



# Enlightenment of College English Test Band Four on College English Teaching Reform

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Projects: The Backwash Effect of CET-4 on College English Teaching in New Application-Oriented Universities

**Abstract:** Colleges and universities will serve the purpose of cultivating high-quality talents for the society to promote its vigorous development. The quality of teaching effectiveness will greatly affect the quality of talents. In order to ensure the efficient development of classroom teaching activities, teachers need to actively explore reform approaches, deepen teaching reform work, and build high-quality English classrooms. This paper mainly analyzes the test of English CET-4 and explores the ways in which college English classroom reform work can improve the performance of CET-4 in order to achieve the purpose of promoting the vigorous development of higher English education in China in the future.

Keywords: University English; Level Four Exam; Teaching Reform; Way

CET-4 (University English Test Level 4) is the authoritative test for testing the English level of colleges and universities in China at this stage. The test is mainly for undergraduates, college students and graduate students. Testing to point the way for the reform and development of the education system. The CET-4 is gradually integrated with the education reform work in terms of evaluation indicators, test content and question form. Therefore, when carrying out classroom teaching activities, teachers can analyze the students' grade 4 test results to find the problems and weak links that students encountered during the learning process, and complete the improvement of the teaching plan in a more targeted manner, thereby effectively improving In the process of student learning quality, better teaching activities are promoted.

#### 1. Overview of college English test band 4

CET-4, which was formally implemented in 1987 and is hosted by the Department of Higher Education of the Ministry of Education, is designed to investigate the true English ability of students in colleges and universities, so as to ensure the accurate implementation of the syllabus, Improve the quality of teaching services. The four types of questions in English include writing (15%), listening comprehension (35%), reading comprehension (35%), and translation (15%. The test duration is a total of 2 hours and 10 minutes. From the perspective of the proportion of question types, college English The CET-4 hopes that students can change their outdated test thinking through the study of English knowledge, and can apply the knowledge they have learned to actual communicative activities. Therefore, the overall test content also focuses more on the examination of students' communicative application ability. For example, subjective The improvement of the question scores puts higher requirements on students' subjective comprehension ability, listening and speaking ability, written expression ability and reading ability, and hopes that through the investigation of students' comprehensive use ability, they can more realistically identify students' actual English Applying abilities to point the way for teaching reform. At the same time, many types of questions in the Level 4 exam are gradually matched with TOEFL and IELTS. At the same time that the current University Level 4 English exam is gradually connected with the international test, students are also required to In daily life, increase the emphasis on English knowledge, and ensure that you have a level 4 in English by improving your practical skills Try to better enhance performance.

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# 2. Implementation methods of college English classroom reform work combined with grade four test results

# 2.1 Innovate teaching concepts

Many English classroom teaching methods still focus on teachers. In this one-way learning environment, college students who are very active in thinking are not only difficult to stimulate the enthusiasm for learning, but also difficult to achieve good results in a passive state of learning. At the current stage of the Level 4 English test, more attention is paid to the students' basic English ability in writing, listening, reading, and translating in the creation of real language situations, so as to guide students to exercise their application and understanding skills in real language situations. Therefore, the essence of CET-4 is a test of students' comprehensive ability. This requires teachers to innovate teaching concepts and abandon the backward single teaching method. When developing classroom teaching activities, in addition to passing theoretical knowledge to students, they also need to focus on training students' listening, speaking, reading, writing, and translation skills. And through analyzing the students' grade 4 test results and finding their weak links, we can ensure the real improvement of teaching quality in the process of more targeted and perfect teaching plans.

#### 2.2 Plan the teaching focus

Due to the impact of the test environment, many teachers pay more attention to the intensive reading of English as the teaching focus when designing teaching plans, resulting in translation teaching and listening teaching not being given the corresponding attention. Moreover, many teachers attach too much importance to guiding students to accumulate a large amount of vocabulary and grammar, and encourage them to quickly learn the structure of the text. Therefore, under the serious neglect of students' listening, speaking, and translation skills, It is always difficult for students to improve their grade 4 exams. This requires teachers to be able to reasonably plan the teaching focus, according to the weak links of students, to arrange the teaching content in a targeted manner, while increasing the proportion of listening and translation teaching, create a more realistic environment, so that students can exercise their own language In the process of communicative competence, better development is achieved, thereby ensuring the rapid improvement of the English test level.

# 2.3 Changing teaching methods

Listening surveys in Level 4 examinations have always been difficult problems for many students to break through. Due to the lack of a good situational atmosphere in traditional classroom teaching, it is difficult for students to effectively improve their listening ability, which results in the unsatisfactory performance of the Level 4 exam. The rapid advent of the Internet era has brought more and more emerging technologies into real life and brought new vitality to various industries. Therefore, teachers need to pay close attention to modern teaching technology. By changing their traditional teaching methods, they can use a variety of video resources and video materials in teaching activities when developing classroom teaching. In this way, with the help of various emerging technologies, not only can teachers better create a real English learning environment for students, but also better motivate students to participate in the learning of English knowledge, and in a more real environment, through language The influence of the atmosphere achieves the purpose of improving one's language expression ability and listening.

## 3. Conclusion

The in-depth implementation of the education reform process has made people pay more attention to the effectiveness of education reform. Higher education is an important stage of talent cultivation that sends talents to the society. The quality of teaching effectiveness can greatly affect the quality of talents. This requires college English teachers, who can be guided by the concept of education reform, through in-depth analysis of students' English test scores and specific strategies to find innovative teaching methods in combination with the actual situation, in order to fully mobilize students' motivation to learn English To ensure the double improvement of classroom quality and teaching effectiveness.

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