

# The Application of Tao Xingzhi's Thought of "Integration of Teaching and Practice" in Ideological and Political Education in Universities

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**Abstract:** The ideological and political education in universities is very important,and the teaching methods and concepts of teachers have a significant impact on the teaching effectiveness.However,there are still problems in the teaching of ideological and moral education in schools in China,such as outdated teacher education concepts,outdated educational methods,and insufficient development of educational resources.Tao Xingzhi's"integration of teaching and practice"ideology advocates taking students as the key point and with"doing"as the center,and achieving the unity of theory and practice by combining students'actual life and rich resources in society.It plays an important role in promoting the reform and development of middle school ideological and moral education in the new era.

**Keywords:** Ideological;Political;Ideological and Moral Education;Tao Xingzhi;Integration of Teaching and Practice

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## 1. The main content of the idea of"Integration of Teaching and Practice"

Firstly,the most important concept is to cultivate students' self-learning ability.The idea of"integrating teaching and practice"proposes that"the responsibility of teachers is not to teach knowledge,but to let students to learn by themselves".The responsibility of teachers lies in teaching students how to master scientific and cultural knowledge,teaching them to learn and think,improving their self-learning ability,and cultivating good learning habits.

The second point is that students should pay attention to moral practice and learn to behave well in society.Teachers should let students know how to combine teaching and learning with practice,and seek truth in practice.The"unity of teaching and learning"ideology centers on"doing",and should be done through teaching and learning through doing".Teachers and students should not only integrate with teaching practice,but also educate students based on their actual age and personality characteristics,helping them test and expand truth in practice and deepen their understanding.The last point is that education should come from life and act on it.The concept of"integration of teaching and practice"emphasizes that"life can determine education,and education can also transform life"<sup>[1]</sup>.Students receive whatever kind of education they have,and real life is the center of education.Advocating the connection between education and social life,learning knowledge in life,learning to be a good student in life.The concept of"integration of teaching and practice"proposes that teaching can have a certain impact on others,learning can help oneself grow,doing can practice something,and teaching and learning can be mutually transformed.In ideological and political courses in universities,teachers and students should have an equal and mutually transforming relationship.Educators can be the objects of education,and the objects of education can also be educators.Both sides should learn from each other's strengths and achieve complementary advantages,thereby stimulating students' vitality and unleashing their sense of ownership.Similarly,teachers can serve as students' friends,confidants,managers,psychological regulators,and mentors to meet their needs in changing roles<sup>[2]</sup>.

## 2. Teachers should unleash students'subjective initiative

As a teacher,only by fully understanding students,learning to listen to their inner requirements,and using sincere,natural,and vivid emotions to evoke understanding and resonance between teachers and students,can teachers enter the inner world of students.It is important to strengthen one's self-cultivation and establish a harmonious teacher-student relationship at all times,in order to

enhance students' learning enthusiasm and achieve learning goals, thereby improving teaching effectiveness. If there is a lack of sincere love and subtle observation towards students, education will lose its vitality; If there is no humanistic care and service awareness for students, education will lose its effects. Teachers should be students' relatives, observers, caregivers, and service providers, allowing students to feel the warmth and affection of a teacher. At the same time, teachers should also respect students' individual differences, understand their viewpoints and needs, support their expressions and actions, and enable them to fully recognize individual values and establish confidence. Teachers should be students' friends, respected, understood, and supported. Only by fully understanding students and entering their inner world can we make reasonable demands on them, find effective educational methods, and fully mobilize their enthusiasm. Also, allowing students to actively explore and practice can provide them with psychological experiences, internalizing knowledge, enhancing understanding, enhancing abilities, and elevating emotions based on psychological experiences. Students should be able to deeply understand under the guidance of teachers that each person is unique and has their own unique style and characteristics. Therefore, everyone should cherish life, utilize their strengths based on their personality, and choose a unique and shining path to success that suits them<sup>[3]</sup>.

### **3. Taking practical ideological and political education as a breakthrough**

In order to achieve the integration of teaching and ultimate results, schools should take practical ideological and political education as a breakthrough and promote the deep integration of practical education and ideological and political education. To achieve practical ideological and political education, teachers need to build a practical teaching system and enhance the effectiveness of ideological and political education. Establish a practical teaching system for ideological and political courses under the unified leadership of the school party committee, actively coordinated by the School of Marxism, and closely cooperated with relevant functional departments of the school<sup>[4]</sup>.

Adhering to the practical teaching objectives and requirements of ideological and political courses, utilizing volunteer services, theoretical lectures, social research and other practical activities to carry out practical teaching and promote the standardization of practical teaching. Give full play to the role of the school's labor education base, comprehensively implement labor education and practice for college students, enhance students' labor literacy and professional spirit, and guide students to establish correct labor concepts and value pursuits.

### **4. Mobilize network guidance and ideological and political education to promote mutual benefit**

In order to achieve the goal of integrating teaching and practice, it is very important to make good use of the power of the internet. Universities should make full use of various high-quality teaching resources provided by the national network of ideological and political theory course teachers' collective lesson preparation platforms, national primary and secondary smart education platforms, provincial smart education platforms, etc., as well as teaching resources, cases, key and difficult issues, demonstration courses, and teaching materials that reflect the characteristics and level of ideological and political course teaching recommended by the Guiding Committee for the Integrated Construction of Ideological and Political Courses in Universities, Middle Schools, and Primary Schools of the Ministry of Education. Continuously improve the teaching quality of ideological and political courses. Deeply understand and grasp the connotation of digital ideological and political work, integrate the Internet with ideological and political work, based on the comprehensive development of students, strengthen their subjectivity, and enhance the pertinence and effectiveness of online education.

Schools should fully leverage the unique positioning of "integration of online teaching and learning", adhere to the integration of online and offline promotion, actively plan to connect various resources between schools, colleges and universities, between classes, in and out of class, deeply explore and sort out the ideological and political elements of different majors, create a new model of integration of teaching and learning through online teaching, expand ideological and political resources, and improve educational effectiveness<sup>[5]</sup>.

### **5. Constructing meaningful ideological and political courses**

Ideological and political courses are related to the development of the country's cause, and the integration of teaching and learning can make them more meaningful. Establishing a scientific and reasonable quality and efficiency testing mechanism for ideological and political courses that keeps pace with the times is an important link in the high-quality development of ideological and political courses in the new era<sup>[6]</sup>. To test its effectiveness, it is not only necessary to pay attention to the phased examination and outcome evaluation in the school classroom, but also based on the entire process of young students' growth, to test the multi-dimensional

sense of acquisition, identification, and practical ability, such as belief guidance, value shaping, and behavior demonstration, and truly cultivate a new generation with ideals, skills, and responsibilities. At the teacher level, it is necessary to start from the entire process of ideological and political courses, combined with teacher self-evaluation, peer evaluation, student evaluation, and social evaluation, to test the completion of ideological and political course teachers' teaching objectives, the completeness of the teaching process, and the comprehensiveness of teaching feedback. In the final analysis, ideological and political education is about teachers and students working together to consciously integrate patriotism, national aspirations, and serving the country into the struggle to adhere to and develop the cause of socialism with Chinese characteristics, build a socialist modernized strong country, and achieve the great rejuvenation of the Chinese nation. Only by grasping the significance of ideological and political courses and truly achieving the integration of teaching and practice can we appear practical in teaching effectiveness and achieve truly integrated teaching and learning outcomes<sup>[7]</sup>.

## 6. Implementing knowledge inheritance in practice

Mr. Tao Xingzhi's theory of "integration of teaching and practice" emphasizes that teaching and practice should be combined together. The three aspects of teaching and practice are closely integrated and inseparable. It not only cultivates students' practical abilities, but also cultivates students' good practical habits and a scientific attitude of seeking truth from facts. Therefore, teachers should give students more opportunities to practice, not only for them to give lectures, but also an important aspect, which is to let students introduce the historical knowledge they have heard, seen, and learned outside of class to their classmates, in order to spread historical scientific knowledge, broaden their knowledge horizons, and stimulate their interest in learning history. In short, Mr. Tao Xingzhi's "integration of teaching and practice" is of great significance in guiding our teaching. We should recognize that the responsibility of teachers is not only to impart ready-made knowledge to students, but more importantly, to organize the teaching process correctly, so that students can actively and consciously discover, acquire, and apply knowledge.

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