

# Study on the Value and Path of Integrating the Great CPC Building Spirit into College Sports Ideological and Political Course

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**Abstract:** Using the methods of literature, comparative analysis and logical deduction, this paper makes a systematic study on the integration of the great party building spirit into the ideological and political construction of college physical education curriculum. The research shows that the great party-building spirit can provide value guidance, dynamic support and cultural support for the ideological and political education of physical education curriculum, and can provide specific implementation paths ; the great party building can improve the ideological and political level of physical education curriculum by strengthening the top-level design of ideological and political education in physical education curriculum, improving the educational ability and level of physical education teachers, strengthening the content construction of ideological and political education in physical education curriculum, and fully mobilizing the advantageous resources of ideological and political education in physical education curriculum.

**Keywords:** Communist Party of China; Great party building spirit; Physical education curriculum ideological and political

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The great party building spirit refers to adhering to the truth, adhering to the ideal, practicing the original intention, taking on the mission, not afraid of sacrifice, fighting bravely, being loyal to the party and not to the people. The great party building spirit itself has the value of educating people and is the spiritual source for young students to grow up. In the process of ideological and political construction and implementation of physical education curriculum in colleges and universities, the rich ideological and political elements contained in the great party building spirit are closely related to the sports morality and spirit of college students. It has become an indispensable part of the ideological and political curriculum system of physical education in colleges and universities, and has become an important resource to strengthen students ' beliefs and spirit in the process of physical education teaching.

## 1. The era implication of integrating the great party building spirit into the ideological and political construction of college physical education curriculum

### 1.1 Value guidance : to provide direction for the ideological and political construction of college physical education curriculum

The great party building spirit provides rich educational and teaching resources for the ideological and political construction of college physical education curriculum. The fair and just competition spirit and team spirit advocated by the ideological and political education of physical education curriculum can be found in the great party building spirit. The great party building spirit is the source of power for school education and teaching resources, and it is compatible with the ideological and political construction of college physical education curriculum. From the perspective of teaching, the great party building spirit and the ideological and political education of college physical education curriculum tend to shape the life ideal of young college students. It is about the organic integration of the hard struggle spirit and pioneering and innovative spirit embodied in the growth process of the Communist Party of China as

a collective or an individual member of the Communist Party, which is displayed to young college students through the course, and gradually becomes the spiritual core of college students. The great party building spirit is the quality of strong unity, courage to struggle and pursuit of victory formed by the Communist Party of China in the course of one hundred years of struggle, which embodies the spiritual strength of the Communist Party of China to form the core cohesion.

## **1.2 Dynamic support : provide a solid impetus for the ideological and political construction of college physical education curriculum**

The great party building spirit is gradually formed in the process of the Communist Party of China leading the people of the whole country to save the country and the nation in the midst of fire and water, steeped in the excellent quality of not afraid of bloodshed and sacrifice, loyalty to the country and the people. The construction of ideological and political education in college physical education curriculum needs the support of rich materials in the process of the formation of great party building spirit. The characteristics of the great party building spirit itself are similar to the indications of ideological and political education in college courses. Through the carrier of ideological and political education in physical education courses, the patriotic feelings of young college students can be cultivated. For example, the spirit of the Chinese national sports athletes to march forward and dare to compete in the competition field is integrated into the process of ideological and political construction of physical education curriculum, and the young students in colleges and universities are guided to actively learn the tenacious fighting spirit of the sports athletes to face the difficulties, which is similar to the connotation of the tenacious struggle in the face of difficulties contained in the great party building spirit. The ideological and political course of physical education in colleges and universities is devoted to cultivating the strong will of young students in colleges and universities, which can make them achieve remarkable results in the sports arena by virtue of their indomitable will, further expand into the course of life struggle, and face the difficulties and challenges on the road of growth with great fearless courage.

## **1.3 Practice path : Consolidate the resource carrier of ideological and political construction of college physical education curriculum**

The ideological and political construction of college physical education curriculum has rich teaching resources, but it needs to be screened, sorted out, and found an effective way to integrate into the classroom. The great spirit of party building is the superior resource and source of strength for the construction of ideological and political courses in college physical education. In the process of one hundred years of struggle and development, under extremely difficult conditions, the Communist Party of China has overcome difficulties and struggles with firm ideals and beliefs, and has made unremitting efforts to move towards victory. In the process of the construction of physical education ideological and political courses in colleges and universities, by virtue of the methods of physical education and teaching, young college students are guided to overcome the difficulties in physical training and learning, to carry forward and inherit the spirit of not being afraid of hardships and fighting bravely, to meet the challenges with a strong will, and to form an excellent quality of self-improvement and daring to work. The great spirit of party building is integrated into the process of the construction of ideological and political courses in college physical education, so that students can gradually adjust their development goals and plans. Through the formation of red sports, the touching deeds of athletes and so on, we can enhance the motivation of young college students ' physical education learning and training, and cultivate their patriotic feelings.

## **2. The path of integrating the great party building spirit into the ideological and political education of physical education curriculum**

### **2.1 Strengthen the top-level design of ideological and political education in physical education curriculum**

The integration of the great party-building spirit into the ideological and political education of college physical education curriculum requires in-depth and detailed work in terms of top-level design, organizational structure, evaluation system and incentive mechanism. Establish and improve organizational structures. The introduction of targeted policies, and the formation of matching operational guidelines, from the education and teaching design, teacher team building, scientific research project research, financial support and other aspects to provide strong support. Establish a leading group for the ideological and political construction of physical education curriculum, establish and improve relevant organizational mechanisms, make overall planning for the ideological and political construction of physical education curriculum in colleges and universities, gradually promote the integration of the great party building spirit into the ideological and political construction of curriculum, and clarify the curriculum objectives and assessment methods. It encourages the establishment of scientific research and teaching projects that integrate the great party building spirit into

the ideological and political education of college physical education courses, the formation of teaching teams, and systematic research on related issues at the theoretical and practical levels.

## **2.2 Improve the awareness and ability of physical education teachers.**

As a teacher in the new era, we should attach importance to the cultivation of students' will and moral quality, ensure the implementation of the ideological and political construction of physical education curriculum, and improve our own ability of ideological and political construction of curriculum. However, at present, there are still some problems in the theoretical and practical ability of some physical education teachers to be improved. Therefore, the ideological and political construction of physical education curriculum in colleges and universities needs to improve teachers' ideological and political literacy, enhance their ideological and political construction ability, and urge them to teach and educate people throughout the teaching process of physical education curriculum. Giving full play to the role of physical education teachers in colleges and universities in the whole process of educating people is an important starting point for the great spirit of party building to integrate into the ideological and political education of physical education courses in colleges and universities, and puts forward higher requirements for the education and teaching concepts, teaching methods and teaching levels of physical education teachers in colleges and universities.

## **2.3 Strengthen the content construction of ideological and political construction of physical education curriculum**

The great party-building spirit is the ideological essence of the Communist Party of China under specific historical conditions. It symbolizes the victory of the Communist Party of China in leading the people of the whole country to win the war. It has the adaptability of the times and great inheritance value. In today's complex, unpredictable international and domestic situation, this spirit can be applied to the field of sports. Ideological and political education in college physical education curriculum is the main channel and way for the great party building spirit to integrate into education and teaching. It is necessary to innovate teaching methods, transform the great party building spirit nurtured by the century-old party history into the normal content of physical education teaching, and combine the discipline characteristics of physical education teaching itself, so that the great party building spirit can be internalized and meet the needs of physical education teaching. In the process of collecting teaching materials and transforming teaching contents, it is necessary to avoid the phenomenon of copying mechanically and appearing two skins. It is necessary to combine the specific content of physical education teaching to give full play to the cohesion and incentive of the great party building spirit, so as to shape the modern sports spirit of young college students.

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