

Research on Improving the Teaching Effect of Thinking Course in Colleges and Universities Based on the Integration Strategy of “Seven Feelings”

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Abstract: Ideological and political course is an important part of the subject teaching system in colleges and universities. Doing a good job in the teaching of ideological and political course can improve students' ideological cognition and establish students' correct three views. With the rapid advancement of ideological and political courses in colleges and universities, the important position of ideological and political courses is constantly highlighted. For teachers of ideological and political courses in colleges and universities, it is necessary to do a good job in the teaching reform of ideological and political courses. At present, the popularization rate of the application of “seven feelings” in the teaching of ideological and political courses in colleges and universities has been significantly improved, and the ideological and political courses in colleges and universities under the integration of “seven feelings” have highlighted the humanistic nature and realized the shaping of students' correct values. In the process of teaching ideological and political course teachers in colleges and universities, it is necessary to reasonably integrate the “seven emotions” content, realize the innovation of teaching content and teaching mode of ideological and political course in colleges and universities, and improve the quality of education of ideological and political course in colleges and universities. This paper analyzes the positive role of “seven emotions” in the application of ideological and political courses in colleges and universities, and puts forward the strategy of integrating “seven emotions” into ideological and political courses in colleges and universities, aiming to provide reference and reference for future teaching research.

Keywords: “Seven feelings”; Ideological and political course in colleges and universities; Positive role; Strategy

Introduction:

With the continuous improvement of the level of social development in China, the attention of ideological and political courses in colleges and universities is increasing. In 2020, the Ministry of Education of my country issued a guiding outline on the construction of ideological and political courses in colleges and universities, requiring colleges and universities to pay attention to integrating emotional education content in the process of carrying out ideological and political teaching, so as to establish students' emotional identity and cultural identity. It also provides a prerequisite for the application of “seven emotions” in ideological and political courses in colleges and universities. From the analysis of the connotation of “seven emotions”, it belongs to the summary of individual emotions, has humanistic characteristics, and is consistent with the connotation of ideological and political courses in colleges and universities. The ideological and political courses in colleges and universities that integrate the “seven emotions” are richer in connotation, which also makes the ideological and political courses in colleges and universities comprehensively improve the depth and breadth of teaching.

1. The Positive Role of “Seven Sings” in Ideological and Political Courses in Colleges and Universities

1.1 Improving the Educational Quality of Ideological and Political Courses in Colleges and Universities

“Seven emotions” is taken from the idiom “seven emotions and six desires”. It summarizes the seven common emotions of human beings, namely, joy, anger, sadness, joy, love, evil, and desire. The integration of “seven emotions” into the ideological and political

courses in colleges and universities can effectively improve the quality of education in college ideological and political courses. From the specific performance, the ideological and political course occupies an important position in the teaching system of colleges and universities, and it is the main subject to establish the correct three views of students. However, in the teaching of ideological and political courses in traditional colleges and universities, due to the influence of many factors, teachers and students in some colleges and universities pay less attention to the educational value of ideological and political courses. In the process of teaching, teachers only carry out teaching according to the content of teaching materials. Teachers' psychological research on individual and group students is insufficient, and their pertinence in analyzing students' learning situation is not strong, which not only affects students' enthusiasm for learning ideological and political knowledge, it also makes the teaching content out of touch with the students' real life. In the ideological and political courses in colleges and universities that integrate the "seven emotions", the ideological and political teachers are urged to conduct an in-depth analysis of the teaching content and the students' learning situation, and organically combine the content of emotional education with the teaching of ideological and political courses in colleges and universities. enrich the teaching content. It also promotes teachers to innovate the teaching mode, enlivens the teaching atmosphere of ideological and political courses, and improves the teaching quality of ideological and political courses in colleges and universities [1].

1.2 Improving the Comprehensive Quality of College Students

As the main body of ideological and political course teaching in colleges and universities, students' understanding of ideological and political knowledge directly affects the formation of students' correct three views. After the "seven emotions" are integrated into the ideological and political courses in colleges and universities, teachers are encouraged to use the theory of empathy to carry out teaching, increase the interaction between teachers and students in teaching, deepen students' understanding of ideological and political knowledge, and urge students to follow the "seven emotions" The positive energy content strictly restricts their own words and deeds, establishes students' correct values, improves students' ability to distinguish right from wrong, and establishes students' empathy, improve the comprehensive quality of college students.

2. Strategies of Integrating "Seven Emotions" into Ideological and Political Courses in Colleges and Universities

2.1 Using "Seven Emotions" to Optimize Teaching Content

In order to maximize the positive role of "seven emotions" in improving the teaching effect of ideological and political courses in colleges and universities, teachers can apply the content of "seven emotions" to the optimization of teaching content, and improve the teaching quality of ideological and political courses with the help of perfect teaching content. In the specific implementation, teachers can disassemble the "seven emotions" into joy, anger, sadness, joy, love, evil, and desire, find out the entry points of different emotions in the ideological and political teaching content, and do a good job in the learning of students. Analyze and improve the relevance between the content of ideological and political teaching and the real life of students. With the promotion of the core values of socialism, in the process of using the "seven emotions" to optimize the teaching content, teachers need to focus on promoting positive energy emotions, and organically combine the positive energy content in the "seven emotions" with the teaching content, such as "sympathy", "glory", "justice" and "responsibility" derived from the "seven emotions. In terms of implementation, teachers can take social hot topics as the content of students' ideological and political study, clarify the correlation between ideological and political courses and real life with the help of discussion and study of social hot topics, and resonate with the knowledge learned with social hot issues, so that students can think about problems from the perspective of characters in the case and cultivate students' empathy, establish students' awareness of social responsibility and public participation [2].

2.2 Innovating Teaching Mode by Using "Seven Emotions"

In the process of teaching ideological and political courses in traditional colleges and universities, some college ideological and political teachers have a certain lag in teaching concepts, which leads to a lack of innovation in teaching models. They only use the method of blindly telling theoretical knowledge for students to carry out teaching., Seriously affected the enthusiasm of students to learn ideological and political courses. In the teaching of ideological and political courses in colleges and universities under the integration of "seven emotions", teachers need to use the content of "seven emotions" to innovate the teaching model, enrich the learning experience of students, and realize the emotional interaction between teachers and students in the ideological and political class. Improve the quality of ideological and political teaching in colleges and universities. In the specific implementation, teachers can use the situational teaching mode to carry out teaching, that is, the knowledge points in the textbook are designed as situations, and abstract knowledge is displayed in front of students in an intuitive way, so that students can deepen their understanding of knowledge

in the situation. In the process of implementation, teachers can disassemble the “seven emotions” and rearrange and combine the contents of the “seven emotions” in combination with the teaching content as the principle of constructing the situation, so that students can fully mobilize their emotions in the situation, feel the humanistic nature of the ideological and political course with the help of strong contrast situation, and help students to clarify the educational value of the ideological and political course, students in the ideological and political teaching in the emotional collision .

2.3 Using “Seven Emotions” to Improve Teaching Evaluation

Teaching evaluation is an important link and process of ideological and political course teaching in colleges and universities, and a perfect teaching evaluation system can also directly improve the teaching quality of ideological and political courses in colleges and universities. In the process of teaching evaluation of ideological and political teachers in traditional colleges and universities, only the evaluation is carried out for the students’ knowledge mastery level, and there is a lack of evaluation for the improvement of students’ comprehensive literacy, which also makes students’ ideological and political learning only stay on the surface. it is impossible to realize the ideological and political knowledge into the mind. In the integration of “seven emotions” into the teaching of ideological and political courses in colleges and universities, teachers need to reflect the content of “seven emotions” in the teaching evaluation system. In addition to evaluating students’ knowledge mastery, it is necessary to take students’ performance in teaching, participation in activities and improvement of comprehensive literacy as important criteria for evaluating students. In addition to result evaluation, teachers also need to use process evaluation to carry out evaluation for students, improve the scientificity and rationality of the teaching evaluation system, truly give play to the advantages of “seven emotions”, and improve the teaching results of ideological and political courses in colleges and universities .

Conclusion:

The application of “seven emotions” in ideological and political courses in colleges and universities can not only improve the teaching quality of ideological and political courses in colleges and universities, but also improve the comprehensive quality of college students. In the strategy of integrating the “seven emotions” into the ideological and political courses in colleges and universities, teachers need to use the “seven emotions” to optimize the teaching content, use the “seven emotions” to innovate the teaching model, and use the “seven emotions” to improve the teaching evaluation. Realize the psychological transposition of educators and educational objects, improve the quality of college education, and ensure the talent level for modernization.

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