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# A Study on the Inspiration of Yimeng Spirit on Teacher-Student Mutual Teaching Relationship in High School Ideological and Political Course

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**Abstract:** Yimeng spirit has extremely rich connotation, which is a red culture formed after a long time. Mutual aid teaching is an important result of the "new concept" course. Yimeng spirit is combined with mutual aid teaching method in high school ideology and politics. It can not only broaden the content of high school ideological and political courses, enrich teachers' teaching methods, but also cultivate students' patriotism and guide their values and outlook on life through the study of Yimeng spirit.

Keywords: Yimeng spirit; High school ideological and political courses; Mutual aid teaching

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#### 1. Introduction

Yimeng spirit, with the passage of time, radiates the brilliance of the new era and becomes a powerful spiritual driving force for the realization of the Chinese dream. The realization of the Chinese dream cannot be separated from the modern youth, and it is an important task of our country's education to train the builders and successors of socialism with rich cultural connotations.

The mutual aid teaching is a successful result in the implementation of the "new concept" curriculum, which combines theory and practice. In the ideological and political course of senior high school, a preliminary exploration has been made into the method of mutual assistance teaching, which is not only to improve the efficiency of the classroom, but also to enable teachers to help each other in learning, and also to complement the personalities of students and make the relationship between teachers and students more harmonious, so that the quality of students has been fully improved, so as to achieve the purpose of teaching and learning [1].

#### 2. Yimeng spirit in the new era of scientific connotation

Yimeng spirit has rich connotation in ideological and political education. Yimeng spirit was conceived in the War of Resistance against Japanese Aggression and the War of Liberation, and was continuously developed and improved in the process of socialist revolution and socialist construction. On the basis of inheriting the Yimeng spirit, Yimeng people endowed the Yimeng Spirit with new connotations, which are embodied in: love the Party and the army, forging ahead, working hard and selfless dedication<sup>[2]</sup>.

# 3. Research on the enlightenments of Yimeng Spirit to the mutual aid teaching relationship between teachers and students in high school ideological and political courses

Through the investigation of the current situation of the teacher-student mutual aid teaching relationship in high school ideological and political courses, we know that the most important channel for high school teachers and students to understand the Yimeng spirit is through movies and TV plays, accounting for 31.30%; The least is through school courses, accounting for 18.80%. At the same time, we also learned that 27.30% of teachers and students think that they can have a deeper understanding of Yimeng spirit through field visits, while only 10.60% of teachers and students think that they can have a deeper understanding of Yimeng spirit through

theoretical explanation.

### 4. Key points of application of ideological and political course mutual aid teaching mode

#### 4.1 Scientific collocation, timely training.

Reasonable arrangement of teacher-student relationship is the prerequisite for realizing mutual aid teaching. Teachers should first take into account the students' personality characteristics, interests, academic performance and learning ability, and then discuss with students to cooperate with teachers and students. Then, the combination of group training and individual training, both inside and outside the classroom, enables students to understand the mutual teaching mode and understand their respective responsibilities. A teacher's first job is to teach his students how to learn and to teach them good ways to learn. Students should not only get the guidance of teachers in this aspect of learning, but more importantly, they should study and study together with teachers. Under the guidance of teachers, students can gradually form good learning habits and enhance their learning confidence [3].

#### 4.2 Highlight students' subjectivity and pay attention to teacher-student interaction

Mutual teaching puts forward the "five returns", that is, to return the time to the students, to return the right to study, to return the right to discuss, to return the right to teach. In the classroom, teachers will devote more time to students in each class, let them learn independently, help each other, or cooperate to explore a certain learning task, and strive to highlight the key points and solve difficulties in the learning, discussion and communication between teachers and students. When teachers and teachers discuss learning together, teachers should always pay attention to the learning situation of teachers and students, guide them at appropriate times, inspire and guide students to think, explore and communicate, and at the same time give students some incentives and guidance, especially to give students some guidance on learning methods. After communication and discussion, students make necessary additions, assessments, and further instruction.

#### 4.3 Teachers' educational skills and professional quality have been continuously improved

The implementation of mutual aid teaching mode has put forward higher requirements for teachers' teaching ability and professional ability. In order to achieve an efficient classroom, teachers should focus on making adequate preparations before class; Carefully analyze the learning situation, examine the students' learning and learning psychology; Try to understand the knowledge point without dead Angle, accurately grasp the key points and difficulties, hierarchical design questions; In the classroom, the teacher is the organizer, guide and adjuster of the classroom, and should grasp the teaching goal well and reflect the subject status of students. In addition, teachers should also communicate with students after class, and self-reflect on them, and summarize their teaching results.

## 5. Strategies of Yimeng spirit applied in mutual aid teaching of high school ideological and political courses

#### 5.1 Integrate Yimeng Spirit into senior high school ideological and political curriculum

In order to integrate Yimeng spirit into high school ideological and political lessons, it is necessary to strengthen the integration of Yimeng spirit, so that it can give full play to its main position in the course construction. Ideological and political education is an important means to guide high school students to form a correct world outlook, outlook on life and values. For a long time, the construction of the curriculum system of ideological and political education has focused more on the imparts of knowledge and neglected the cultivation of value. Therefore, it is very necessary to introduce the Yimeng spirit as a major red culture into the curriculum system of ideological and political education in senior high schools.

In the course of long-term teaching activities, the teachers of ideological and political courses should make full preparation before class in the class of mutual aid teaching. In order to establish a clear teaching purpose, Yimeng spirit should be the leading role in the formulation of teaching objectives, in-depth research on teaching materials should be carried out, and more importantly, it should be related to the actual situation of students, instead of reading from the book, it should have its own unique views. In order to make Yimeng spirit play a full role in ideological and political education, we should not only set up targeted special courses, but also enrich and expand the existing ideological and political education curriculum system, and integrate the red culture such as Yimeng spirit into the traditional ideological and political teaching. At the same time, in ideological and political courses, teachers should also pay attention to prevent the phenomenon of "integration for integration", and can not force Yimeng spirit into teaching. Teachers should make more use of new media to teach, and play featured videos about Yimeng spirit for students in class, so that students do not listen to bitter language descriptions from teachers in class.

#### 5.2 Yimeng Spirit into the campus culture, strengthen the value education of high school students

In order to integrate the Yimeng spirit into the ideological and political education of high school students, it is necessary to organically combine it with the campus culture to create a kind of classroom and campus atmosphere conducive to setting up correct values. Yimeng Spirit embodies the Yimeng people's spirit of self-improvement, courage to work hard, courage to develop, and willingness to contribute. It is a fresh material for students to guide and cultivate values. Yimeng spirit plays an important role in the formation and shaping of values, which can be realized through the red culture of the school. Yimeng spirit has a very rich connotation, it not only reflects the national spirit of Yimeng, but also shines the glory of The Times, these characteristics can be concretly expressed in real objects

Yimeng spirit and campus material culture should be integrated, students as the main body of the mutual aid teaching mode, "teachers and friends" should help each other, through the mode of group competition, collect relevant literature and materials to open the essay competition for the study of Yimeng spirit, students help students learn and understand the selfless dedication of Yimeng spirit. Build a positive learning platform for students, adopt the methods of student-student cooperation, teacher-student cooperation and class comparison, through the theme of Yimeng spirit, hold class meetings and blackboard newspaper display, strengthen students' learning of Yimeng spirit, and carry out positive value education for high school students.

### 5.3 Deeply explore and protect Yimeng spirit, and enrich ideological and political education forms for high school students

Yimeng Spirit was formed during the Revolutionary War. It is the deep friendship between the Communist Party of China and the Yimeng people, and it is a symbol of the determination and courage of the Yimeng people to forge ahead and struggle hard in the process of socialist construction and reform and opening up. According to the new tasks and characteristics of the new period, the Yimeng spirit is organically combined with the new tasks and characteristics of high school ideological and political education, strengthening the research platform of Yimeng Spirit and ideological and political education, and providing a new way for high school students' ideological and political education.

At the same time, ideological and political lessons can not only stay in the classroom, but also carry out in-depth education of Yimeng spirit with students through social investigation and field visits. Schools can combine their regional, historical, cultural and other aspects of the characteristics of the ideological and political curriculum reform, in order to highlight its own characteristics. For example, on the basis of Yimeng spirit, schools can set up practice links in their ideological and political theory courses to guide students to understand and understand Yimeng, lead students to make field trips and be consciously influenced by the Yimeng spirit. Schools should pay enough attention to students, take into account the interest tendency and character needs of high school students, provide students with opportunities to learn red culture, and supplement with appropriate rewards to stimulate students' interest. Students should also learn the Yimeng spirit, but also learn the campus culture of the school, know how to care for their own campus, and be proud of their school.

#### 6. Conclusions

The combination of Yimeng spirit and mutual aid teaching method not only broadens the content of high school ideological and political lessons, broadens the scope of knowledge learned by middle school teachers, and enricfies teachers' teaching methods, but also cultivates students' patriotism, guides their values and outlook on life, and cultivates their core qualities of ideological and political disciplines through the study of Yimeng Spirit. Improve their political identity. Carry forward the excellent national spirit, and train students into a new generation needed for socialist construction, with all-round development of morality, intelligence, physical fitness, the United States and labor.

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