

Ways and Strategies to Improve College Students' English Learning Motivation from the Perspective of Teacher Support

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Abstract: Teacher support refers to the psychological, emotional and behavioral support provided by teachers for students in the teaching process, which is intended to stimulate students' learning motivation and enhance their learning enthusiasm and effectiveness. This paper explains the necessity of providing teaching support to college students in English teaching, and analyzes the ways and strategies to improve college students' English learning motivation.

Keywords: Teacher support; College students; English learning motivation; Approach and strategy

At the present stage, some college students have some problems in the process of English learning, such as inactive learning attitude and poor learning effectiveness. Reasonable support for college English teachers is conducive to improving students' learning enthusiasm and effectiveness. However, some college English teachers fail to provide students with necessary support in teaching, leading to poor teaching effectiveness. In this context, it is of positive significance to explore the motivation of teacher support in improving students' English learning motivation and analyze how to improve college students' English learning motivation.

1. The necessity of providing teaching support for students in college English teaching

1.1 Provide encouragement and support to stimulate their interest in learning

Some college students' lack of learning motivation is related to their lack of confidence in English learning. English language is not often used in most areas of China, and English language context is lacking. Therefore, most college students' English language cognitive development level and English learning ability are limited, and there are certain difficulties in English learning and it is difficult to feel a sense of accomplishment in English learning. At this time, if the teacher can provide some encouragement and support for the students in the teaching, affirm and praise the students' English learning ability or their English accomplishment at a certain stage, so that the students can have a sense of accomplishment and pleasure in English learning and enhance their self-confidence in English learning, which can effectively stimulate the enthusiasm of students in English learning.

1.2 Provide emotional support to cultivate students' healthy emotional attitude

Students' emotional attitude accomplishment has a great impact on their motivation for independent learning. Generally speaking, students' emotional positivity is proportional to their learning positivity. College English teachers provide emotional support for students in English teaching, which is conducive to cultivating students' healthy emotional attitude and stimulating their enthusiasm for independent learning. For example, teachers pay attention to students' emotional needs in classroom teaching, fully interact with students, give encouragement to students in a depressed state, and encourage students to maintain good emotions, emotional states and positive learning attitudes. In this way, it can not only establish a friendly and harmonious relationship between teachers and students, but also stimulate the motivation of students' independent learning.

1.3 Provide learning strategy guidance to strengthen students' learning ability

College English teachers provide students with learning strategy guidance and support in English teaching, which is conducive to strengthening students' learning ability. The English subject is composed of words, grammar, sentences, discourse, etc. Some students

fail to grasp the correct learning logic or learning method in English learning, resulting in insufficient vocabulary, unreliable sentence knowledge, and insufficient sentence and discourse analysis and application ability, which will lead to poor learning effectiveness of students, resulting in the loss of students' learning interest. By providing students with learning strategy guidance, teachers can gradually make students understand the effective learning sequence and learning methods, and carry out cooperative learning and mutual communication with classmates, so that students can master more interesting and effective learning methods, strengthen students' learning ability, and stimulate students' motivation for independent learning.

1.4 Provide innovative support to encourage students to learn

As the saying goes, you will not enjoy learning until you see interest. English teachers in colleges and universities provide innovative support for students in English teaching, which helps students to experience the fun of English learning, fall in love with English learning, and consciously explore and apply English knowledge. For example, teachers apply multimedia teaching, situational teaching, MOOC teaching and other innovative teaching modes in English teaching. Under such innovative teaching mode, students can experience the fun of English learning, master more English knowledge and skills, fully apply English knowledge in class, gain both fun and ability, and naturally learn to enjoy learning. Autonomous learning motivation has been effectively improved.

2. Ways and strategies to improve college students' English learning motivation

2.1 Motivate students to learn with encouragement and support

Some college students' lack of learning motivation in classroom learning is related to their lack of learning confidence. In order to strengthen students' learning confidence and stimulate students' learning motivation, teachers can provide students with appropriate encouragement and support. First of all, teachers can set a relatively easy goal for students in the classroom teaching process, so that students can easily complete the goal. After students complete the classroom goal, teachers can give students some encouragement and affirmation, so that students can feel a sense of achievement in English learning and form self-confidence in English learning. As a result, I devote myself to English learning enthusiastically and spontaneously.

2.2 Use emotional support to motivate students

A good class atmosphere and good teacher-student relationship are conducive to stimulating students' learning motivation. Therefore, college English teachers need to provide students with certain emotional support, establish a good teacher-student relationship with students, form a good class atmosphere, enhance students' sense of security and relaxation in the class, and encourage students to mobilize their whole body sensory organs to participate in English learning. Encourage them to actively interact with teachers and classmates in English learning, and encourage them to actively study and explore deeply in English learning, so as to improve the effectiveness of their English learning.

Usually, each class in colleges and universities includes more than 50 students, so it is difficult for English teachers to get to know all students in a short time, but teachers can first show that they treat all students equally and express their care and expectations for all students. For example, the teacher can carry out the emotional care class meeting in the first class of the freshman year. In the class meeting, the teacher can explain to the students that every student is a material in their eyes, every student can learn English well, and express their hope that the students can learn something in English learning. In this way, the students can understand that the teacher has absolute confidence in themselves, so as to enhance their self-confidence. Secondly, teachers can take the initiative to strengthen communication with students, appropriately raise questions or topics that students are interested in in classroom teaching, and discuss the topic with students. In this way, students can understand that they have a lot of common language with teachers, and the relationship between teachers and students can be invisibly reduced. In addition, teachers should also pay more attention to the difficulties encountered by students in English learning and in life, patiently solve students, try their best to help students solve problems, so that students feel the care from teachers, and form a deep friendship between teachers and students. In this way, students can actively devote themselves to English learning and inquiry on the basis of good teacher-student relationship and class atmosphere, sufficient self-confidence and understanding of teachers' expectations.

2.3 Provide learning support to motivate students

Students' English learning ability is closely related to their learning motivation. Therefore, college English teachers can provide students with learning support in classroom teaching, gradually cultivate students' English learning ability, stimulate students' learning motivation, and encourage students to take the initiative to learn. For example, teachers can take the form of question guidance, task guidance or group co-learning in English teaching to guide students to conduct independent discussion and deep learning in class. Before English classroom teaching, teachers can analyze the teaching content in a comprehensive and profound way, extract

the key knowledge points, integrate these knowledge points into problems or tasks, and throw the problems or tasks to students in class. Students can take the initiative to observe and analyze the problems or tasks in the form of solving problems independently or cooperatively, so as to learn and apply English knowledge. In addition, students can solve problems successfully with the help of the accumulated experience and ability and the knowledge gained in the class. In this process, students' learning ability can be effectively improved and a good sense of learning experience can be obtained, which is conducive to stimulating students' motivation of independent learning.

2.4 Stimulate students' learning motivation with innovative support

Innovation is the first driving force. College English teachers adopt innovative teaching mode to carry out teaching in classroom teaching, encourage students to get more innovative knowledge in the new teaching mode, adopt innovative ways to learn, and cultivate students' innovative consciousness and creative ability, which is conducive to stimulating students' learning motivation. Therefore, college English teachers should appropriately provide innovative support for students. For example, teachers can use multimedia equipment to infiltrate the discussions between China and the West on the same social hot topics into classroom teaching, and use visual forms to make students understand the differences between Chinese and Western cultures and strengthen their cultural difference literacy. Teachers can also guide students to create situational stories on the basis of textbook texts, and guide students to play the role in the situational stories. In this way, a good context can be created in class, and students can freely use English to communicate in the context. Teachers can also point out the deficiencies of students' oral expression in time, and urge students to improve their English expression level in time. In addition, teachers can also try to build MOOCs forums, use their spare time to encourage students to learn online and provide online guidance to students. The above innovative teaching support can enable students to participate in English learning through diversified channels and learning methods, which is conducive to strengthening students' learning interest and stimulating students' learning motivation.

3. Conclusion

Teacher support is an important prerequisite for enhancing students' learning confidence and stimulating students' initiative in independent learning. College English teachers can try to stimulate students' learning interest and motivation through encouragement, emotional support, learning support and innovation support and other approaches and strategies to improve the effectiveness of students' English learning.

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