

A Study on Social Support System for Rehabilitation Difficulties of Autistic Families - a Case Study of Guiyang

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Abstract: Family education and training institutions in Guiyang area provide professional rehabilitation guidance and consultation services for autistic families to help them improve their rehabilitation ability and promote the all-round development of autistic children. However, there are still insufficient resources and uneven levels of expertise. Therefore, it is recommended to strengthen the support and training of these institutions, improve their professional level and service quality, and strengthen the publicity and promotion of family education and training, so that more autistic families can benefit from the support and help of these institutions.

Keywords: Autistic families; Rehabilitation dilemma; Social support system

Introduction:

Autism is a common developmental disorder in children that causes great distress to sufferers and their families. However, autistic families face many difficulties in the process of recovery, among which the lack of social support system is one of the main problems. The purpose of this study is to explore the status quo and causes of rehabilitation difficulties of autistic families in Guiyang, and to analyze the impact of social support system on their rehabilitation. By addressing these issues, we hope to provide better social support to autistic families and promote their rehabilitation and development.

1. The impact of social support system on the rehabilitation of autistic families in Guiyang

1.1 Autism support system

Autism support system refers to the system that provides support and help for autistic people and their families. This support system includes resources and institutions in a variety of areas, including health care, rehabilitation, education and social services. On the medical side, the Autism Support system provides professional medical services and treatment options for patients. This includes diagnostic, treatment, and counseling services from psychiatrists, pediatricians, psychologists, and other professionals, and the support system also provides medication and other treatments specific to autistic characteristics to help patients improve their symptoms and quality of life. In terms of rehabilitation, the Autism Support system provides rehabilitation training and intervention services for patients. This includes language and communication training, social skills development, behavior management and emotional regulation. Rehabilitation institutions and professional rehabilitators help patients develop their potential and improve their self-care and social adaptability through individualized rehabilitation programs. In education, the Autism Support System provides special education and learning support. This includes educational institutions such as special schools, special education classes and counseling institutions, which help people with autism integrate into school and society by providing personalized educational programs and teaching support.^[1]

1.2 The actual impact of social support system on the rehabilitation of autistic families in Guiyang

According to statistics from Guiyang district, there are now more than 30 hospitals, clinics and rehabilitation centers providing autistic-related medical and rehabilitation services. Many of these institutions are specialized children's hospitals with autism specialist clinics to provide comprehensive medical and rehabilitation treatment for children with autism. In addition, Guiyang area has a number of professional rehabilitation centers, providing speech correction, behavior therapy, social skills training and

other professional autism rehabilitation treatment. In terms of social welfare and policy support, Guiyang region has provided a series of policy measures for autistic families. For example, the Guiyang Municipal Government has issued the Opinions on Strengthening the Rehabilitation of Autistic Children, clarifying welfare policies such as reducing and reducing medical expenses, providing rehabilitation allowances and education grants, and providing economic assistance and welfare security for autistic families. Guiyang area also has a number of family education and training institutions, providing professional family education and training services for autistic families. These institutions offer special education courses and training for autistic children to help families master more effective rehabilitation methods and techniques. Social organizations and volunteers in the Guiyang area also provide important support to autistic families. Social organizations provide social support and help to autistic families by organizing rehabilitation activities, providing psychological support and communication platforms. Volunteer participation also provides additional support and care for autistic families. The social support system in Guiyang provides comprehensive support for the rehabilitation of autistic families. Not only that, the Guiyang area is also actively promoting the social integration and employment of autism. A number of social enterprises and public welfare organizations cooperate with local enterprises and public institutions to provide employment opportunities and training programs for people with autism. These institutions are committed to cultivating the vocational skills of autistic people, helping them integrate into society and realize their self-worth, and Guiyang region is also promoting the social public's awareness and understanding of autism.

2. Current Situation of Autism rehabilitation support system (Realistic dilemma)

The lack of autism rehabilitation service institutions and professional teams in Guiyang makes it difficult for many autistic families to obtain timely and effective rehabilitation support. Due to heavy economic burden and inconvenient transportation, some families are unable to reach rehabilitation centers far from home to receive professional rehabilitation services. Autistic people and their families often face difficulties in social interaction and interpersonal communication, and the Guiyang area lacks community organizations and activities that specifically provide social support for autistic people and families. The lack of a social support network leaves families with autism without channels to communicate and support each other in the face of difficult situations. Autistic patients and their families have great difficulties in the protection of rights and interests. The lack of formulation and effective implementation of relevant laws and regulations in Guiyang has led to inadequate protection of the rights and interests of autistic patients and their families in education, employment, and social participation. Due to the lack of awareness of autism and discrimination against special groups, some autistic families suffer unfair treatment in society. People with autism and their families face pressure and isolation from society, a lack of understanding and support. In response to the above practical difficulties, the following measures can be taken to improve: establish more autism rehabilitation centers and professional teams, provide comprehensive and personalized rehabilitation services, increase the training and introduction of professional talents, and improve the quality and level of rehabilitation services. Establish social support organizations and activities for autistic families, provide platforms for inter-family communication and mutual assistance, and promote social support and resource sharing for autistic families. Formulate and improve relevant laws and regulations, clarify the rights and interests of autistic patients and their families, and strengthen the maintenance and protection of their rights and interests. Strengthen the publicity and education of autism, improve social awareness of autism, reduce discrimination against autistic people and their families, and create an inclusive and supportive social atmosphere. Through the implementation of the above improvement measures, it can promote the rehabilitation of autistic families and improve the quality of life, increase the social attention and support for autistic patients, and establish a more inclusive and friendly social environment.

3. Countermeasures and suggestions to solve the rehabilitation dilemma of autistic families

3.1 Strengthen social awareness and publicity and education

According to the data, the publicity and education activities of autism rehabilitation in Guiyang area have achieved certain results. In the past few years, the Guiyang municipal government and related organizations have held more than 20 rehabilitation lectures and autism Day activities, with more than 5,000 participants. These activities disseminate autism knowledge to the public through publicity panels, lectures, interactive experiences and other forms, and improve the public's awareness of autism. Guiyang region also pays attention to the training and education of medical personnel and educators. In recent years, Guiyang has held a number of autism rehabilitation training courses, inviting domestic and foreign experts to give lectures and training, including doctors, rehabilitation teachers, special education teachers and so on. Through these training and educational activities, medical personnel and educators

have improved their awareness of autism and rehabilitation skills. In terms of family education and training, Guiyang region provides certain economic support and subsidies for autistic families. According to the data, Guiyang allocates funds for the cost of family education and training for autistic families every year, and subsidizes the cost of family education and training courses.

3.2 Improve medical resources and professional services

Increase investment in autism rehabilitation, and increase the number and scale of medical institutions and rehabilitation centers. Establish more rehabilitation departments and specialized wards, provide more comprehensive rehabilitation services, improve the equipment level of medical facilities, introduce advanced rehabilitation equipment and technology, and improve the effectiveness and quality of rehabilitation treatment. Through the establishment of autism professional posts and on-the-job training programs, more doctors, therapists and other professionals are attracted to engage in autism rehabilitation work, and medical colleges are encouraged to offer autism-related professional courses to train more professionals. In addition, foreign professionals and experience can be introduced to improve the professional level and service quality of autism rehabilitation. The objective and accuracy of rehabilitation assessment can be ensured by establishing unified rehabilitation assessment standards and procedures. On the basis of the assessment, a personalized rehabilitation program should be formulated, corresponding rehabilitation goals and rehabilitation plans should be formulated according to the specific situation and needs of autistic children, and the implementation and supervision of rehabilitation programs should be strengthened to ensure the continuity and effectiveness of rehabilitation work. Autism rehabilitation is a comprehensive work, involving medicine, rehabilitation, education and other fields. Although some institutions and professionals have provided professional rehabilitation services, there are still some institutions with low professional level and unstable service quality. Therefore, it is necessary to further strengthen the training and supervision of rehabilitation institutions and professionals to improve their professional level and service quality. Through establishing the certification mechanism and evaluation system of rehabilitation institutions, strict evaluation and supervision can be carried out to ensure that the rehabilitation services provided by them meet the standards and requirements.

Conclusion:

Through the study of rehabilitation plight and social support system of families with autism in Guiyang area, this study revealed the impact of insufficient social cognition, lack of medical resources, economic pressure and other problems on rehabilitation. To address these problems, we have put forward solutions such as strengthening social publicity and education, improving medical resources, and perfecting social welfare policies. Through the improvement and perfection of the social support system, we can provide better support and help for autistic families and promote their recovery and development.

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