

Methods of Inheriting National Music Culture in Music Teaching in Colleges and Universities

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Abstract: Chinese national music contains five thousand years of Chinese culture. The development and inheritance of national music culture is an important part of cultural inheritance and an important factor related to the prosperity of the nation. It benefits from a group of talented artists and wealthy people. Responsible music teachers are also the responsibilities and obligations we must shoulder. As an important position for cultivating musical talents and inheriting music culture, colleges and universities have a direct impact on the development of national music whether their teaching models, teaching methods, and teaching content are appropriate. China's original national music has struggled under the invasion of Western culture and has few places to gain a foothold. Therefore, this article will start from the problems existing in music teaching in colleges and universities, initially explore the necessity of inheriting ethnic music culture, and propose specific strategies to strengthen the connection and integration of music teaching in colleges and universities and ethnic music to carry forward ethnic music.

Keywords: Music teaching in colleges and universities; Ethnic music; Cultural inheritance; Methods

1. Introduction to National Music Culture

Ethnic music is a musical form that is created under a specific cultural ecological background and used by the people of various ethnic groups to express and communicate emotions using the unique language of the nation or the dialects of various places in their production and life practices, plus the assistance of ethnic instrumental music. Including folk songs, operas, etc. Overall, national music creation does not follow professional music art rules, but traditional music routines or rhythms gradually formed by the people during long-term music practice activities. Therefore, national music culture is essentially a reflection of various ethnic groups. The result of cultural accumulation. In more detail, the value of national music culture is embodied in the following aspects: First, national music culture originates from my country's rich traditional culture, is the result of the people's hard work, and is the aesthetic concept of traditional music culture and the emotional connotation of the people. concentrated expression ^[1]. There are as many as 56 ethnic groups in our country. Many ethnic groups have profound historical and cultural heritage. Some ethnic groups have developed in a state of isolation from the outside world for a long time. Their music culture is deeply influenced by the values of their own nation, so they have completely retained the unique characteristics of the nation. creative form and creative concept ^[2]. There is no distinction between superior and inferior cultures. Although the music culture of each nation does not conform to the concept of modern vocal art, it will always be an indelible imprint in the souls of the people. Secondly, the national music culture system contains a variety of national languages and cultures, which embodies the rich concepts in the development process of traditional national music culture, and therefore has very important research value. The national music cultural system contains a variety of music forms, such as operas, minor tunes, etc., as well as a wealth of singing methods and playing instruments. When these minor tunes or folk songs are sung in different national languages, the audio-visual effects obtained are completely different. Music is originally a special language, and the fusion of national music and beautiful melodies can exude amazing charm. Third, there is a close relationship between national music culture and the traditional culture of the Chinese nation. Continuous innovation and development in the context of national culture are also a reflection of the Chinese nation's own artistic accomplishment. From this perspective, national music culture shows It is also the most touching aspect of a nation. Fourth, national music culture also contains many national musical instruments, making the form of vocal art more colorful. The distinctive musical instruments of each nation are not only necessary tools for creating and performing national music, but also an important carrier for the development of national music culture. While learning and inheriting national music culture, we must pay full attention to it.

2. The Necessity of Inheriting National Music Culture

2.1 Contribute to maintaining the vitality of national culture

Music is the most essential part of traditional music art, and it is the result of the continuous efforts of countless people. As an extremely important intangible cultural heritage, ethnic music has strong regional characteristics. It is the result of long-term musical practice of various ethnic groups and vividly embodies the unique customs of ethnic groups in different regions. Our country's national music is not only diverse in form, but also deeply loved by the people. It plays an extremely important role in the development of our country's traditional culture. In music teaching in colleges and universities, guiding students to study and appreciate national music seriously can not only help students seriously understand the deep emotions contained in national music, but also deeply feel the traditional culture contained in national music. Therefore, inheriting and carrying forward national music culture in music teaching in colleges and universities will help to maintain the vitality of national culture forever.

2.2 Help improve students' moral quality

College students will enter society after graduation, so it is extremely important to cultivate and improve their moral quality. In music teaching in colleges and universities, guiding students to learn a large amount of knowledge while stimulating students' awareness of inheriting national music culture can significantly enhance students' sense of responsibility, encourage students to take on the important task of inheriting national music culture, and thereby improve students' moral quality and social Sense of responsibility.

2.3 Cultivate students' optimistic attitudes

The rapid development of society has brought a certain amount of pressure to college students. Many college students are anxious due to heavy academic work. If they are in this state for a long time, their bodies and minds will be overwhelmed. Music can not only help students relax, but also bring them a sense of beauty. Therefore, guiding students to carefully understand the unique music culture of various ethnic groups and appreciate national music songs can effectively relieve the pressure on students and maintain a good attitude. Coping with challenges in school and life.

2.4 Contribute to cultivating outstanding national music talents

The endless emergence of new things in modern society, coupled with the strong impact of Western music culture, has continuously weakened the influence of national music culture, causing great obstacles to the inheritance and development of national music culture. College education should regard the inheritance and promotion of national music culture as an important task, change teaching concepts, improve the status of national music culture in the teaching system, focus on cultivating music talents in the new era, and enable the innovative development of national music culture. Inheriting national music culture in music teaching will also help students become familiar with national music, understand and feel the profound emotions and unique meaning of national music culture. Therefore, when carrying out music teaching practice, college music teachers should pay more attention to national music, guide students to seriously appreciate the unique beauty of national music culture and enable them to grow into outstanding musical talents in line with the development of the times and social progress.

3. Problems Existing in Music Teaching in Colleges and Universities

3.1 The teaching method is relatively simple

The traditional teaching method is mainly based on "listening first and then imitating". This teaching model is single and lacks innovation. It is difficult for students to exert their subjective initiative, resulting in a dull classroom atmosphere. Inheriting national music requires students to have strong technical skills. If teachers only ask students to "listen first and then imitate" and lack technical teaching, students will gradually lose interest and fail to understand the importance of national music, which is not conducive to National music and cultural inheritance.

3.2 Lack of in - depth understanding of national music culture

Ethnic music is different from popular music and online music. It requires a lot of music theory knowledge and music culture. Most students lack in-depth understanding and systematic understanding of ethnic music culture and must start everything from scratch. Therefore, when it comes to song practice and music theory, it will be difficult to study. This brings difficulties to teachers and music teaching and puts forward higher requirements for teachers. Teachers need to systematically analyze the different situations of students, prescribe the right medicine and teach students in accordance with their aptitude.

3.3 Teachers' ability level needs to be improved

At present, artists have done a lot of work in the inheritance of national music culture, but college music teachers have weaknesses and shortcomings in national music culture, and there is a lack of highly professional and high-level talents. Music teachers in colleges

and universities have fewer opportunities for further study, and it is difficult to update their teaching concepts in a timely manner. Therefore, the problem of teacher qualifications also hinders the development of ethnic music teaching to a certain extent.

4. Effective Strategies for Inheriting National Music Culture in Music Teaching in Colleges and Universities

4.1 Help students better understand national music culture through innovative music teaching concepts

Since the implementation of the new curriculum standards, the country has begun to attach importance to cultivating and improving students' musical literacy, rather than simply imparting music knowledge. The development of national music culture has also provided new opportunities for the reform of music teaching in colleges and universities. The concept is a guide for carrying out practice. To ensure that ethnic music is better used in music teaching in colleges and universities, teachers must first fully understand the value of ethnic music and constantly innovate teaching concepts, so that they can better inherit ethnic music through music teaching. Taking the teaching of the music piece "Lofty Mountains and Flowing Water" as an example, it not only interprets Taoist thought, but also fully reflects the great charm of nature. When teaching, students should be guided to understand the connotation of the work and understand and master the relevant aspects of the work. cultural knowledge. In addition, based on inheriting the national culture, it is also necessary to appropriately incorporate some new era elements. when carrying out music teaching, you can also try to add some ethnic minority music, such as Mongolian music, so that students can understand the differences between folk songs, operas, and long and short tunes.

4.2 Reflect the important value of national music culture through optimizing curriculum settings

Music teaching in colleges and universities is carried out based on the music teaching curriculum. In traditional music teaching activities, teachers always have the initiative and are responsible for imparting relevant music knowledge to students. Students can only passively accept it according to the teacher's arrangements. Teaching practice has always been in a secondary position, and it is difficult to truly appreciate the unique charm of national music culture. Many students cannot understand the goals and content of teaching, think that national music culture is too outdated, and are unwilling to study seriously. In response to the above situation, colleges and universities should optimize and adjust music courses, improve the status of ethnic music, show the unique charm of ethnic music culture, create a learning environment rich in ethnic music culture for students. College students come from various provinces and cities, and their living environments and cultural influences they have received since childhood are all different. Allowing students to take the stage to showcase the unique music culture of their hometowns can allow students to intuitively experience the music culture of various regions and learn from each other. In this way, it can not only help students better understand the music culture of different ethnic groups in various regions, but also promote students to have a deeper understanding of their favorite ethnic music culture. It also innovates the form of music teaching. In this model, students become the center of all activities, their enthusiasm will increase significantly, and the role of music teaching will be maximized.

Conclusion:

Traditional ethnic music culture has a rich heritage. In the process of historical development, it fully embodies the cultural characteristics of various ethnic groups and regions and has strong national emotional color. Music teaching in colleges and universities should pay more attention to national music culture, which will help to cultivate students' minds, enhance students' ability to learn music, help students better understand the unique customs and habits of various ethnic groups, and deepen students' national emotions. Therefore, music teaching in colleges and universities should pay attention to the introduction of national music culture and enhance the attraction of national music culture to students by carrying out different forms of music activities to better inherit national music culture through music teaching. Based on mastering rich professional knowledge of music, students can become familiar with the music styles of various ethnic groups, master their performance forms and performance techniques, and then grow into new musical talents that meet the needs of the times.

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