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# College Music Teaching and the Inheritance of National Music Culture

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**Abstract:** Music teaching is a relatively important part of the teaching system in colleges and universities, which plays an indelible role in the all-round development of morality, intelligence, physique, beauty and labor. Music teaching can better shape the musical quality of college students and enable them to have a certain mastery of musical sense. In many colleges and universities, the teaching of music is still relatively formalized and westernized, which will make the teaching of music not well in line with the teaching content of quality in the current stage, and also make the distance between the teaching of music and China's national music. In view of the above situations, Music teaching in colleges and universities also needs to communicate and inherit the national music culture, so as to better promote music teaching.

Keywords: Efficient music teaching; Folk music; Cultural inheritance

### **Introduction:**

There are many types of traditional music in our country, and we have gained a lot of experience in the long history of development. Efficient music teaching needs to integrate some folk music culture into the actual teaching process, which can make the overall teaching more efficient and enable students to understand the traditional music culture knowledge imperceptibly in the process of learning music. Make the classroom more rich, the historical classics to traditional game efficient music culture teaching innovation and localization. In the process of carrying out the funny music teaching, the relevant music educators also need to adjust the curriculum, integrate some traditional Chinese music culture, and break the traditional teaching method is more Western-oriented music teaching, more localized and national.

# 1. The importance of national music culture in college education

## 1.1 Enhance students' connotation and purify students' minds

At present, the problem of quality education is one of the concerns in the education stage, and the number of students studying art in the learning stage is relatively increasing, which will pay more and more attention to the learning of quality. When teaching music to college students, the bravery of the nation can be included in the money, which can better cultivate students' quality education and quality education. Ethnic culture contains a lot of content in the long history of development, and ethnic music is one of its manifestations and also a portrayal of Chinese history. Integrating ethnic music culture into actual music teaching can better lead students to feel different customs and customs, and better understand the development process and history of ethnic music culture. It is more beneficial to the further realization and development of teaching objectives, with better teaching effect and teaching quality. If the teaching of national culture is permeated into the whole teaching level, students' interest and enthusiasm for the history and culture of our country can be further stimulated. The culture that can be further diverted from the history of thousands of years to the present day must be the return of culture, which is also worth learning, drawing lessons from and inheriting. When students learn the national English culture, on the one hand, they can not only improve their cognition and cultural accomplishment in music, but also better purify their minds on the other hand. Cultivate their own sentiments, enhance their own taste. Because the national English culture contains the pure thoughts of the ancestors, it can also help students establish more effective values.

### 1.2 Enrich teaching content and improve teaching quality

The rich and colorful teaching content can stimulate students' learning interest and enthusiasm, and if the teacher can adopt better teaching forms in the classroom, it can also stimulate students' interest and enthusiasm for the course, so that students can actively integrate into the classroom environment. Therefore, under such circumstances, If folk music is effectively integrated into the teaching activities, college students can not only have a certain psychological evolution in the process of learning music knowledge, but also find some ways to relax in the busy study. In addition, if folk music cannot be integrated into it, it can better educate sports students in college. Students' knowledge of music theory enriches students' music culture.

### 1.3 Improve students' cultural literacy and learn more about national culture

China's cultural history is very permanent, and the history of national culture is also relatively long, it embodies the wisdom and essence of many aspects. More content is obtained from 56 ethnic groups, so when students learn ethnic music culture, they can understand the characteristics of different ethnic groups in the process of appreciating music, and have a deeper understanding of the characteristics and customs of different ethnic groups. Through the teacher's explanation and their own cognition, the students can fully master the local customs and customs of various ethnic groups, which will bring closer the relationship between ethnic groups, and strengthen the communication and communication between ethnic groups, so that the cohesion between the people of our country is stronger. So sometimes it can be seen that the effective penetration of folk music culture in the actual classroom is extremely important.

# 2. Effective countermeasures for the infiltration and inheritance of national music culture in college music teaching

### 2.1 Establish modern teaching concepts and highlight the nationality of music teaching

People's various behaviors are mainly influenced by their thoughts and concepts. Therefore, if the national music culture is integrated into the classes of colleges and universities, modern teaching methods can be adopted, for example, the contents can be displayed through multimedia, which requires enterprise music teachers to change the traditional teaching methods and teaching concepts. Teachers need to fully recognize the importance and role of national English culture itself, so that students can adopt a more correct view and attitude towards their national music culture. However, some teachers have misunderstanding about the education of folk music culture, and most teachers will carry out the teaching content in the form of replication, instead of teaching from the perspective of cultural inheritance. Therefore, in order to achieve better inheritance and teaching results, teachers need to add their own understanding and ideas on the basis of the original culture to carry out learning innovation, and highlight the characteristics of national justice, so as to achieve the goal of better education diversification. And in the current development situation, only by holding open teaching can its teaching objectives be effectively realized. Therefore, for some foreign cultures, students can not blindly follow, so they need to make a choice and learn rationally.

#### 2.2 Optimize the curriculum in light of the actual situation

When teaching music to students in colleges and universities, it is necessary to optimize the course setting according to the actual situation. For college students, music teaching can cultivate sentiment, broaden students' knowledge of music, and understand more music culture. The main effect of efficient music teaching lies in the course setting, so the course setting directly affects the overall teaching effect. At present, with the continuous reform and deepening of education, it is also necessary to find out the internal problems when setting up the music curriculum in colleges and universities. The main problems are that many colleges and universities do not pay attention to music teaching, or even set up music teaching courses about traditional culture, which will make many students blindly accept some western music knowledge and even some extra-curricular research when learning music. They are all studying western music culture without understanding our traditional cultural knowledge. Over a long period of time, the national music culture may be buried by modern people and students in colleges and universities. Therefore, in order to change this phenomenon, relevant educators need to adjust the curriculum based on these circumstances and optimize the music curriculum through comprehensive consideration. National applied culture should be infiltrated into daily life and music teaching, so that college students can learn more about national music culture while learning music, and improve their own music literacy.

### 2.3 Adopt diversified teaching methods to deepen students' understanding of folk music

In the actual teaching process, music teachers in colleges and universities need to use different teaching methods to highlight different national music, cultural characteristics and values. Because the characteristics highlighted by different folk music cultures are different, it is necessary to teach according to the actual situation and different characteristics when displaying the teaching, so

as to better improve the overall teaching quality. Before the course starts, relevant music educators need to collect and sort out the material of the course, and teachers need to understand the main content and main music features of the course, including the source and development process of the tracks, so that the characteristics of the course can be better displayed with the help of multimedia. In the process of learning music, college students can also understand more folk music culture, which is the inheritance of folk music culture and more in-depth.

# 3. Concluding remarks

In general, in the process of music teaching in colleges and universities, it is necessary to integrate some folk music culture, so as to better inherit the folk music culture, improve the overall teaching content and teaching quality, enhance students' awareness of folk music culture, and inherit the folk music culture further.

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