

On the Practice Path of Ideological and Political Teaching Reform in English Reading Course

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Abstract: Ideological and political education is an important way to achieve high-quality development of higher education, and college English reading teaching is an important way to cultivate college students' comprehensive application ability of professional English, and it is also an important carrier of college students' ideological and political education. The ideological and political teaching reform of college English reading curriculum should be based on teaching objectives, curriculum content, teaching methods, teaching evaluation and other aspects, fully excavate the theme of each unit, pay attention to the ideological and political elements in the teaching materials, realize the unity of explicit education and implicit education, realize the unity of knowledge imparting and value guidance, and improve the effectiveness of ideological and political education in English reading curriculum.

Keywords: English reading; Ideological and political course; Teaching reform

Introduction:

English reading is a basic course for college English majors and a language teaching course integrating language and culture. It plays an important role in college English teaching. English reading teaching can not only improve the comprehensive application ability of professional English, but also improve the ideological and political quality of college students. In the process of reading, students can not only learn new knowledge, but also understand cultural differences and ideas, which helps students to form a correct world outlook, outlook on life and values. Therefore, it is necessary and effective to integrate ideological and political education into college English reading teaching.

1. The connotation of ideological and political education in curriculum

Curriculum ideological and political education is to organically integrate the elements of ideological and political education into all disciplines, majors and links of higher education, and give full play to the role of various disciplines, majors and courses in ideological and political education. to achieve the synergy of all kinds of courses and ideological and political theory courses in the same direction^[1]. Curriculum ideological and political education refers to the integration of socialist core values and Chinese excellent traditional culture into classroom teaching through the excavation and application of ideological and political elements in teaching materials, and the infiltration of socialist core values into the whole process of teaching. imperceptibly influence students in the process of imparting knowledge, so as to cultivate students' patriotic feelings and moral quality.

2. English reading course ideological and political teaching objectives and content design

Course ideological and political education refers to the organic integration of ideological and political education content into the teaching of various courses, and play the role of professional courses in educating people. The goal and content design of ideological and political teaching in English reading course should be based on the goal of talent training in colleges and universities, adhere to the socialist core values as the guide, take "establishing morality and cultivating people" as the fundamental task, put ideological and political education throughout the whole process of English reading teaching, give full play to the educational function of professional courses, cultivate students' comprehensive quality and humanistic spirit, and shape the correct world outlook, outlook on life and

values.

2.1 Teaching Objectives

The teaching objectives of ideological and political education in English reading courses should be based on the fundamental task of establishing morality and cultivating people. While imparting English knowledge and skills, students should be guided to establish a correct outlook on life, world outlook and values ^[2]. Specifically, the ideological and political education of English reading course should be committed to cultivating students' comprehensive quality and humanistic spirit, including the following aspects: first, to cultivate students' humanistic spirit and improve students' cognition and pursuit of truth, goodness and beauty; second, to guide students to establish a correct world outlook, outlook on life and values, and constantly improve their independent learning ability, independent thinking ability, innovation consciousness and humanistic quality; The third is to guide students to understand the cultural differences between China and foreign countries, cultivate their international vision and cross-cultural communication skills; the fourth is to guide students to establish correct values and cultivate their sense of social responsibility and mission; the fifth is to guide students to enhance the "four self-confidence" and enhance their patriotism and national pride.

2.2 Teaching content design

For example, in the Testing Your Reading Comprehension and Speed lesson, this lesson mainly involves reading comprehension and reading speed tests. In order to integrate the teaching content of ideological and political reform into this course, teachers can introduce the importance of reading at the beginning of the course, emphasize the key role of reading in the development of life, encourage students to pay attention to reading, and improve reading ability and efficiency.

When testing reading comprehension and speed, teachers can choose some representative articles, such as celebrity biographies, literary works, scientific and technological papers, etc. The selected articles should have profound ideological connotation and rich cultural background, so as to cultivate students' interest in reading and deepen their understanding of the theme of the article.

When designing reading test questions, teachers should pay attention to combining the content of the article to guide students to think deeply and understand the philosophy of life. For example, you can design some questions for students to explore the success factors of the protagonist in the text, team spirit, etc., so that students can be influenced by ideology and morality in the process of answering questions.

Finally, teachers can assign reading assignments to students so that they can use the reading skills they have learned to improve their reading comprehension and speed. In addition, students can also be encouraged to participate in reading-related practical activities, such as reading lectures, reading clubs, reading sharing sessions, etc., so that students can deepen their understanding and love of reading in practical activities.

At the end of the course, teachers can emphasize the important role of reading in personal growth and social development, encourage students to form good habits of reading, and at the same time teach them to respect knowledge and pursue truth, so as to contribute their own strength to realize the great rejuvenation of the Chinese nation. Through the above teaching methods, the ideological and political reform course of English reading will no longer only focus on the cultivation of language skills, but will integrate ideological and political education into the teaching process to realize the cultivation of students in all aspects.

3. Ideological and political teaching methods of courses

College English reading teaching methods include: classroom teaching, autonomous learning, interactive discussion, autonomous homework and so on. Among them, classroom teaching is the main form of classroom teaching and an important means to impart theoretical knowledge to students. In the teaching of English reading in colleges and universities, teachers can inspire students to think and ask questions through the "lecture method", so that students can have a deeper understanding of English vocabulary and sentence patterns in their thinking and inquiry. "Teaching method" can cultivate students' comprehensive language ability, stimulate students' interest in learning English, improve students' English learning efficiency, and effectively help students establish a correct world outlook, outlook on life and values. In the process of "teaching method", teachers should fully tap the ideological and political elements contained in the teaching materials, reconstruct and arrange the contents of the teaching materials, and analyze and explain the contents of the teaching materials in combination with relevant professional knowledge. Teachers can also integrate current events into the teaching content to enhance the sense of integration of ideological and political elements in reading teaching.

3.1 Interactive discussion

In English reading teaching, teachers can let students analyze and study reading materials through interactive discussion. Interactive discussion allows students to actively participate in the process of reading and learning. In the process of communication and discussion, students can inspire and learn from each other, thus realizing mutual benefit in teaching and learning ^[3]. Through

interactive discussion, it can not only cultivate students' autonomous learning ability, but also cultivate students' critical thinking ability and communication ability. For example, in the Reading Skills Dealing with Synonyms and Antonyms lesson, this lesson focuses on reading skills, including the treatment of synonyms and antonyms. In order to integrate ideological and political teaching methods into this course, teachers can stimulate students' interest in reading by introducing Chinese traditional reading culture at the beginning of the course. For example, it can tell how ancient Chinese scholars studied hard, respected knowledge and pursued truth. This reflects the Chinese Confucian culture in the "studious" and "careful thinking" spirit.

At the same time, when explaining synonyms and antonyms, teachers can select some representative sentences for in-depth analysis. For example, you can select some famous sayings and sentences to explain the use of synonyms and antonyms, as well as the role of these words in expressing thoughts and feelings. In this way, students can not only master reading skills, but also be influenced by traditional culture.

Finally, teachers can assign reading assignments to students so that they can use the reading skills they have learned to solve the problems of synonyms and antonyms in the article. In addition, students can also be encouraged to write and use the words they have learned to express their views and ideas. In this way, students can apply what they have learned in practice and improve their reading and writing skills.

At the end of the course, teachers can emphasize the important role of reading in personal growth and social development, encourage students to form good habits of reading, and at the same time teach them to respect knowledge and pursue truth, so as to contribute their own strength to realize the great rejuvenation of the Chinese nation. Through the above teaching methods, college English reading courses will no longer only focus on the cultivation of language skills, but will integrate ideological and political education into the teaching process to achieve all aspects of the training of students.

3.2 Self-directed homework

Refers to the process of students choosing reading materials and completing homework according to their own abilities and interests. In the process of autonomous homework, students can give full play to their subjective initiative, analyze, understand and think about reading materials, and improve their autonomous learning ability.

Conclusion:

Ideological and political education in English reading courses is an important part of ideological and political education in colleges and universities. Ideological and political elements are integrated into English reading courses, ideological and political elements are combined with language knowledge, ideological and political concepts and ideological and political elements are integrated into language knowledge, so as to realize the unity of explicit education and implicit education, realize the unity of knowledge transfer and value guidance, and improve the effectiveness of ideological and political education in English reading courses.

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