

Analysis on the Strategy of Stage Performance Training in Vocal Music Teaching in Colleges and Universities

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Abstract: For the education of vocal music teaching major in colleges and universities, the cultivation of stage performance ability plays a very important role in the improvement of students' professional quality. Only by obtaining a good foundation of stage performance ability can we mobilize the atmosphere of the scene and arouse the emotional resonance of the audience through vocal performance. When the educational environment changes, a series of changes have taken place in the teaching system and standards of vocal music in colleges and universities. Teachers should fully improve students' stage performance ability and professional quality in vocal music teaching. Next, this paper will analyze the training strategy of stage performance ability in vocal music teaching, hoping to provide valuable reference for the teaching activities of vocal music teachers, and improve the ability and level of vocal music teaching in colleges and universities in China.

Keywords: Vocal Music Teaching; Stage Performance Ability; Training Plan and Strategy

1. Introduction

Vocal music teaching in colleges and universities is mainly divided into two parts: theory and practice, both of which have the same importance in the education system. The focus of classroom theoretical teaching is to transfer theoretical knowledge to students and help them better grasp the skills and contents of their major, while the purpose of practical teaching is to test the teaching results, so that the teachers can find out the problems existing in some aspects of students in practice. It helps to adjust and improve their own teaching methods to help students master vocal music performance better skills, accumulate stage experience and improve students' psychological quality as well as stage performance ability.

2. The importance of developing stage performance ability

2.1 Relieve the psychological pressure of students

Many students are prone to a series of emotional changes in the process of performance. These unstable emotions are easy to bring strong psychological pressure to students and make them feel nervous. If they can not take the initiative to control, the effect of stage performance will be greatly affected. The cultivation of students' stage performance is helpful to improve their psychological quality and make them better adapt to the stage environment, concentrate their attention and improve the performance effect.

2.2 Help students understand the connotation of the works more deeply

The cultivation of students' stage performance ability can help them understand the connotation of the work more deeply, and show it in the process of performance. It can improve the students' recognition of the work from the spiritual and aesthetic

aspects, and pass it on to the audience in the stage performance process, so that both the students and the audience can deeply feel the charm of vocal music performance.

2.3 Stimulate students' interest in learning

In the performance process, the teacher will carry on the very strict training to help the students to extend the skill profoundly, at the same time better protect their own vocal organ and avoid being injured in the long-term diligent training. Generally speaking, students are easy to have differences with teachers in the long-term hard training, which leads to students' weariness and other psychology. Through the training of students' stage performance ability, the above problems can be solved easily. First of all, after mastering the stage performance ability, students can fully understand and master the deep connotation as well as the true information and emotion of the works they perform, so as to help students better understand the words and master the corresponding performance knowledge and skills. In addition, it can fully stimulate students' interest in re-creation and better understand the content of the work.

3. The deficiency of vocal music teaching in colleges and universities

3.1 Lack of stage teaching consciousness

At present, many colleges and universities focus on the training and mastery of students' extending skills, and focus on the cultivation of students' vocal performance ability, ignoring the cultivation of their stage ability and consciousness, which makes the teaching content too rigid. It is difficult to effectively stimulate students' interest in learning with lack of interest in stage performance. Students are easy to be nervous in the performance, and can not fully mobilize the atmosphere on the scene, as the result, the performance quality greatly reduced with inefficient interaction with the audience.

3.2 Weak stage consciousness of students

Students pay less attention to the stage performance ability, so they seldom spend a lot of energy to study and exercise their own stage performance ability. Therefore, in the stage performance, it is easy to appear stiff expression and can not effectively mobilize the scene atmosphere. This problem will lead to adverse reactions of the audience, and negative feedback to students, so that they lose interest in vocal performance on stage.

3.3 Difficult cultivation for stage consciousness

Compared with the training of vocal music skills, stage performance is more difficult for teachers and students. Although many teachers can effectively help students improve their knowledge and skills of vocal music, there is no suitable method to effectively train their stage performance ability. Stage performance has very high requirements for students' professional knowledge and personality. Teachers can help students improve their professional skills, but it is difficult to fundamentally change students' attitude towards stage performance. Therefore, the cultivation of students' stage ability has become a difficult problem in teaching process for teachers.

4. Strategies of stage ability training of vocal music extension skills in colleges and universities

4.1 Innovating teaching contents and methods

To cultivate students' stage ability in vocal music education requires teachers to fully mobilize students' participation and make students participate in the learning process more actively. That is to say, teachers should improve and innovate the traditional teaching mode in the new era, abandon the old teaching methods, and create a relaxed and interesting learning environment for students on the basis of existing conditions, participating in the training process of stage ability with more devotion.

Teachers can ask students simulate the real effect of stage performance in the way of group teaching. For example, let a group perform vocal skills on the stage, and the rest of the group as the audience to appreciate their performance. After the performance of each group, the teacher should carry out a scientific and comprehensive analysis on it, find out the problems and help students try to avoid. By deepening the effect of the training, students can integrate into the interaction of eyes, movements and expressions in the performance process, so as to improve the students' comprehensive stage performance ability.

4.2 Developing stage practice activities

In order to improve students' stage ability quickly and effectively, it is necessary to provide them with a real platform

to help them accumulate experience and improve their stage performance ability. In the process of vocal music teaching, teachers should fully consider their own teaching progress, school teaching conditions and the actual situation of students, comprehensively consider the actual needs of students. According to the actual development of students' stage performance ability training program, teachers can carry out scientific stage practice training activities. The specific content includes the arrangement of the audience, the creation of stage atmosphere, etc., to help students correct their attitude to stage performance, mobilize their enthusiasm and better correct the shortcomings of their stage performance, so as to guide students to self-discover shortcomings, self-improvement and improvement. Teachers can also provide students with a large number of songs suitable for stage performance, so that students can feel the charm and connotation of works in stage practice, in order to deepen students' understanding of art and improve their stage infection ability.

4.3 Observing the learning method

In order to improve the students' stage ability, we should fully tap the potential of students, let them find out their problems in the stage performance through observation and comparison with themselves, and make serious consideration and improvement. Teachers can organize students to watch the performance on the spot, or let the excellent students in the class give demonstration performances to other students, and guide students to compare their own performances with those of excellent students, so as to find out and improve their own shortcomings.

4.4 Training students' psychological quality

Psychological quality is an important factor affecting the effect of stage performance. Teachers should actively cultivate and train students' psychological quality in the process of training, so that students can maintain a healthy and positive attitude in stage performance, adapt to the environment of the stage as soon as possible, and learn to control their own emotions. There are many ways to adjust their emotions, such as taking a few deep breaths before the stage, relaxing mood, etc. Teachers should help students to establish self-confidence as soon as possible, in order to adapt to the stage environment, accumulate experience and improve their stage performance.

5. Conclusion

In a word, the basic purpose of the teaching of vocal music in colleges and universities is to improve the students' professional knowledge and skills and explore the potential of students. Therefore, the cultivation of stage ability is also a key content of vocal music teaching in colleges and universities at present. Teachers should improve the importance of stage performance ability training according to the actual situation of teaching, help students better understand and master the content and skills of performance, as well as improve the ability of stage performance. Students' psychological quality should be exercised, in order to lay a solid foundation for students to learn and develop in the field of vocal music in the future.

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