

Analysis of Ideological and Political Teaching Strategies of College Volleyball Courses Under the Perspective of Gold Course

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Abstract: Volleyball is a popular sport in China, which is very popular. The golden course and the course ideological and political have the same goal, both are to train excellent successors for the party and the country. At present, under the background of gold course, it is of great significance to analyze the ideological and political teaching strategies of volleyball courses in universities. It can explain the theoretical knowledge and skills of volleyball to students, and fully guide students' thoughts, emotions and values by combining the ideological and political education elements in the course. In view of this, this paper mainly analyzes the connection between gold course and course ideological and political courses, explores the ideological and political teaching principles of college volleyball course based on the perspective of gold course, namely political and innovation, and puts forward the teaching strategies under the background of ideological and political college volleyball courses, such as building the teacher team, excavating ideological and political elements and optimizing the teaching methods.

Keywords: Gold course; College; Volleyball; Ideological and politics; Teaching

Foreword

In fact, there is a great correlation between the gold course and the ideological and politics, and the homogeneity of the two is mainly reflected in terms of goals and carriers. The ideological and political teaching of college volleyball courses based on the gold course background should adhere to the principle of politics and innovation. In addition, it is necessary to optimize the ideological and political teaching of college volleyball courses around the background of gold courses, so as to realize the optimization and expansion of the ideological and political teaching path of volleyball courses.

1. The connection between gold class and ideological and political course

First, the gold course is consistent with the ideological and political goals of the course. In the development of education work, cultivating people is the primary problem to be thought and solved. From the perspective of goal, the construction goal of new courses and ideological and political courses is to solve the primary problems of education. To be specific, it is the organic unity of education and education, taking the training of successors of the Party and the country as the fundamental task, and training generation after generation of useful talents in line with the construction and development of socialism with Chinese characteristics. From this respect, it shows that useful talents need them to be loyal to the party and the country, as well as compound and innovative talents with both political integrity and ability. Therefore, it also reflects that both the gold course and the ideological and political courses attach more importance to talent training. Second, the gold course is consistent with the ideological and political carrier of the course. In the new era, whether the construction of the golden curriculum or the ideological and political construction of the curriculum are regarded as an important carrier, and the effective realization of talent training objectives can be promoted in terms of teaching objectives, teaching content and teaching methods. From the perspective of essence, gold course is a high-quality course in colleges and universities in the new era, which is mainly based on the fundamental task of cultivating people by virtue. It is also a unified course, including knowledge teaching, ability training and value guidance, and the ideological and political guidance of the course is the value guidance, so the ideological and political guidance of the course is also the core of the golden course.^[1]

2. Ideological and political teaching principles of college volleyball course under the perspective of gold course

2.1 Political nature

For the ideological and political teaching of college volleyball course, the political nature is an important direction and guarantee. Therefore, under the background of gold course, the ideological and political teaching of college volleyball course needs to adhere to the political principle. Through this principle, the ideological and political teaching of volleyball courses should play an important role in promoting the implementation of school physical education, and the full combination of ideological and political education of volleyball courses and courses should be realized. At the same time, the political requirements determine that the relevant teaching content needs to be innovated and developed, keep pace with The Times, and the connotation of the course should be continuously updated, pay attention to and analyze the relevant sports events at home and abroad in the first time, and explore the rich and diverse ideological and political elements in sports events. For example, ideals, beliefs, responsibility, etc., and take it as an important content of enriching the ideological and political teaching of volleyball courses, to improve the sense of The Times and the freshness of the course content. For example, the evolution of the spirit of the women's volleyball team can be explored in sports events, so as to better realize the ideological education and spiritual guidance for students. Because of the political requirements, physical education teachers should reflect the role of face-to-face teaching in teaching, effectively adhere to the law of ideological and political work and the law of students' growth, and effectively grasp the discourse power of the mainstream ideology. Therefore, in the ideological and political teaching of college volleyball course based on the gold course, the political teaching principle should be carried out. Then promote the comprehensive development of ideological and political teaching of volleyball courses in colleges and universities, constantly improve the overall level of the construction and development of gold courses, realize the effective training of students and talents, and cultivate more excellent successors for the country and society.^[2]

2.2 Innovation

In the ideological and political teaching of college volleyball course based on gold course. Because this principle is the motivation guarantee of ideological and political teaching in volleyball course. It is pointed out in the golden course standard that innovation mainly includes three aspects, one is the advanced nature of the teaching form, the second is the era of the course content, and the third is the personalized learning results. It can be seen that the innovative principle can provide guarantee for the innovation of the course objectives, content and methods of the ideological and political teaching of volleyball courses in universities, and can also timely respond to the new changes and challenges in the ideological and political education of the course. At the same time, under the guidance of innovative principles, volleyball teachers can not continue to use the traditional teaching mode of mechanically copying, scripted to carry out teaching. Instead, we should pay attention to the innovation of teaching content and teaching form, make it more attractive, and reflect the actual teaching results in whether students are innovative. In general, it is whether the students have innovative thinking, innovative ability and so on. Therefore, in order to promote the good development of ideological and political teaching in volleyball courses, we must play the role of innovative power guarantee and promote the comprehensive and innovative development of ideological and political courses. Through new thinking to promote the formation of new thinking, and through new thinking to achieve new development, using new development to derive more new methods, so as to promote the good development of ideological and political teaching of college volleyball courses.^[3]

3. Ideological and political teaching strategy of college volleyball course under the perspective of gold course

3.1 Building a team of teachers

On the one hand, colleges and universities need to clear volleyball course education teaching quality of material basis is the construction of teachers, and will build teachers work on the agenda, guide the volleyball teacher correct view course education, in-depth analysis and understanding of course education, timely shift knowledge education, attach importance to teaching concepts ignore traditional moral guidance, actively form the knowledge, ability, values lead the unified gold concept, in many aspects of volleyball course education elements, in the volleyball theory and skills teaching ability training and value shaping. So as to promote the good development of ideological and political teaching of volleyball course, truly complete the cognitive, skills, emotional and other aspects of the course objectives, and promote the good development and progress of students. On the other hand, colleges and universities need to pay attention to the training of teachers, and guide the teachers to communicate and interact. In practice, ideological and political education training activities for volleyball teachers can be arranged regularly, and teachers to take the initiative are required

to participate in the training. Through the training, teachers' ability of exploring ideological and political elements will be promoted, and teachers' ideological and political quality and educational level will be strengthened. And colleges and universities can also try to cross the school teaching team building, so, realize the spread of teaching resources and teaching experience, sharing, promote effective learning between teachers, constantly achieve the goal of common development and progress, under the background of gold volleyball education teaching courses to provide good guarantee, better participate in the student volleyball course ideological teaching, improve the actual teaching level and efficiency.

3.2 Mining ideological and political elements

In general, the effective arrangement of course content structure is an important basis for the ideological and political teaching of college volleyball courses under the background of gold course. Moreover, under the guidance of gold course, the realization of ideological and political teaching objectives of volleyball course also needs to be supported by course content design, and good course content design is also an important carrier and means to achieve the teaching objectives. In the design of the course content, the exploration of ideological and political elements and the creation of teaching think tank is the internal power of ideological and political teaching of volleyball courses based on the background of gold course. On the one hand, colleges and universities need to strengthen the compilation of gold teaching materials in the ideological and political teaching of volleyball courses. During the actual compilation period, the thought of socialism with Chinese characteristics, sports spirit and the spirit of women's volleyball should be integrated into the teaching materials, and it is also necessary to pay attention to the penetration of traditional sports culture in the teaching materials, and to strengthen the comprehensive integration of ideological and political courses. So as to promote the support level and effect of ideological and political teaching of volleyball courses, further achieve the good goal of all-round education, and promote the realization of the value of comprehensive education. On the other hand, colleges and universities need to continuously explore the spirit of women's volleyball and competitive activities in the teaching content of volleyball, guide students to effectively learn and understand the socialist core values, strengthen the cultivation of students' patriotic consciousness and national feelings, and constantly develop students' awareness and ability in cooperation and compliance with rules. Then through a variety of education methods, improve students' learning level and efficiency.

4. Conclusion

In short, under the background of the golden course, the ideological and political teaching of the volleyball course in colleges and universities needs to start from the perspective of building a teacher team to create the golden course of the ideological and political teaching of the volleyball course. At the same time, through the construction of teacher team, promote the improvement of ideological and political teaching quality of volleyball courses. In combining the background and strengthening the ideological and political teaching of college volleyball courses, we also need to pay attention to the excavation of ideological and political elements. It is also necessary to build a think tank for ideological and political teaching of volleyball courses on the basis of mining.

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