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# **Elaborate on the Application of Metaphors in College English Teaching Reform**

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**Abstract:** With the continuous deepening of education reform in our country, the importance of English, as a fundamental subject, is becoming increasingly prominent in higher education and teaching. In college English teaching, rhetorical devices can effectively help students improve their understanding ability and enhance their logical thinking ability. As one of the most basic rhetorical devices, metaphors play an important role in English teaching. However, the current problems in college English teaching are still prominent, which need teachers to further explore and study. Therefore, this paper starts with the existing problems in college English teaching, elaborates the application of metaphors in college English teaching reform, puts forward several suggestions for college English teaching reform, and hopes to provide useful references for college English teachers. While strengthening the efforts of English education reform in universities, we aim to create a favorable learning atmosphere for students.

**Keywords:** Metaphors; College English; English teaching reform; Application measure

### 1. Current Problems in College English Teaching

Although the importance of college English teaching is becoming increasingly prominent, there are still some problems in practical teaching, which need teachers to explore and study actively. Firstly, in terms of teaching concepts, some college English teachers' teaching concepts are relatively traditional, emphasize grammar rather than vocabulary, and only pay attention to the explanation and teaching of specific knowledge such as grammar and vocabulary, while ignoring the cultivation of students' comprehensive language application ability. Secondly, in terms of teaching content, the teaching content of some college English teachers is relatively simple, and they are only limited to the explanation and imparting of textbook knowledge, and fail to choose and design textbooks scientifically and reasonably according to the actual situation of students.

In terms of teaching methods, some college English teachers adopt the traditional teaching methods such as instilling and cramming teaching methods. However, teachers do not make scientific and reasonable selection and design of teaching materials according to students'own characteristics, which is difficult to stimulate students' interest in English learning. Finally, in terms of teaching evaluation, some college English teachers do not pay attention to the evaluation and testing of students' comprehensive ability. Therefore, it leads to problems such as incomplete and unscientific English teaching evaluation system. Finally, in the aspect of English teaching reform, some college English teachers neglect the cultivation of students' innovative thinking, innovative consciousness and other abilities. The traditional English teaching model has been unable to meet the requirements of social development for talent training. Therefore, under the background of the new era, college English teachers should reflect and reform the traditional education and teaching mode from the ideological perspective, and take effective measures to strengthen the cultivation of students' innovative ability and innovative consciousness.

## 2. The Concept and Meaning of Metaphors

Before discussing the application of metaphors in college English teaching reform, it is necessary to deeply understand the concept and meaning of metaphors. In linguistics and cognitive science, metaphor is defined as a rhetorical device that transfers the characteristics, attributes, or behaviors of one thing to another in order to achieve the goal of enriching expression, deepening understanding, or revealing deeper meanings.

Metaphors play an extremely important role in college English teaching. Firstly, through the understanding and application of

metaphors, students can go beyond the literal meaning, gain insight into the cultural connotation and mode of thinking behind the language, and improve cross-cultural communication skills. Secondly, metaphors can activate students' innovative thinking, encourage them to examine problems from a new perspective, and cultivate their critical thinking and problem-solving abilities. Moreover, metaphors help to improve the efficiency and depth of students' vocabulary acquisition, because the process of understanding and creating metaphors is actually the exploration and practice of the deep meaning and usage of vocabulary.

In addition, in teaching practice, teachers can use metaphors to design vivid and interesting classroom activities, such as analyzing thematic metaphors in literary works and guiding students to understand the author's views and emotions through metaphors. Or teachers can let students create their own metaphors to exercise their language organization skills and imagination. These all reflect the crucial role that metaphors play in promoting the reform of English education in universities and achieving the transition from traditional exam-oriented education to quality education.

#### 3. The Role of Metaphors in College English Teaching Reform

In college English teaching, teachers should pay attention to cultivating students' imagination, especially the application of metaphors in English teaching. Metaphors is an important way for humans to understand the world. It compares one thing to other thing. For college students, most of them are in adolescence, they have a certain rebellious psychology, however, while accepting new things, they also have a certain degree of resistance. Therefore, college English teachers should give full play to the role of metaphors and guide students to accept new things step by step. On this basis, students can improve their interest in English learning and lay a good foundation for their English learning.

The application of metaphors in college English teaching can also stimulate students'interest in learning effectively and improve their learning enthusiasm. Moreover, teachers can enhance students' logical thinking ability through metaphors. Because in daily life, people often use metaphors to express abstract concepts or things that are difficult to understand. Therefore, the application of metaphors in college English teaching cannot only improve students' understanding ability and logical thinking ability, but also effectively cultivate students' imagination and creativity.

To be specific, the application of metaphors in college English teaching has the following functions: Firstly, metaphors can improve students' understanding ability and logical thinking ability. And because of the essential difference between metaphors and analogy, it has strong feasibility in college English teaching. In addition, metaphors can make abstract concepts more intuitive and vivid.

Secondly,metaphors can help students master language knowledge and improve language skills. The application of metaphors in college English teaching can help students better understand and master language knowledge and skills. For example, when talking about the concept "dropping" you can use the word "jumping" to explain the word "dropping". "dropping is a phenomenon of dropping. It happens when people try to jump. Through the use of metaphors, abstract concepts can become more intuitive and vivid, so that students can learn and explore more actively.

### 4. How to Apply Metaphors to College English Teaching

In order to apply metaphors to college English teaching, it is necessary to deeply analyze the existing problems in college English teaching, find out the root causes of the problems, and take effective measures to solve these problems. In addition, it is necessary to combine the relevant theoretical knowledge of metaphors with practice to enrich students' English knowledge structure and enable them to better grasp the knowledge of metaphors. At the same time, teachers should give systematic guidance and training to students, so that students can form a good metaphorical thinking mode in the learning process. In addition, students should be encouraged to read more English books, newspapers and magazines. In this process, teachers can conduct relevant training and guidance for students. It not only enables students to master more English knowledge, but also enables students to improve their English writing ability. In short, in order to apply metaphors to college English teaching, teachers must pay attention to the imparting and education of metaphor knowledge in the teaching process.

# 5. Suggestions for Using Metaphors in English Teaching Reform in Colleges and Universities

College English teachers should correctly recognize the important role of metaphors in English teaching. Metaphor is a special form of language expression. Teachers should pay attention to grasp the sense of proportion in the teaching process, reasonably apply metaphors, and do not blindly abuse them to avoid causing unnecessary trouble to students.

When teaching English, teachers should design the content of the textbook reasonably. When designing the teaching content, teachers should fully take into account the actual situation of students, not only to meet the needs of students' learning, but also to explain the

profound in simple terms. In this way, it can better enhance students' interest in learning.

Teachers should attach importance to developing students' cognitive ability of metaphor. In the teaching process, teachers should give more guidance to students to enable students learn to understand English knowledge through metaphors. In addition, teachers should also provide more practical opportunities for students to get in touch with the culture of English-speaking countries, so as to cultivate their intercultural communication ability.

Teachers should give full play to their guiding role. In the daily teaching process, teachers should pay attention to play a leading role in guiding students to discover and understand the beauty of English metaphors. At the same time, teachers should cultivate students's ensitivity and acuity to metaphors. In this way, it can better stimulate students' interest in learning English, and improve their learning effectiveness and teaching quality.

#### 6. Conclusion

After summarizing the above discussion,we deeply realize that metaphor,as a powerful cognitive tool, is of great value in college English teaching reform. Current college English teaching is faced with many challenges, such as paying too much attention to the teaching of grammar and vocabulary knowledge, but neglecting the deep understanding of language and the cultivation of innovative ability. The introduction of metaphor can not only enrich teaching methods, enhance students's ensitivity and understanding of language, but also stimulate students' innovative thinking and critical thinking, so as to make up for the shortcomings of traditional teaching modes.

College English teaching should further strengthen the cultivation of metaphorical thinking, and combine with modern educational technology to build a more three-dimensional and contextualized teaching environment. Teachers need to constantly improve their metaphorical awareness and teaching strategies, and encourage students to actively discover, create and analyze metaphors, so that they can exercise their advanced cognitive ability and multicultural literacy while learning English.

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