

Research on the Current Situation and Reform Strategy of Ideological and Political Courses Penetrating Labor Education in Colleges and Universities from the Perspective of “Five Education Simultaneously”

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Abstract: Under the guidance of the educational concept of “five education simultaneously”, ideological and political courses in colleges and universities shoulder important responsibilities in the process of cultivating students’ all-round development of morality, intelligence, physique, America and labor. This paper aims to analyze the current situation of ideological and political courses penetrating labor education in colleges and universities, explore the existing problems, and put forward specific reform strategies. Through optimizing curriculum design, innovating teaching methods, increasing the allocation of teaching resources, improving students’ participation and improving the evaluation system, we strive to realize the effective implementation of labor education, cultivate students’ labor concept and practical ability, and promote the improvement of their comprehensive quality.

Keywords: Simultaneous development of five children; Ideological and political lessons; Labor education; Moral; Intellectual and physical beauty; Value

1. Introduction

Under the background of educational reform in the new era, “five education simultaneously” has become an important idea to improve students’ comprehensive quality. The five aspects of moral education, intellectual education, physical education, aesthetic education and labor education together constitute an all-round development of the education system^[1]. As an important position for students to receive ideological and political education, ideological and political courses in colleges and universities undertake the important task of cultivating students’ all-round development of morality, intelligence, physical fitness, the United States and labor under the vision of “five education simultaneously”. In the education of moral education, intellectual education, physical education, aesthetic education and labor education, labor education helps students establish correct labor concepts, form good labor habits, and enhance their practical ability and innovative spirit, which also makes it a key educational direction in the current education field^[2]. At present, ideological and political courses in colleges and universities have achieved certain results in penetrating labor education, but they are inevitably faced with some problems in practice. This paper aims to analyze the current situation of ideological and political courses penetrating labor education in colleges and universities from the perspective of “five education simultaneously”, explore the existing problems, and propose feasible reform strategies, in order to provide theoretical basis and practical guidance for the in-depth implementation of labor education in colleges and universities.

2. Current situation of ideological and political courses penetrating labor education in colleges and universities from the perspective of “five education simultaneously”

“Five education simultaneously” refers to the joint promotion of moral education, intellectual education, physical education, aesthetic education and labor education in five aspects, the purpose of which is to realize the all-round development of students. Among them, moral education focuses on the cultivation of ideology, morality and values, intellectual education focuses on the imparting of knowledge and skills, physical education emphasizes the improvement of physical quality and athletic ability, aesthetic education

focuses on the cultivation of aesthetic taste and creativity, and labor education aims at cultivating students' correct labor concepts and practical ability^[3]. These five are both independent and interrelated, and jointly promote the all-round development of students' morality, intelligence, physical beauty and labor. In the learning career of college students, ideological and political course has always been the main position of ideological and political education, which undertakes the important task of cultivating students' correct world outlook, outlook on life and values^[4]. Under the vision of "five education simultaneously", ideological and political courses should integrate moral education, aesthetic education, physical education and labor education on the basis of imparting theoretical knowledge, so as to comprehensively improve students' comprehensive quality. Especially for labor education, ideological and political courses have unique advantages and responsibilities. Labor education can enhance students' practical ability and innovative spirit, and help them establish correct labor concepts and values. Integrating labor education into ideological and political lessons can help cultivate students' sense of responsibility, spirit of cooperation and practical ability, and promote their all-round development^[5]. Moreover, labor education can also help students understand the social value and personal significance of labor, and stimulate their struggle spirit and service consciousness.

At present, ideological and political courses in colleges and universities have taken various forms in penetrating labor education. In terms of course content, many universities have incorporated labor education into the ideological and political course teaching syllabus, based on the combination of theoretical teaching and practical activities, to help students understand the importance of labor. In terms of teaching methods, teachers try to use case teaching, project teaching, practical activities and other diversified methods, so that students can participate in labor practice and experience the value of labor while learning theory. Moreover, some colleges and universities also use winter and summer social practice activities to organize students to participate in community service and volunteer activities to further strengthen the implementation of labor education. Although ideological and political courses in colleges and universities have achieved certain results in penetrating labor education, the actual results are uneven. In some specific cases and survey data, it can be found that the labor education activities in some colleges and universities are diverse in forms, rich in content, high participation of students, and remarkable results. However, there are some problems in the implementation of labor education in some colleges and universities, which are mainly concentrated in the following aspects:

First, the curriculum design is unreasonable, labor education content and ideological and political theory teaching is not closely combined, lack of systematic and practical.

Second, the shortage of teaching resources, including teachers, teaching materials and practice places, is difficult to meet the needs of labor education.

Third, students' participation is not high, some students do not know enough about labor education, and their enthusiasm for participation is not high.

Fourth, the evaluation system is not perfect, lack of scientific evaluation of the effect of labor education, it is difficult to form an effective feedback and improvement mechanism.

The existence of these problems and challenges hinders the deep implementation of labor education in ideological and political courses in colleges and universities, and affects the cultivation of students' overall quality. Therefore, it is particularly important to put forward feasible reform strategies for these problems.

3. Research on specific reform strategies

3.1 Course design optimization

In order to integrate the content of labor education into the ideological and political courses of colleges and universities, the first and foremost need to optimize the course design in time. According to students' cognitive characteristics and growth laws, colleges and universities should organically combine labor education with ideological and political theories, design more diversified practical activities, and enhance the practicality and interest of courses. For example, we can add special modules of labor education in ideological and political courses, covering labor concepts, labor laws and regulations, and labor spirit. At the same time, it combines specific social practice activities such as community service and campus labor, so that students can deeply understand the meaning and value of labor in actual operation.

3.2 Innovation of teaching methods

In terms of teaching methods, colleges and universities should adopt a variety of teaching methods to improve students' participation and learning effect. Innovative teaching methods such as case teaching method and project teaching method can be used to improve the teaching effect of students. The case teaching method helps students to understand the practical significance of labor education with concrete labor practice cases. The project teaching principle allows students to personally participate in labor projects

and gain knowledge and skills from them. In addition, we can also use discussion, debate and other interactive teaching methods to stimulate students' learning interest and enthusiasm in the teaching process. Teachers can organize students to debate on labor values and use the process of debate to deepen students' knowledge and understanding of labor education.

3.3 Allocation of teaching resources

Increasing the teaching resources of labor education can further ensure the smooth implementation of teaching process. In this process, it is necessary to strengthen the training of teachers and enhance their awareness and ability of labor education. It may be considered to exchange advanced ideas and practical experience in labor education through regular training courses and seminars for teachers. At the same time, concentrate resources to compile labor education textbooks suitable for ideological and political courses in colleges and universities, and enrich the teaching content and form. Finally, it is necessary to improve relevant teaching facilities and provide more places for labor education practice, such as laboratories and training bases, so that students have ample opportunities to participate in labor practice.

3.4 Increase student engagement

Improving students' participation is an important guarantee for the effectiveness of labor education, and also the basis for students to receive education. Through improving teaching methods, such as case teaching, project teaching and other measures, students' participation enthusiasm can be effectively improved. And on this basis, should provide practical operation and experience opportunities for students to learn in practice. Colleges and universities can organize students to participate in campus greening, community service, volunteer activities, etc., so that they can experience the value and significance of labor in actual work. And we can set up a labor education scholarship or commendation system in the form of awards to encourage students to actively participate in labor education activities.

4. Concluding Remarks

Under the vision of "five education simultaneously", the implementation of ideological and political courses in colleges and universities shows its important position and role in the overall quality training of students. Although there are still many problems in course design, teaching resources, student participation and evaluation system, the quality and effect of labor education can be effectively improved under the reform strategy based on science. Optimizing curriculum design, innovating teaching methods, strengthening the allocation of teaching resources, improving students' participation and improving the evaluation system are the key ways to promote the in-depth implementation of labor education. As an important part of students' comprehensive quality training, labor education is also an inevitable requirement of educational reform in the new era. Based on systematic and comprehensive labor education, it will help students establish correct labor concepts, enhance labor skills, and cultivate their sense of responsibility, spirit of cooperation and practical ability. Future research should further explore the implementation effect of labor education in different types of colleges and universities, provide more abundant and detailed practical guidance combined with more actual cases, and contribute to the comprehensive promotion of labor education in ideological and political courses in colleges and universities.

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