

An Analysis of College English Reading Teaching Practice from the Perspective of Core Literacy

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Abstract: With the development of economy, English has gradually become a universal language in the world. College English reading is an important means to improve English level, and its position in college can not be ignored. Core literacy is a very valuable concept in contemporary teaching, which requires the all-round development of people as the goal, including knowledge, skills, emotional attitudes and other abilities. Integrating the core quality into the English reading class can effectively improve students' reading ability and improve their overall quality.

Keywords: Core literacy; College English; Reading teaching

In recent years, the study of college English reading in our country has achieved fruitful results, and it is beneficial to discuss it. In the past English classroom, teachers only pay attention to the knowledge of words, grammar and so on, but ignore the cultivation of students' English application ability. The English reading course based on core literacy aims to improve students' overall quality, and aims to enhance their reading ability, critical thinking and cross-cultural communication ability. Through the analysis of its content and requirements, it can provide a theoretical basis for college English classroom teaching, so as to better meet learners' learning needs and development rules.

1. Introduce a variety of reading materials to enrich students' extracurricular reading

It is a very important task to introduce various forms of text materials into college English classes. This can not only broaden students' knowledge, but also improve their vocabulary and stimulate their enthusiasm for learning. In Chinese teaching, teachers should pay attention to the grasp of the content of the textbook and choose the appropriate reading materials.

For example, in English teaching, teachers can recommend to their students a work with characteristics of The Times and a multicultural background, such as *The Kite Runner*. This work takes the changes in Afghanistan as the main line, narrating Amir's growth process in the war, involving family, friendship and love. Through reading this book, students can have a deeper understanding of the history and culture of Afghanistan, and also experience the collision and integration of various cultures. In addition, the deep ideological background contained in the works can also trigger students to ponder, such as about humanity, family and friendship. On this basis, through group discussion, sharing reading experience and other ways to improve the efficiency of English learning. Teachers should also encourage students to choose their favorite reading materials according to their own interests and share them with other students in class. This personalized reading teaching mode can stimulate students' learning interest and enthusiasm.

2. Create real reading situations to stimulate students' learning motivation

It is an effective English reading teaching method to construct a reading situation that accords with the actual situation. The English reading class is connected with real life, so that students can learn in the process of solving problems and improve their learning enthusiasm. In such a situation, students can not only improve their English reading level, but also cultivate their teamwork spirit, information collection ability and analytical thinking ability.

Taking a college English reading class as an example, suppose the teacher chooses a topic that is of great concern today: environmental protection and sustainable development. The teacher divided the students into groups and assigned each group a sub-topic, such as "climate change impact", "renewable energy use", "green action" and so on. Then, each group combined their

own research topics, through news reports, academic papers, government documents and other relevant materials, to conduct a comprehensive analysis of the current situation, challenges and solutions to the current problems. In this process, students need to pay attention to the similarities and differences and connections between different viewpoints, and develop critical thinking. Finally, each group presents their research results to the class in the form of a report or multimedia presentation, and receives questions and suggestions from other groups. In this way, students not only gain a deeper understanding and grasp of the reading material, but also develop practical problem solving skills, teamwork spirit and critical thinking. Students read, think and express in real situations, and participate in reading activities with strong initiative to enhance reading motivation and interest.

3. Strengthen the cultivation of reading skills to improve students' reading level

In order to improve the English level, we must strengthen the cultivation of English reading skills and let students master a set of effective learning methods. Prediction, skimming, seeking and guessing are important means to improve English reading level. At the same time, the mastery and application of skills also need to be consolidated and improved after many times of practice.

Take an English reading material about "The impact of AI on employment" as an example, teachers can predict the topic that the article may cover by guiding students to observe the title, illustrations, etc. Students might infer from the title that the article will explore how AI will affect the future job market, while the accompanying images might show some scenarios in which AI interacts with different career fields. On this basis, students read with predictions to increase their attention to the content of the text. Skimming and scanning are the key skills to help students get the information quickly. Skimming requires students to scan the passage quickly and grasp the general idea and main points of the passage; Scanning, on the other hand, requires students to quickly find relevant content in a text based on a specific question or information need.

4. Pay attention to the training of thinking quality and improve students' judgment ability

In the English reading class, paying attention to the training of students' thinking quality, especially the cultivation of critical thinking, is an important link to improve their overall reading level. This requires students not only to have a superficial understanding of what they have read, but also to think deeply, form their own opinions, and use rational reasoning and arguments to confirm or deny the ideas in the text.

Taking an English reading material that explores the relationship between social media and adolescent mental health as an example, teachers can guide students to think about the following questions: What positive or negative effects do you think social media has on adolescent mental health? How does the author argue his point? Are the arguments presented sound and reasonable? Through these questions, students are guided to think deeply about the content of the article and improve their judgment ability. In the classroom, teachers foster an open and inclusive atmosphere in which students are encouraged to express their views, ask questions, and debate. This kind of interactive teaching can stimulate students' thinking activity and encourage them to think deeply about problems.

5. Integrate into cross-cultural education to enhance cultural awareness

To integrate cross-cultural education into English reading class and enhance students' cultural accomplishment is the key to cultivate talents with international vision and cross-cultural communication ability. This not only helps improve students' reading comprehension, but also helps them adapt to different cultural environments.

Taking an English reading material about "Differences between Chinese and Western cultures" as an example, teachers can help students understand the values and norms of behavior under different cultural backgrounds by comparing and analyzing the differences between Chinese and Western family concepts, social etiquette and food culture. Through comparison and analysis, students can have a deeper understanding of the similarities and differences between Chinese and Western cultures and enhance their cultural sensitivity. At the same time, guide students to form an open and inclusive cultural attitude. In English learning, it is necessary to view and understand problems from multiple angles and improve cross-cultural communication ability. In the above cases, teachers can organize students to have a group discussion to share their understanding and views on the differences between Chinese and Western cultures. Through discussion and exchange, students can gradually become aware of the diversity and complexity of cultures and learn to respect and appreciate different cultures.

6. Give full play to the advantages of informatization and optimize classroom teaching

In today's society, information technology plays an increasingly important role in English reading teaching. The use of modern information technology means can greatly enrich the teaching means, optimize the content and form of reading teaching, so as to

stimulate students' learning interest and enthusiasm, and improve their independent learning ability.

Taking the English reading class with the theme of "environmental protection" as an example, teachers can use multimedia technology to make exquisite courseware, visually show the seriousness of environmental problems through pictures, videos and other multimedia elements, and enhance students' environmental awareness. At the same time, teachers can use the network platform to provide students with rich online resources, such as electronic books, academic journals, news reports, etc., to help students broaden their reading horizons and obtain more information. In addition, teachers can also use the network platform for teacher-student interaction and student-student interaction. Through online discussion, Q&A and other ways, teachers can timely answer students' questions, understand students' learning situation and adjust teaching strategies.

Concluding remarks:

In short, the teaching of English reading based on core literacy is of great significance for improving students' overall quality and enhancing their cross-cultural cognition and international vision. In the future education practice, we should further deepen the understanding and application of the core quality, actively explore the reform of teaching methods and methods, and make contributions to the cultivation of high-quality talents with international competitiveness.

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