

Research on the Integration of Traditional Chinese Medicine Philosophy Culture into the Content of Ideological and Political Education in Universities

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Abstract: Chinese medicine culture is the treasure of the Chinese nation, and Chinese medicine philosophy culture is the key to open the door of Chinese medicine culture. From the perspective of Marxism, the core connotation of Chinese medicine philosophy culture is deeply analyzed. It not only conforms to the needs of the development of Marxism in China and the modernization of traditional Chinese medicine, but also has important theoretical resources and inheritance value for the ideological and political education of college students in the new era.

Keywords: Philosophy of traditional Chinese medicine ; Ideological and political education ; Ideological and political education

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Chinese medicine philosophy culture is an important part of Chinese traditional philosophy. It is a kind of human-centered philosophy that advocates the unity of heaven and man. It believes that people are a subject that interacts with the environment and is constantly changing. People should actively adapt to the environment, transform the environment, and realize self-worth on the basis of understanding the environment. The ideological and political education in universities also needs to constantly update and enrich its content and means according to the changes and development of the times. It can be said that the integration and interaction between ideological and political education in universities and the excellent thoughts of philosophy and culture of traditional Chinese medicine is in line with the requirements of the times for the development of traditional Chinese medicine, the requirements for universities to improve the quality of ideological and political education, and the requirements for colleges and universities to achieve the goal of implementing the task of establishing morality and cultivating people, promote the work of “ three-wide education “ and cultivate socialist builders and successors in the new era.

1. The opportunity of integrating Chinese medicine philosophy culture into university ideological and political education

It is generally believed that “Traditional Chinese Medicine is the key to opening the treasure trove of Chinese civilization”.As a key, the treasure house of Chinese civilization has been a huge impact, so now the revival of Chinese civilization has become one of the national tasks of the Chinese nation.

The essence of China ‘s ideological and political work is to provide services for the cause of socialism, and the development of traditional culture education is to cultivate talents with the quality of building socialist successors. It is to face up to the long-standing cultural tradition and value orientation of the Chinese nation in Marxist theory. At the same time, it is necessary to adhere to Marxist theory to critically inherit, absorb and integrate Chinese traditional culture with distinct national characteristics to serve the needs of the party and the people. Only in this way can college students strengthen their ideals and beliefs, develop good moral character, and

become talents with both ability and political integrity.

Only under the guidance of the basic principles and methods of Marxism, paying attention to the era value of Chinese excellent traditional culture represented by traditional Chinese medicine, can China 's ideological and political education get deeper innovation and development, so as to truly realize the localization of Marxism in China.

2. The main content of the integration of traditional Chinese medicine philosophy and culture into the ideological and political education in universities

The universal concept of " people-oriented " in traditional Chinese medicine has a profound historical origin, and it is highly consistent with the contemporary " people-oriented " thought. Some scholars have proposed that the 'Huangdi Neijing 's Internal Classic, " as an important work of doctors, has distinct Oriental humanistic characteristics and " people-oriented " is a concentrated expression of its humanity^[1].

2.1 People-oriented universal view

Contemporary China adheres to the Marxist ' people-oriented ' ruling concept, and takes the realization of the communist goal of liberating human beings as its own responsibility. It is generally believed that the philosophy and culture of traditional Chinese medicine is ' people-oriented ', but this idea itself has its uniqueness, which has obvious guiding significance for the ideological and political education of contemporary Chinese college students to establish correct life values and humanistic values.

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2.2 The holistic view of all things in one

The holistic view is one of the important components of Marxist theory, which embodies the unity of world outlook and methodology. The holistic view is reflected in many aspects in the ideological and political education of universities and plays an important role. The philosophy and culture of traditional Chinese medicine is closely related to life and all things, which is highly consistent with Marxist theory. It has great reference significance for the ideological and political education of college students to achieve vision expansion and collaborative innovation with the development and changes of the times.

Combined with the holistic view of Chinese medicine philosophy, it is applied to the ideological and political education and ideological and political work of college students, and a practical theoretical and practical model is constructed.

2.3 Methodology of dialectical neutralization

Materialistic dialectics is an important part of Marxist theory. It is a way to understand the relationship and nature of things and explain the existence of things. The methodology of ' syndrome differentiation and neutralization ' in traditional Chinese medicine is a dialectics with the characteristics of simple materialism. It is the fundamental method of treating diseases and saving people in traditional Chinese medicine. It is to distinguish the causes of diseases first and then to reconcile the principle of ' yin and yang ' to achieve the purpose of treating diseases and saving people. It is the unity of epistemology and medical practice. If we say that Marxist materialist dialectics examines things and history from the perspective of universal connection, it reveals the dialectical relationship between things or between things, that is, the relationship of unity of opposites. In the development of traditional Chinese medicine, the philosophical thought of materialist dialectics runs through the whole process of diagnosis and treatment.

3. The method of integrating traditional Chinese medicine philosophy culture into university ideological and political education

In order to realize the organic integration of Chinese medicine philosophy culture and university ideological and political education, we must fully respect the law of students ' development and the law of ideological and political education, and adopt appropriate methods in the face of upcoming challenges.

3.1 Adhere to the Marxist position and strengthen the construction and guidance of teachers and students ' values

In the teaching practice of ideological and political courses, we guide students to establish a scientific view of history, stimulate responsibility, guide teachers and students to deeply feel the strong leadership of the Communist Party of China and the significant advantages of the socialist system with Chinese characteristics, and then stimulate teachers and students. The political, cultural, emotional and value identity of the socialist road with Chinese characteristics is to cultivate the consciousness of contemporary college students to shoulder the responsibility of the times.

3.2 Optimize the management mechanism of colleges and universities to promote the development of teacher-student literacy coordination

On the position of colleges and universities, the integration of Chinese medicine philosophy culture and ideological and political education in colleges and universities is, in the final analysis, the problem of improving the teaching quality of ideological and political theory courses in an all-round way based on Chinese culture such as Chinese medicine. In this process, the professional quality of the instructor is an important factor to ensure the quality of teaching, so colleges and universities must put the improvement of the professional quality of the teacher team in a crucial position.

3.3 Fully explore the modern educational technology, broaden the teaching methods

We should make good use of modern information technology, innovate new teaching methods in line with the learning characteristics of contemporary college students, and improve the quality and effect of teaching. With the help of digital and information-based traditional Chinese medicine culture, the obscure ideological and political theory is injected into the vitality with the teaching mode of entertaining, so as to make it more attractive, so that the traditional Chinese medicine culture and ideological and political theory are deeply rooted in the heart, so as to achieve the purpose and significance of education.

4. Conclusion

In short, the revival of Chinese medicine culture is a necessary condition for the revival of Chinese civilization. From the perspective of the interaction and integration of Chinese medicine philosophy culture and university ideological and political education, taking colleges and universities as a major position for the revival of Chinese medicine culture, continuing Chinese excellent traditional culture, enhancing college students ' sense of historical and cultural mission and identity, it plays an important role in establishing cultural self-confidence for contemporary youth. It can be said that this is also the only way to promote the better and healthy development of ideological and political education in contemporary Chinese universities.

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