

How to Make Children Love Reading

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Abstract: This paper introduces how to cultivate children's reading habits step by step in three stages. We should strictly control the use of electronic products, and at the same time create a reading environment for children. As long as parents guide them patiently, every child will love reading.

Keywords: Reading Habits; Cultivating Interest; Electronic Products

Many parents have asked me how to make their children love learning and get good grades. I usually answer that it will be beneficial to cultivate children's reading habits^[1-3] from childhood. Especially in primary schools, we should focus on two aspects: reading and practicing. And I'll recommend books for all ages. But most parents will say that their children don't like reading books, so it's useless to prepare them! Some parents are more active, they will really buy some books back, but the children don't read them at all. The children prefer to fight, watch TV and play with mobile phones. So many parents will give up.

In fact, it's not that the children don't like reading, but that the parents are too careless! It's necessary to cultivate the reading habit step by step, which needs to be induced slowly. The following is divided into three stages: cultivating interest; deepening guidance; recommending popular science.

1. Develop interest

When children are young, they can't read. They can read picture books without words. From a simple point of view, parents can take their children to read and talk while reading. This stage is to attract children with beautiful color pictures and stories. Therefore, sometimes, parents can even make up stories to tell children without books, so that children can fall in love with stories.

Next, you can read a complicated picture book with your child to tell the bedtime story, or let the child read it by himself according to the situation. The classic comic book without words is father and son. There should be many simple and exquisite books of the same kind in the bookstore. At this stage, you can take your children to the bookstore to cultivate their affinity for books.

When you are about five years old, you can read picture books with few words. Some of them have Pinyin. For example, the traditional classic "Sanmao vagrancy" and other Sanmao series comics, of course, there are a large number of similar books, you can take your children to the bookstore and let them choose by themselves. At this stage, children can either read by themselves or take their children to read before going to bed every day. Adults read the words word by word. Although children are illiterate, their attention will be paid to the pictures, but for a long time, some children even recognize part of the characters.

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Therefore, children can be taught to read at this stage, but don't force them to read. For example, when playing outside, you can point out the simple words on the billboard beside the road for children to recognize. If you want to find children, you can praise them greatly and encourage them to travel slowly.

About the first grade of primary school, you can read a small number of books, such as the adventures of Dingding. Parents should choose suitable books according to their children's progress, and strive to take their children to the bookstore once every weekend. At this stage, you can play the family story solitaire game. The whole family can participate in the story solitaire. It can not only exercise the imagination and expression ability, but also the children will blend the stories in the books they read, which will increase the sense of achievement in reading, and make the whole family happy. It is a good time worth recalling for both adults and children!

2. Deepening guidance

Around the third grade of primary school, you can start reading books that are both fun and informative, such as children's questions and answers, insects, children's version of Verne's science fiction, children's edition of Chinese classic classics, and so on. This stage slowly guides the children from picture books to text books.

Senior primary school students can guide their children to read big books. As a transition, they can choose Verne series, domestic scarecrow, Jin Yong's novel, journey to the West and outlaws of the marsh.

After reading ability and knowledge, you can guide to read some books with depth, such as Lu Xun's and Yu Qiuyu's, as well as biography of Hulan River, twelve letters to youth, biography of Su Dongpo, Wangu River, Sufei's world, and so on. There are too many books to read at this stage, and many popular science books can also be read.

3. Recommend popular science

Once the habit of reading is formed, some popular science books can be recommended to read. Next, recommend a few, suitable for senior primary school students and middle school students, parents can also read.

"Three body" (three volumes), Liu Cixin's long science fiction, is composed of three bodies, three bodies II. Dark forest, and three bodies III. eternal life of death. The works narrate the information exchange, life and death struggle of human civilization and three body civilization, and the rise and fall of the two civilizations in the universe. His first novel, translated by Liu Yukun, won the best novel award of the 73rd Hugo prize. Reason for recommendation: he is very open-minded in thinking, has great attainments in literature, and is a must-have product for holidays!

"For the Love of Physics: I teach physics at MIT", written by Walter Lewin, translated by Chen Nan and Xu Bin. For more than 30 years in a row, Lewin has been the most popular professor of MIT students. He made physics easier to understand and more fun. Lewin is a super expert in physics. In love with physics: I teach physics at MIT, he makes us open our eyes and observe the beauty and power hidden in the world around us from an unprecedented angle. "I'm going to lead people into their own world," he said. "It's a world they live in and are familiar with, but for the time being, they don't know it like physicists." Highlight: don't be afraid. Physics is fun!

"Molecular Republic", edited by school of chemistry and molecular engineering, Peking University, is a collection of original and interesting popular science articles by teachers and students of School of chemistry, Peking University. The book is fresh and lively with various forms and interesting, including prose, poetry, interviews, self-report, recommendation letter, campaign speech and detective stories. Highlight: it is created by teachers and students of Peking University. It is interesting and easy to understand, and the chemical enlightenment is very good.

"Biography of Darwin", written by A. de Nekrasov, translated by Mendi. Darwin was not a prodigy. He spent his whole life trying to discover and prove the truth. Through sorting out a large number of works and correspondence between Darwin and his relatives and friends, this book describes each important stage of Darwin's life in detail and accurately, including five years of sailing expedition, more than 20 years of scientific research, proposing the theory of natural selection, achievement of the origin of species, lifelong commitment to the struggle against "creationism" by progressive theory, as well as his later works. Take time as a clue to reproduce the wonderful and legendary life of famous biologist Darwin. Highlight: the biography

of Darwin, the founder of the theory of evolution, is worth reading, let alone by a famous writer.

“From one to infinity”, by Gamov. “From one to infinity” is a popular science book of “general education”, which covers all aspects of natural science. However, different from other popular science works written according to the theme, the author starts and connects many contents of mathematics, physics and even biology with one story, and unconsciously brings some of the most important or useful science knowledge and even skills at his fingertips, which makes people feel full of wit, insight and smile. The basic achievements and frontier progress of natural science are summarized. Moreover, the author does not deliberately pursue the reading effect of “enjoying it all the time”. Highlight: comprehensive science popularization is indeed full of fun!

“Adventures in the physical world”, by Gamov. In the book, Gamov conceives a general staff named Tompkins as the protagonist, who hardly knows science, but through listening to science lectures and sleepwalking in the physical Wonderland, he has experienced many major fields of modern physics and cosmology, such as relativity, quantum theory, statistical physics, atomic and nuclear structure theory, elementary particles, big bang theory, etc. This popular science classic has not only attracted numerous ordinary readers, but also attracted the general attention of the scientific community. It has been translated into many languages and published. The hero, Tompkins, is very popular in Britain and the United States, and is a household name.

“The visual journey: the magical chemical elements” is a popular science book with 118 chemical elements as the theme. Theodore gray is a famous American chemist and a columnist of popular science magazine popular science. In this book, the author’s personal collection of various elements is photographed into exquisite photos, combined with vivid and humorous text explanation, so that readers can broaden their horizons and increase knowledge in happy reading. The book has been translated into 14 languages and sold more than 500,000 copies worldwide. It is highly praised by role Hoffman, the 1981 Nobel Prize winner in chemistry. It is also a key recommended book for the 2011 International Year of chemistry. Highlight: the pictures are exquisite and can be collected as reference books.

4. Conclusion

In all the above stages, parents are required to accompany and guide patiently. Generally speaking, it is easy for parents to read in primary school. They only need to take them to the bookstore and buy books on weekends. But one of the most important things is to strictly control electronic products. At the same time, we should create a reading environment for children. In short, as long as the parents patiently guide, every child will love reading!

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