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# The Present Situation of Children in Rural Distress and the Practical Research of Social Worker Intervention in Ethnic Areas of Hainan

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Abstract: Children and adolescents are the hope and future of the country, society and nation, and the development of children and adolescents is very important. Through the method of structured interview, participatory observation and questionnaire, this paper investigates the common development problems of poor rural children in Gaofeng District, Tianya District, Sanya City, Hainan Province, and analyzes the causes. On the basis of the service practice of promoting social work involvement in the current situation and development of children in rural distress in ethnic areas of Hainan, the team work method is flexibly used to carry out professional social work services, and create a communication platform for children in distress and their parents. Social work services not only effectively expand knowledge inside and outside the classroom, but also promote parent-child communication, strengthen parent-child relationship, and strengthen peer group support among children. Through practical development, the paper summarizes and studies the effect and reflection of social work involvement in the investigation and development of children in rural distress in Hainan ethnic areas.

Keywords: Children in distress; Social worker intervention; Group work

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Children and young people are an important part of social life, children and young people are the future of the nation and the hope of the country. The healthy growth of children and adolescents is not only related to the practical development of ethnic areas, but also of vital significance to national unity and national prosperity.

# 1. Analysis on the development status of children in rural distress in ethnic areas of Hainan

# 1.1 Sanya Peak and project introduction

The terrain in the Gao Feng area of Tianya District, Sanya City, Hainan Province, is mainly mountainous, the traffic is not very convenient, mainly Li and Miao people. The composition is relatively complex, most of the villagers are engaged in the primary industry of agriculture to the tertiary industry service industry. The main selling labor force. Most young and middle-aged people leave their children in rural areas to be taken care of by the elderly in order to save money on going out. However, due to the low level of education, poor physical condition and low level of education, most elderly people have no time to take into account the needs of children's comprehensive development. According to the investigation, children in difficulties have relatively obvious needs for

medical care, culture and entertainment.

## 1.2 Problems in the development of children and adolescents in the region

- 1.2.1 Children's psychological quality is relatively weak. Taking the Gaofeng District of Sanya City as an example, which is deep in the mountains, the author found in the process of investigation and visit that the children in this area both look forward to and fear talking with strangers. In the process of providing social work services, it is found that their psychological quality is relatively weak, they lack self-confidence, they are reluctant to answer questions, and they are afraid that they will not answer well.
- 1.2.2 Barriers to access to superior educational resources. The author learned that many children in the village once went to primary school or even kindergarten in the town far away from home, but when asked where they go to school now, the researcher found that many children have switched schools and have returned to their own schools in the village from the good schools in the town. When asked why they had changed schools, they were silent and refused to answer. Later, I learned from the chairman of the village Women's Federation that the children who came back to school were all due to poor family conditions, parents who had no time to take care of, and other reasons.
- 1.2.3 Confusion and difficulties in future planning. First, the college dilemma. According to the survey, parents in the area know the importance of education, the village has only primary school, middle school and high school need to go far to the town. Second, the barriers to finding a job. Due to the remote mountainous area, inconvenient transportation, township enterprise resources are few, it is difficult to find a suitable job near the village. Third, life planning is difficult. First of all, the impact of the family environment, parents have less awareness of the outside world, the children in the mountains go out, are not competitive, and finally choose to flee back to the mountains, rooted in the land of life.

# 2. Practice of social work involvement in services for children in rural distress in ethnic areas of Hainan

### 2.1 Project Overview

Through the communication with the cadres of the village women's Federation, parents and children, the author found that young people, especially children in difficulties, are busy with their parents and lack guardians to watch them after school or during holidays, and there are many problems. This group is in urgent need of some cultural and recreational interests and growth-oriented service activities, so that children can strengthen the parent-child relationship, obtain affection, and promote family harmony. Better go to society, adapt to social survival and development.

## 2.2 Project content and objectives

The project will carry out voluntary social work services based on the women's and children's home, train children to serve others in games and fun, enhance the ability of coordination and communication with their peers in games, and improve the social awareness of social workers on this basis, effectively improve the survival, protection and development environment of children in difficult situations in Hainan ethnic minority areas, and promote the overall physical and mental health development of these children.

# 2.3 Project service process

- 2.3.1 Plan Scheme. There are four categories of theme activities. Patriotic education, common sense of life, safety education, resilience education, etc. These services can well open up children's horizons, and enhance children's participation and learning efficiency with this kind of fun and learning games.
- 2.3.2 Service process and objectives. Through "patriotic education" activities, children can learn about China's development, tell heroic stories, and promote the spirit of patriotic dedication. In the main activities of "common sense of life", children are allowed to design activities related to the study of family civilization and etiquette in the theme activities of "small hands holding big hands, accompanying and growing up together" to cultivate parent-child relationship. The theme of "safety education" is mainly to enhance the awareness of safety hazards in the daily life of children and parents, and guide the cultivation of positive and healthy psychological quality of children in rural difficulties in the area to promote their healthy growth and success.
- 2.3.3 Service effectiveness. In the process of service, the effect is very obvious, mainly reflected in three aspects: First, the poor children who participated in the activity said that the activity was very popular, they liked it very much and were impressed; Second, parents say that they support their children's participation in such activities and can see the changes in their children. Third, the management said that seeing the effectiveness of social work services, they have met their expectations, can mobilize these children, and the participation is very high, can really prevent and solve some problems, and the recognition of social work services is relatively high.

# 3. Evaluation and reflection on the process of social work involvement in services for children in rural distress in Hainan minority areas

In the practical process of social work involvement in the investigation and development of the current situation of children in rural distress in Hainan minority areas, social workers, under the guidance of professional values and theories of social workers, make full use of one of the three methods of community work mode, and comprehensively utilize the skills of professional social work methods to constantly link and tap the internal resources of the region. To help children in rural difficulties in this area to solve some basic safety and cultural learning development problems, promote the healthy growth of children in rural difficulties in this area, improve their health level and quality of life.

### 3.1 The form of community publicity is not diversified and efficient enough

Community social work method is one of the three major professional methods, and community interaction can bring groups together to improve the efficiency of social work services. This project is mainly based on games, and community staff oral publicity and recruitment, and the participants of publicity, scope and recruitment are relatively fixed, and it is difficult to expand. The main reasons are: the lack of social workers, it is difficult to achieve self-recruitment; Thus affecting the overall effectiveness of the activity.

#### 3.2 Community residents have low awareness of social workers

In the process of providing services, social workers found that many eligible children in distress could not become participants in the activities, mainly because they were not picked up and picked up, and traffic safety was difficult to guarantee; The lack of guardian authorization or support in the process of participation, and the lack of protection in the process of providing services by social workers; I think such a good service or interesting activity should be given to obedient and sensible children to participate in.

# 3.3 The service capacity of social workers needs to be improved

First of all, most of the social workers in this service activity are college students, and the role positioning of workers in the service process is not accurate enough. The service effect is reduced.

Secondly, the professional service ability of social workers needs to be improved. However, our staff are college students, who lack experience in service practice and interaction with service as a whole, and lack professional helping skills and methods.

Finally, the division of social worker responsibilities is not clear. Because most of the social workers are college students, lack of teamwork experience, personality differences and other reasons, the team cooperation process is not very smooth. There was confusion and a breakdown in communication. The authority role of women's Federation staff is more clear, the service objects are more obedient to their requirements, and social workers often need their assistance to better carry out services.

Social workers need to do a good job of their role in the service process. In the service process, they should be clear from the beginning and do a good job of professional positioning, so that they can adhere to professional methods and performance in the service process. In the service process, social workers need to have a sense of teamwork and perform their roles well, so as to maintain the good operation of the team and ensure the smooth implementation and effectiveness of the service.

# 4. Summary

This project focuses on services for rural children in difficulties. After about three years of practice, social work services have been shown to be quite effective in providing services for children in difficulties in various aspects. From the perspective of the target group, it can be recognized by children and parents, and learn and restrain behavioral norms to promote their healthy growth. From the perspective of social workers themselves, this is a relatively basic and easy to cut into group, which is very suitable for the introduction of social work practice, and can achieve a smooth transition from student social workers to professional social workers.

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