

Problems and Suggestions on the Cultivation of Critical Thinking in Colleges Foreign Language Teaching

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Abstract: Higher education occupies a key position in China's education system. In the current process of foreign language teaching in colleges and universities, teachers should pay attention to the cultivation of college students' critical thinking ability, guide them to participate in specific learning activities, and enables them learn and master more knowledge, using these knowledge to deal with specific problems, so as to improve their speculative ability and practical ability and promote their overall development. Based on this, this paper mainly analyzes the problems and suggestions in the cultivation of critical thinking in college foreign language teaching.

Keywords: Colleges and Universities; Foreign Language Teaching; Critical Thinking; Training Suggestions

In the process of foreign language teaching in colleges and universities, teachers need to emphasize the cultivation of college Students' critical thinking, which can lay a good prerequisite for their comprehensive development. Therefore, teachers should pay attention to the cultivation of their professional skills and comprehensive quality, and effectively improve their thinking and knowledge application ability. In the current foreign language teaching activities, teachers do not cultivate college students' critical thinking, nor do they fully implement specific measures and methods. In view of this phenomenon, teachers need to take reasonable measures to carry out teaching, so that college students can consciously participate in it and improve their speculative ability.

1. Problems in the cultivation of critical thinking in college foreign language teaching

1.1 Over limited to foreign language teaching itself

There are many language points in foreign language materials. In practical education, teachers pay attention to grammar and structure, and do not dig and explore the content of specific materials. It is difficult to connect with the actual situation, and there is no guidance for college students to explore in many aspects, which makes it hard for them to improve their speculative cognition only by sorting out and processing the knowledge points of foreign language.

1.2 Teaching methods are relatively simple

At present, the teaching methods of foreign language classroom in colleges and universities are relatively single, which makes it difficult for college students to improve their learning initiative and interest. Now, in the actual teaching of foreign language, teachers' teaching workload is relatively large, and the teaching task is very heavy. It is very difficult for teachers to put their energy into the research of teaching methods, and the fixed methods used for a long time, leading to serious restrictions on classroom methods and not possible to enhance the enthusiasm and initiative of college students.

1.3 The teaching content lacks innovation

In the actual education and teaching of the colleges, there is no perfect and reasonable teaching system. Teachers attach too much importance to the examination results of college students, and it is difficult to show the significance and importance of improving college students' critical thinking. In the long run, it is difficult to improve college students' foreign language literacy and comprehensive quality, which will have a negative impact on China's higher education. It is impossible to ensure the smooth progress of the work of strengthening the country through science and technology.

1.4 Lacking of perfect and reasonable teaching system

In the current process of college foreign language teaching, there is no perfect and reasonable teaching system. Under such circumstances, teachers should construct corresponding teaching system when they teach foreign languages to college students. If the system is not perfect or in place, it is difficult to guide college students to participate in foreign language classroom learning activities, and it is even more difficult to promote their overall development.

2. Suggestions on the cultivation of critical thinking in college foreign language teaching

2.1 Integrating critical thinking into foreign language teaching

When teaching foreign language courses in colleges and universities, it is necessary to emphasize the cultivation of college students' critical thinking.

First of all, we need to set up new educational goals. When foreign language curriculum activities are launched, teachers should take improving their critical thinking as an important educational goal, not only to teach English professional knowledge and skills, but also to improve their practical skills. Therefore, teachers need to set appropriate goals and put the improvement of college Students' thinking ability in a key position to ensure the smooth development of foreign language classroom activities. At this time, teachers also need to constantly guide college students to conduct a comprehensive and in-depth analysis of foreign language materials, encourage them to improve their critical thinking, enhance their thinking cognition and awareness.

Secondly, in foreign language teaching activities, the content of speculation should be infiltrated into it. In the past classroom activities, teachers attached too much importance to students' participation in repetitive training activities, hoping to improve their listening, speaking, reading and writing skills and level. However, in order to improve college students' critical ability and ensure the smooth development of classroom activities, it is necessary to fully infiltrate the speculative activities in the specific teaching, and carry out the inquiry and analysis according to the specific material content, so that college students can participate in the specific discussion activities, and master more foreign language knowledge and skills. Therefore, in foreign language teaching, teachers need to select materials with certain connotation to guide students to participate in specific reading activities.

2.2 Realizing the innovation of teaching methods

In the actual teaching, teachers need to adopt scientific and reasonable innovation methods to improve their thinking level and thinking ability. In the actual teaching, teachers need to prevent mechanical teaching, improve their thinking ability, and cultivate their independent thinking cognition and consciousness. Therefore, it is not mechanical and should be constantly changed. Therefore, teachers need to innovate their own teaching methods and methods, enhance the enthusiasm of college students, and cultivate their foreign language literacy and comprehensive quality, so as to enables students to participate in specific learning activities. According to the age of college students is not the same, it is necessary to integrate the ability of thinking into the skills courses. When designing specific courses, teachers should not only enhance the interactivity of classroom activities, but also need to add some targeted practice activities to improve college students' speculative level. In the actual teaching, teachers should guide students to fully express their own opinions and opinions, and improve their language expression level. Teachers should also encourage students to use foreign language to express their daily life, affirming college students and improving their questioning cognition, so as to constantly guide them to put forward practical problems, and effectively improve their critical ability. In addition, teachers also need to set up group discussion link in foreign language classroom activities, so that college students can fully express their own views and attitudes in group discussion activities.

Through continuous discussion and reflection, their learning enthusiasm and self-consciousness will be improved, and their critical ability will be gradually improved, in order to promote their healthy growth and all-round development and enhance their learning cognition.

2.3 Realizing the effective transformation of teaching content

Teachers should change the content of foreign language textbooks when they teach foreign languages. In order to ensure the cultivation of college students' practical ability, we need to achieve innovation and reform according to the specific textbook knowledge and teaching content, and infiltrate the content of speculative ability in curriculum activities. Teachers need to supplement the content of textbooks, on the one hand, to ensure the depth and richness of the classroom content, on the other hand, to improve the speculative level of college students. When compiling the content of the textbook for critical thinking, we should not pay too much attention to college students' foreign language sentence learning, but improve their ability of argumentation. Through the effective transformation of classroom teaching content, we can ensure its diversity and richness, and improve college students' speculative level. Textbook is very important for teachers, teachers need to carry out classroom activities according to it, and it is necessary to carry out reasonable innovation for teaching content, so as to meet the needs of improving college students' thinking ability.

2.4 Constructing a perfect and reasonable teaching evaluation system

When teaching foreign languages in colleges and universities, teachers need to build an appropriate evaluation system to carry out scientific and reasonable evaluation for college students. In this case, in order to improve the critical ability of college students, it is necessary to fully implement the appropriate evaluation system in practice, and to transfer the evaluation methods that attach importance to the examination results to the evaluation methods that attach importance to the evaluation of college students' speculative ability. Only in this way, teachers can strengthen the cultivation of college students' critical ability, improve their core quality and comprehensive quality of foreign language, let students consciously participate in classroom learning activities, strengthen the good cooperation between college students, gradually improve their speculative level, reasonably adjust the proportion of test scores and usual scores, and evaluate college students in stages and gradually improve their comprehensive level. In foreign language teaching activities, teachers need to guide students to participate in the preliminary research activities, and then carry out the discussion according to the specific topic content. In this way, teachers can carry out open comments on the discussion situation, improve college students' thinking ability, let them master more foreign language learning skills and methods, and gradually improve their professional skills.

3. Conclusion

In a word, it is very important to improve the critical thinking ability of college students in foreign language teaching. For college students, they are not only satisfied with acquiring knowledge language, but also expect to use language as a carrier to improve their thinking ability. Only in this way can we guarantee the reliability and efficiency of learning activities. In order to improve the critical ability of college students in foreign language teaching, we need to make clear the specific educational objectives, so as to achieve the innovation of teaching content and methods, create a good and harmonious speculative classroom atmosphere, and effectively focus the focus and attention of college students. At the same time, through the improvement of reasonable evaluation system, it can strengthen the education of college students, improve their speculative ability, and promote their overall development.

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