

Research on the Construction of Public Service System of National Fitness in Li Minority Area of Hainan

Xiaoliang Gao, Yongzhou Huo, Yanhong Yang

Haikou University of Economics, Haikou 571127, Hainan, China.

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Abstract: In order to improve the construction level of the public service system of national fitness, this paper studies and discusses in many aspects. It is found that we should fully learn from the theory of central governance, take the government, society, community and the people as an organic whole, and realize their mutual connection, strengthening the cooperation between them. At the same time, we should ensure the effective participation of the government and all parts of the society, improve the relevant laws and regulations, and realize the governance according to law, in order to promote the comprehensive construction of the public service system. To ensure the effective development of national fitness, we can also build characteristic public service facilities according to the cultural tradition of Li Nationality to realize the comprehensive construction of public service system of national fitness in Li nationality area of Hainan.

Keywords: Public Service; National Fitness; Construction Status; Li Nationality

With the deepening of scientific research and the continuous development of science and technology, various medical means are constantly upgrading at this stage, and people’s lives have been effectively protected. However, in order to better ensure people’s health, we should start from the root and fundamentally strengthen the people’s physique. Research shows that the integration of sports and medicine can effectively improve people’s physical and mental health. In order to better achieve the development goal of China’s sports power, we should vigorously develop the national fitness campaign, so as to provide a good foundation for the construction of a well-off society. First of all, we should improve the basic engineering and build the public service system for the whole people.

1. Public service system of national fitness

For the public service system of national fitness, it is subordinate to two larger systems, that is, the basic public sports service system and the basic public service system. These three systems have a strong correlation, but also have certain differences. The basic public service system is mainly a variety of basic services for the whole society. These services are carried out according to some laws and regulations designated by the state, including medical treatment, education, housing, cultural construction, sports, safety and other aspects. It is a basic guarantee measure for the survival and development of the public and people’s livelihood, and the provided services are mainly decided by the development level of the society. As for the basic public sports service system, it is a part of the government’s basic public service work. It mainly includes the

sports service in the basic public service system, involving the people, school sports and competitive sports. The basic goal of the construction is to improve the popularity of sports and promote the further development of sports, to ensure the national people's health quality can be effectively improved, providing services for the people, with strong national and universal characteristics.

2. Current situation of public service system construction of national fitness

With the continuous improvement of China's economic level, the pace of building a well-off society has been greatly accelerated, so the people's health has become the focus of national attention. However, in many areas, the level of public fitness facilities construction is not satisfactory, so it needs further development. These problems not only exist in Hainan Li minority area, but also national problems. The causes of these problems are diversified, but also lead to the construction of public service system of national fitness cannot be carried out normally, which slows down the development of sports in China.

2.1 Lacking of organization in fitness activities

At this stage, people's awareness of fitness is relatively poor, and people's mood is not very high, so now a lot of fitness activities are carried out spontaneously, which makes fitness activities has a strong randomness and spontaneity, without perfect organization system to organize people to get healthy. The main reason for this problem is the government's neglect. The government has not paid enough attention to the importance of people's fitness activities. In addition, it has not clearly defined the responsibility, which leads to the shift of responsibility within the government and greatly reduces the efficiency of work. In addition, people's awareness of fitness is relatively weak, and lacks the awareness of active fitness, at the same time, due to the lack of various sports organizations, and people seldom pay attention to physical fitness.

2.2 Insufficient fitness facilities and venues

In many areas of Li Nationality in Hainan province, the area of sports venues per capita is only half of the national standard. In addition, there are many facilities damaged, which leads to people's dissatisfaction with public services. There are two main reasons for this phenomenon. Firstly the facilities in many areas cannot be repaired in time and people's fitness needs cannot be met. At the same time, many new fitness venues cannot meet people's needs due to the scale and opening problems. Secondly, most of the venues constructed at this stage are used for special training, rarely open to the outside world, and many sports facilities open to the outside world are relatively simple, meanwhile, fitness projects are relatively simple, only able to meet the basic needs of fitness activities. Due to the lack of professional venues, many people are forced to exercise in schools, parks, streets and other open spaces. Even so, many school sports venues are not open to the public, resulting in a great waste of resources, which also makes people's basic fitness needs cannot be met.

2.3 Lacking of financial support

At present, there are many obstacles in the development of national fitness activities, but the root cause of these obstacles is the lack of funds and the government's investment in the public service system of national fitness, which makes many facilities unable to be updated in time, and many venues cannot be expanded in time. Moreover, due to the shortage of funds, it is impossible to organize professional management personnel for training, which leads to the continuous delay of many construction ideas and programs. According to the relevant statistics, China's per capita fitness funding is less than 7 yuan, showing that the state does not pay enough attention to the public service system of national fitness.

2.4 The facilities are not comprehensive

After the construction of many facilities, they are mainly used for the exercise of the elderly. In Hainan Li minority area, the number of sports fitness places is very limited, so there is a phenomenon of short supply. At the same time, these venues and facilities are mainly basketball court, table tennis court, volleyball court and so on. Many sports fitness facilities will be built according to the sports that the villagers like to see. In addition, the government has a certain lack of investment, resulting in many facilities are provided for the elderly, lacking of sports venues for young people. And according to the actual survey, many of the equipment are simple to operate, and the daily use rate is high. However, there is a shortage of special facilities for the elderly. The main reason is that the number of local elderly is small, and some elderly people lack the awareness of health. When the country is carrying out construction, it has not invested enough funds, or because of the market reasons, there are insufficient facilities.

3. Problem summary

According to the current stage of various phenomena and problems of inquiry, it is found that the main problems at this stage are as follows. ①The lack of implementation of the policy, many policies are not fully perfect, which leads to the formation of fitness security system. ②The related construction of sports organizations is not enough, lack of professional organizations to carry out fitness activities, at the same time, many local governments due to lack of attention, causing a lot of job vacancies. ③People’s awareness of fitness is weak, need to strengthen the awareness of fitness, and actively carry out fitness cultural activities. The related personnel failed to organize and mobilize the masses to actively participate in fitness activities, and result in the low participation rate of the masses in fitness activities. ④Lack of professional guidance, many people in the lack of norms in fitness activities, it is easy to cause a variety of accidents, thereby reducing the enthusiasm of the masses. In addition, the level of some professional guidance is not enough to meet the needs of the masses. ⑤Due to the lack of government investment, many facilities construction cannot be carried out normally, so that the fitness facilities in different regions show a single, unable to meet the diverse needs of people. At the same time, it is unable to meet the exercise needs of the masses, and many facilities are lack of pertinence and functionality, which cannot meet the needs of national fitness.

4. Solutions

There are many unique sports in the Li Nationality. In the construction of the national fitness facilities, we can build some special facilities according to the traditional sports of the Li Nationality, which can not only help the realization of the public service system of national fitness, but also reflect the characteristics of the people. For young people, we can build a special catapult training ground to let them practice the catapult in a special field. In addition, we can choose some relatively open venues as special places for “pushing cattle” and “pulling tortoise”. Because these sports have very simple demand for venues, they can save money and can be carried out without special guidance, greatly reducing the construction cost of the facilities. “pushing cattle”, “pulling tortoise”, “catapult” and other projects are mainly carried out for young people, so “dagouguipo” is a sports project suitable for all ages. Special places can be built to serve as the special venue for “dagouguipo”. These sports can not only carry forward the culture of ethnic minorities, but also solve the construction cost of facilities. Due to a large number of ethnic elements, once these facilities are completed, the fitness rate of the masses will be greatly improved. For the existing fitness facilities should be timely maintenance, and according to the existing problems at this stage, timely rectification, so that the public service system of national fitness can be better implemented.

5. Public service system model

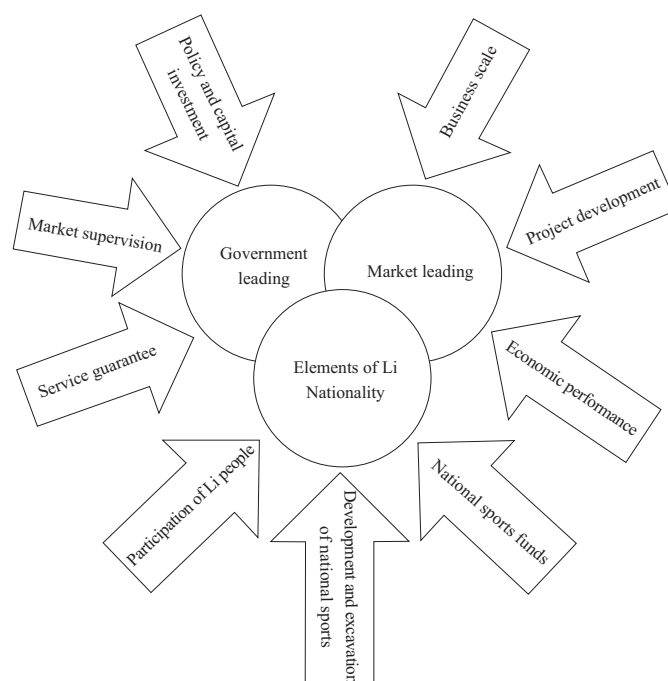


Figure 1. The public service map of Li minority area.

6. Conclusion

National fitness has been regarded as a national strategy, from which we can see the importance of the construction of national fitness service system. From the analysis of the construction of fitness facilities in China at this stage, we can see that China has a long way to go to achieve the goal of sports power. Therefore, we should seize the practical needs of the masses, listen to the opinions of the masses in all construction, and let the masses participate in the construction of the public service system of national fitness, so as to realize the construction of public service system of national fitness more quickly. At the same time, the government should pay more attention to guarantee the investment of funds and talents, to better realize the construction of public service system of national fitness in Hainan Li minority area

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