needs of students’ age, development and growth, formulate and implement suitable English courses to ensure that the quality and efficiency of English classroom teaching can be continuously improved. In the process of English teaching, emotional education for students can make them have a deeper understanding of English knowledge and help to improve their English communicative competence. Under this premise, this paper makes an in-depth analysis of English teaching, and integrates the content of curriculum thought into it, and puts forward the corresponding teaching strategies according to its specific feasibility, so as to improve the students’ ability in all aspects.

**Keywords:** Ideological and political education; College education; English teaching

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## Introduction:

At this stage, with the continuous development of education and the progress of the times, college English teaching gradually beyond the traditional language skills training, more emphasis on the integration of ideological and political education. This trend reflects the urgent demand for students’ comprehensive quality education and the expectation of students’ all-round growth. Under this premise, how to effectively integrate curriculum ideology into college English teaching is an important and challenging task for English teachers.

### 1. Strictly follow the rules of college English teaching

The introduction of ideological and political education in college English teaching is a basic countermeasure of the current English teaching reform. Whether it is for schools or teachers, they are “following the old path”, sticking to the rules, and being complacent. It is impossible to make a breakthrough in teaching, and it does not meet the needs of social development, and it does not match the growth goals of students<sup>[1]</sup>. In this regard, we should follow the law of curriculum ideological and political education, according to the teaching law of college English, combined with the characteristics of students’ physical and mental development, actively summarize the traditional teaching methods of college English, and constantly explore new teaching ways, so as to promote the joint development of college English and college curriculum ideological and political education, and adapt to the needs of social development for talents, so that it can better play the role of students’ spiritual strength and ideological guidance.

For example, in the teaching of “Unit2 Learning English:Some Advice and Suggestions” in the foreign research version of “New Horizon English Course”, teachers can analyze from the ideological and political aspects, so as to guide students’ thoughts, so as to promote their own cognition and understand more ideological and political contents in the suggestions given by teachers. The introduction of ideological and political courses in college English teaching can enable English teaching and ideological and political work to be carried out at the same time, and achieve synergy, so as to build the whole process of college English teaching, all-round ideological and political education system.

## **2. Skillfully Use Pre-class Import to Enhance Students' Learning Curiosity**

Suhomlinski once said, "if teachers do not find a way to stimulate students' emotions in teaching, but only pay attention to imparting knowledge, it is easy for students to have an indifferent attitude and feel tired in the labor without emotion." From this point, it can be seen that the introduction of some content that can arouse students' interest makes them have a strong curiosity about what they have learned and a desire to learn a certain topic<sup>[2]</sup>. At the same time, the introduction can also transform passive learning into positive thinking. Therefore, in the process of introduction, teachers can integrate the factors of ideological and political education into it, so that students can understand and develop themselves independently.

For example, in the teaching of "Unit 1 Going to College" in the foreign research version of "New Horizon English Course", teachers can first design the question: "Why did you decide to go to college and what would you like to gain in college?" For this problem, it contains the pursuit and understanding of life goals, and can better highlight students' life concepts and values. On this basis, teachers can start from the actual situation of students, analyze the problem, understand their life goals, help them build self-confidence, establish the right direction, and pursue something, so as to find motivation for future learning. At the same time, the future goals can be divided into multiple small goals, so as to continuously enrich students' college life.

## **3. Discussion on Hot Topics Based on Social Hot Spots**

Social hot spots refer to the political, economic, cultural development, exchanges and diplomatic issues of the country in a certain period of time. With the rapid development of information technology and network, people's access to information has become more and more diversified, and its diffusion speed and breadth have gradually expanded<sup>[3]</sup>. For college students, they are a special group, more interested in new things, have a certain cultural accomplishment, but in the social, political, right and wrong consciousness is not strong. At present, they have become the main audience of social hot events. When dealing with social hot spots, they will also have their own ways to deal with them. Therefore, teachers should guide students to correctly deal with social hot issues in the teaching process, so that they can establish a correct outlook on life, values and world outlook, and become excellent socialist successors.

For example, in the teaching of "Unit9 New Jobs Today" in the foreign research version of "New Horizon English Course", teachers can guide students to pay attention to the escalating trade friction between China and the United States, the US cut off the supply of Huawei chips, Britain's successful Brexit, the US ban on ZTE, etc., so that students can express their views in class and understand the "community of human destiny" from a dialectical materialist point of view, this creates a sense of global citizenship in the minds of students. Through special seminars, students can learn to distinguish multiple viewpoints, compare different cultures, and think deeply, so that they can form correct values while showing themselves in understanding the world and society. Teachers can use this as a basis to guide students to communicate and supplement from different perspectives, broaden their horizons, improve cultural sensitivity and understanding ability, and help students grow into high-quality talents with social responsibility, international vision and innovative spirit.

## **4. Enhancing Teachers' Educational Consciousness of Ideological and Political Elements Integration**

For the traditional teaching methods, more is to explain knowledge step by step, even if the classroom is more lively, but can not get rid of the limitations of teaching materials, teaching methods are often not student-centered, but by teaching materials or teachers to guide, which is not conducive to the development of students' thinking, but also easy to bury talent<sup>[4]</sup>. In college English teaching, teachers should be good at breaking through the original teaching mode and teaching with creative thinking. Especially in ideological and political education, English teachers should strengthen ideological and political work and pay attention to fully combining English teaching with ideological and political consciousness. Only in this way can we ensure that teaching has both depth and innovation. To achieve this goal, teachers can start from several aspects to enhance ideological and political consciousness.

For example, in the teaching of "Unit6 Celebration of Holidays" in the foreign research version of "New Horizon English Course", teachers should use ideological and political teaching elements according to different festivals, so as to enhance students' own local cultural confidence and gradually improve their learning efficiency in learning. First of all, to train college English teachers, they need to find out the commonness of English teaching materials and curriculum ideological and political according to different curriculum ideological and political contents, and then design reasonable curriculum contents according to national policies and policies. Secondly, guide English teachers to the understanding of Chinese excellent traditional culture, improve the cultural quality of English teachers themselves, so that they can integrate English culture with national culture in teaching, so as to enhance students'

national self-confidence.

## **Concluding remarks**

All in all, in the process of the development of higher education in our country, in addition to improving students' learning ability and knowledge reserve, we must also carry out ideological and political education for them. In college English teaching, it has distinct humanistic characteristics. In this regard, the curriculum ideological and political education should be integrated into it, so that teachers should closely follow the change of the party's policies and principles while explaining English professional knowledge, combine the theoretical knowledge of curriculum ideological and political education with practical English courses, and sum up experience in practice, so as to constantly improve college English teaching.

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