

From Action to Internalization: the Application Research of the Five-degree Evaluation Method in Cultivating Students' Labor Spirit

Xiangfu Li, Wei Wu

Taishan University, Taian 271000

Abstract: Under the background of the new era, labor education has been endowed with a more profound connotation and mission. Labor is not only a practical activity, but also an important way to cultivate students' all-round development. As a new evaluation system, the five-degree evaluation method comprehensively examines the performance and growth of students in labor practice through the five dimensions of recognition, cultivation degree, abundance, durability and transformation degree. The purpose of this study is to explore the application effect of five-degree evaluation method in cultivating students' labor spirit, and to analyze how the evaluation method promotes students' transformation from action participation to value internalization, and how to improve students' comprehensive quality in this process.

Keywords: Five degree evaluation method; Labor spirit; Labor education; Student development

Foreword: With the development of society and the deepening of education reform, labor education has gradually become an important link in cultivating talents for all-round development. As an important part of the socialist core values, the spirit of labor plays an irreplaceable role in the cultivation of students' personal growth and their sense of social responsibility. How to internalize the spirit of labor into students' conscious behavior and value pursuit through effective educational means and evaluation mechanism has become the focus of the current labor education research. With its unique evaluation perspective and diversified evaluation dimension, it provides a new solution for labor education.

1. The theoretical framework and the implementation path of the five-degree evaluation method

1.1 Theoretical framework

As a new paradigm of labor education evaluation, the five-degree evaluation method has built a multi-dimensional and all-round evaluation system with the recognition of labor concept, the cultivation of labor ability, the abundance of labor spirit, the durability of labor habits and the transformation of labor quality. This system not only focuses on students' labor behavior and skill improvement, but also pays more attention to the value experience and spiritual cultivation in the process of labor, aiming to promote the all-round development of students through comprehensive evaluation.

The five-degree evaluation method consists of five parts: recognition of labor concept, cultivation of labor ability, abundance of labor spirit, persistence of labor habit and transformation of labor quality. Among them, the ①labor concept recognition is the cornerstone of the five-degree evaluation method, which measures the students' recognition and respect for the value of labor. This dimension emphasizes the students' understanding of labor, as well as their value of the fruits of labor and their respect for the labor process. By evaluating whether students can internalize the value orientation of labor education into their own code of action, the recognition of labor concept provides value guidance for students' labor behavior.②The cultivation degree of labor ability is the wing of the practice of the evaluation method, which focuses on the improvement of students' skills and ability in the labor practice. This dimension reflects the actual level of students' labor skills and the development of innova-

tion ability by assessing their performance in specific labor tasks and their ability to solve problems in practical activities.③The abundance of labor spirit is the soul of the evaluation method, which focuses on the spiritual harvest and growth of students in labor practice. By evaluating the students 'fighting spirit, teamwork spirit and dedication spirit in labor, the abundance of labor spirit reveals the students' emotional experience and the richness of the spiritual world in the process of labor.④The persistence of labor habits is the continuous force of the evaluation method, which focuses on whether students can continue the good habits formed in labor practice to their daily life. This dimension evaluates whether the habits they develop in labor practice can be transformed into a stable lifestyle and life attitude by observing their daily behaviors.⑤The transformation degree of labor quality is the ultimate goal of the evaluation method, which evaluates the degree to which students transform the quality in labor practice into personal internal quality. This dimension reflects the profound influence of labor education by examining students 'integrity, responsibility, cooperation, and how these qualities are transformed into students' moral standards and behavior habits, which reflects the profound influence of labor education.

1.2 The implementation path of the five-degree evaluation method

Path 1: Combine curriculum and practice to deepen the concept of labor. In the way of implementing the five-degree evaluation method, we should first combine labor education with the curriculum system, and deepen students' understanding of labor through the combination of theory and practice. The course not only imparts labor skills, but also pays more attention to the indoctrination of labor spirit, so that students can understand the value and significance of labor in cognition. On this basis, students are organized to participate in various labor practice activities, such as campus beautification, community service, public area health, etc., so that students can experience the hardships and fun of labor in the actual labor, feel the hard work of the fruits of labor, so as to internalize the value orientation of labor education.

Path 2: innovate the evaluation mechanism and improve the labor ability. Scientific evaluation methods should be adopted to promote the overall improvement of students 'labor ability, and students' labor performance, skills and innovative practices should be included in the evaluation scope. By setting specific evaluation indicators and standards, such as task completion degree, skill application ability and problem solving efficiency, students' labor ability is comprehensively checked.

Path 3: cultural guidance and example demonstration, shaping the quality of labor. Activities such as Jinping Mei Festival, labor achievement exhibition, and model worker report should be held. Through cultural guidance and example demonstration, the quality of students' labor should be shaped, and a campus cultural atmosphere that respects and advocates labor should be created. In such an environment, students' labor behavior is not only stimulated and constrained by external incentives, but also influenced by internal cultural influence and value guidance.

2. Empirical study and analysis

we adopted comprehensive research methods, including questionnaires, interviews and participation observation, to ensure the comprehensiveness of the data and the reliability of the research results.

2.1 Questionnaire survey method

The main data collection method used was a questionnaire survey evaluating the five key dimensions of the five-degree evaluation method. The questionnaire was designed to assess students' attitude changes, behavior improvement, and overall feelings about labor education before and after labor practice weeks. To improve the response rate and effectiveness, an anonymous approach was used to ensure that the questionnaire was concise and clear. A comparative survey of 2,000 students described their growth trajectory and the role of the five-degree evaluation method.

2.2 Interview method

The interviews were conducted to understand the views, evaluations and suggestions of students, teachers and parents on the five-degree evaluation method. Respondents were carefully selected, and interviews were semi-structured with a focus on method implementation, student experience, faculty strategy adjustment, and parents' expectations. Open-ended questions encourage respondents to share their ideas and specific cases, providing first-hand information.

2.3 The method of participatory observation

Participatory observations allow researchers to directly observe and record actual student performance during the labor practice week. The researchers were immersed in student labor practice, noting work attitude, partnerships, problem solving process, labor outcomes, emotional changes, enthusiasm, and teamwork. This observation provides an intuitive understanding of the practical application of the five-degree evaluation method and the immediate and long-term responses of students.

3. Research progress and discussion

This study deeply analyzes and evaluates the effect of the application of the five-degree evaluation method in the “labor practice week”, and draws a series of concise and profound conclusions. The five-degree evaluation method, with its unique multi-dimensional evaluation system, successfully guides people.

4. Study dings and discussion

After an in-depth analysis and evaluation of the application effect of the five-degree evaluation method in the “Labor Practice Week” in M universities, this study draws a series of concise and profound conclusions. The five-degree evaluation method, with its unique multi-dimensional evaluation system, successfully guides the students from the surface labor action to the deep value internalization, and significantly improves the students’ labor spirit.

First of all, the improvement of the recognition of labor concept proves the effectiveness of the five-degree evaluation method in shaping students’ correct labor concept. By participating in labor practice, students not only enhance their understanding of the value of labor, but also internalize the concept of respecting labor and cherishing the fruits of labor in their hearts, reflecting the far-reaching influence of labor education.

Secondly, the significant improvement of the labor ability shows the actual effect of the five degree evaluation method in skill training. In the diversified labor practice, students have not only learned specific operation skills, but also exercised the ability to solve problems and make innovative thinking, which has laid a solid foundation for their future career.

Moreover, the improvement of labor spirit abundance reflects the important role of the five-degree evaluation method in the spiritual level. Students have cultivated the spirit of perseverance, unity and cooperation in their labor. These spiritual wealth will accompany them throughout their life and become their inexhaustible power in the face of challenges.

In addition, the enhancement of the durability of labor habits shows the effectiveness of the five-degree evaluation method in habit formation. Students continue the good habits in the labor practice week into their daily life, forming a stable life attitude and behavior pattern, which will help them to play a positive role in labor in their future study and work.

Finally, the improvement of labor quality conversion degree is one of the most remarkable results of the five-degree evaluation method. The excellent qualities of integrity, responsibility and cooperation in labor practice have not only been recognized in the school, but also reflected in the family and society, laying a solid foundation for them to become useful talents in the society.

It is found that the five-degree evaluation method can effectively promote students’ transformation from action participation to value internalization. In labor practice, students not only improve their skills, but more importantly, their labor concept has been strengthened, the spirit of labor has been enriched, and labor habits have been gradually formed and reflected in daily life and study.

5. Conclusion

The application of the five-degree evaluation method in cultivating the students’ spirit of labor has a remarkable effect. Through diversified evaluation dimensions, the evaluation method promotes the change of students’ labor concept, the improvement of labor ability, the cultivation of labor spirit, the formation of labor habits and the transformation of labor quality. In the future, we should further optimize the implementation strategy of the five-degree evaluation method, strengthen the systematic and long-term effect of labor education, and make greater contributions to the training of all-developed socialist builders and successors.

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About the author:

Xiangfu Li(1985.1-), male, Han nationality, Anqiu, Shandong, postgraduate, Taishan lecturer, research direction: ideological and political education, labor education;

Wei Wu (1984.12-), female, Han nationality, Shandong Jinan, doctoral student, lecturer, Taishan School of Marxism, research direction, college students, ideological and political education.