

Analysis of the Educational Guidance Methods of Discipline-violating Students in Colleges and Universities

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Abstract: In college management, education guidance for students who violate disciplines is an important content of student management. For students who violate discipline, the management is mainly education guidance. This is of great significance for maintaining the overall order of campus student management and promoting the overall trend of good culture. This paper investigates anonymously the students in five universities with the survey sample of 3605, in order to fully understand the current situation of the knowledge, affection, intention and behavior of the students in the new era. Through investigation and analysis, it aims at studying the main causes of students' disciplinary problems, and explore effective methods for colleges to guide troublesome students.

Keywords: Colleges and Universities; Troublesome Students; Educational guidance; Methods

Student disciplinary violation is a common phenomenon in college management. In fact, student disciplinary violation also has many influencing factors. Through effective education and guidance, most college students can effectively abide by the school-level class rules and obey the relevant management system of the school. Effective education and guidance of students who violate disciplines can also encourage students to correct their previous misbehaviors, adjust their learning and living conditions, and build a harmonious campus.

1. The main influencing factors for college students to violate discipline

1.1 School education factors

According to the statistics of the questionnaire survey, the work of the sample school organizing the new study of the student manual is shown in Table 1 below:

Table 1. Whether your class has organized the learning of disciplinary and disciplinary punishment in the student manual (frequency = 3605)

Option	Frequency	Percentage
Regularly organize learning, and regularly interpret the relevant regulations of university students' violations and disciplines, etc.	1703	47.24
Occasionally organize learning, but do not have a deep understanding of violations and disciplines	1731	48.02
No organized study, completely unclear about violations and disciplines	171	4.74

It can be seen that in the sample schools, the proportion of often organizing students to study the contents of the college student handbook and related violation regulations is about 47%. About 48% of colleges and universities rarely organize students to learn these contents, resulting in the consequences of violating rules and disciplines are unclear for students. Nearly 5% of colleges and universities never organize students to learn relevant content, which is not taken

seriously. In the investigation, some students said that they did not have a high level of knowledge about school-related violations and disciplines, did not understand the rules and regulations of some schools, and even did not know when some violations and disciplines occurred. Education is one of the key factors affecting the frequency of college students' violation of discipline. In the investigation, it was found that those colleges that regularly organize students to carry out school-level class rules and discipline violations and penalties for learning are significantly less likely to be disciplined than those that do not pay much attention to it. Education has a positive effect on promoting the reduction of discipline violations.

1.2 External environmental factors

As shown in Table 2 below, it is the main source of resistance that college students believe that they have encountered in complying with rules and regulations:

Table 2. What do you think is the biggest obstacle to compliance with school rules and regulations (frequency = 3605)

Option	Frequency	Percentage
Social and environmental conditions	990	27.46
School environment	2407	66.77
Family education	208	5.77

As can be seen from the table, among the four main influencing factors, the school campus atmosphere is the most important influencing factor. This factor has a direct impact on whether college students can effectively abide by school discipline rules, followed by social environmental factors and family education. It can be seen that the external space factors of the survival and development of college students have a greater impact on the compliance of college students with their behaviors. Generally, college students have a good external growth environment. Schools, families, and society can provide them with healthy and upward learning. Under the atmosphere, college students can develop good behavior habits, so that they can better manage their own behavior and emotions, and show a relatively high level of literacy.

1.3 Self-cognitive factors

As shown in Table 3 below, it is the university students' own understanding of the factors that influence their own behavior:

Table 3. What factors do you think will affect your violation of rules and discipline? (Multiple choices) (frequency = 3605)

Option	Frequency	Percentage
Knowledge Literacy	2330	16.36
Moral quality	2582	18.13
Interpersonal relationship	2452	17.22
Responsibility	2369	16.64
Attitude to life	2567	18.03
Others	1938	13.61

It can be seen that college students generally believe that whether they can abide by the school discipline rules and regulations in the school, and not violate the rules and disciplines, mainly depends on their own quality. Among these quality factors, students' moral qualities and life attitudes, Interpersonal communication, responsibility, knowledge literacy, etc. are the main influencing factors. If the scores of related factors are relatively high, then the probability of violations in the daily study and life of college students is lower, and their learning results are more ideal.

2. The countermeasures for the effective education and guidance of colleges and universities against students' violations of rules and disciplines

2.1 Organize and study the "Student Handbook" for freshmen to enhance students' self-awareness

In colleges and universities, the formulation of the student handbook is to regulate the daily behavior of the students in the

school, maintain the normal order of education and life in the school, protect the lawful rights and interests of the students, and promote the comprehensive development of students' ethics, intelligence, body, beauty and labor. In this regard, after college students enter the campus, colleges and universities should promptly organize them to carry out the Student Handbook learning, and emphasizes the student safety management regulations, dormitory management regulations, student attendance management regulations, student disciplinary punishment regulations, student comprehensive quality assessment, and other relevant regulations. The school should also ask students to use the relevant provisions in the "Student Handbook" to regulate their own behavior and be a university student with standardized behavior. Schools and counselors can strengthen the explanation of the importance and significance of studying the "Student Handbook", aiming to let students understand the important help of the "Student Handbook" for strictly demanding themselves and enhancing their management ability and discipline awareness. It is hoped that through effective learning, college students will adapt to the rules and regulations of the school as soon as possible, strengthen the management and restraint of themselves, cherish the good times in the next four years, and actively spend a splendid university life.

2.2 Create a good environment and cultivate good habits

In order to abide by the school discipline rules and regulations to create a good atmosphere and environment inside and outside the school, college teachers and parents and the society should actively practice the basic literacy of citizens and set an example in the daily life and life of college students. The school should focus on creating a good campus and surrounding environment for college students to abide by the laws and regulations, actively build a normative and high-quality campus cultural environment and atmosphere, eliminate Internet cafes, game rooms, KTV and other entertainment venues around the campus, promote socialist core values, and promote college students better abide by school discipline rules.

2.3 Enhance students' awareness, pay attention to the cultivation of college students' quality

In response to current university students' violating behaviors, colleges and universities should pay attention to them so that they can recognize the harmful effects of their violations and disciplines, and make sure that the occurrence of some violations will have an adverse impact on their life-long development. Therefore, students can stay vigilant and do well in self-behavior and action management and always be a civilized, polite, qualified, and self-cultivated citizen. In the education of college students, we must pay attention to promoting quality education, and actively guide and guide students with the core values of socialism. They should accept the cultivation of correct ideas and values, and avoid wrong orientation, especially for college students who regularly violate regulations and disciplines in colleges and universities. The school should pay attention to them, clarify the main causes of violations and disciplines of college students, and intervene in their bad behaviors and habits in time to help them truly recognize their mistakes, so as to quickly correct and avoid commit again.

In this regard, in the daily management of college students, counselors should play an active guiding role, help them establish lofty ideals and beliefs, cultivate their good behavior habits and literacy, and educate college students to abide by the discipline and the law, and become excellent higher education intellectuals.

3. Conclusion

Colleges and universities should pay attention to the management of college students' disciplinary violations. In actual education management, guidance is the mainstay, and correct thinking and methods are used to guide college students to deal with disciplinary behaviors to ensure that college students abide by school discipline rules and reduce violations.

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