

How to Strengthen Nursing Practice Teaching in Colleges

Xin Guo, Rui Cui

Xianyang Vocational Technical College, Xianyang 712000, Shaanxi, China.

Abstract: Strengthening the practical teaching of nursing in colleges and universities is the development and need of the times, but there are still some problems in the current nursing practical teaching in colleges and universities, which requires us to research and analyze the problems and find reasonable and effective solutions methods to promote the improvement of the teaching ability and effectiveness of nursing practice in colleges and universities.

Keywords: Colleges and Universities; Nursing Specialty; Practical Teaching; Existing Problems; Solutions

Nursing occupies an important position in modern medical care, and modern people are paying more and more attention to the quality and effect of nursing. This makes colleges and universities strive to improve the quality of nursing teaching in the teaching and learning of nursing majors^[1]. Practice teaching has a direct impact on the quality and effect of clinical nursing. Therefore, we need to pay attention to the role of practice teaching in nursing teaching in colleges and universities. However, in actual research, it is found that some colleges and universities are conducting nursing. There are still some problems in the process of practical teaching, which hinder the improvement of teaching effect and nursing quality, and we need to find effective solutions^[2].

1. The importance of nursing practice teaching

1.1 Improve the quality and effect of nursing

Nursing practice teaching in colleges and universities is an important requirement for improving the quality and effectiveness of nursing. On the one hand, the learning of nursing professional knowledge is for better practice. Therefore, nursing teaching in colleges and universities should pay attention to the role of practice, so that students can truly apply the professional knowledge learned to practice, and improve the quality of teaching and learning. Effect: on the other hand, modern people have higher requirements for nursing, which requires us to improve the quality and effect of nursing. The reasonable and effective nursing practice teaching in universities and colleges can provide help for the improvement of nursing quality and meet the needs of the times. People's needs for nursing play an important role in the development and progress of medical technology.

1.2 The learning effect of students who can improve the teaching quality of teachers

Reasonable and effective nursing practice teaching in colleges and universities has an important influence on the quality of teaching. Firstly, practice teaching can promote the improvement of teachers' teaching ability, improve teaching methods and methods, and improve the quality of teaching; secondly, it can enable teachers to research and analyze the development of nursing, and to grasp the latest and effective clinical nursing knowledge in time, provide good teaching for students and lay a good foundation for their clinical nursing work. In addition, reasonable and effective practical teaching can enable students to better master professional knowledge, deepen the impression in practice, and promote students the improvement of learning effect^[3].

Copyright© 2020 Xin Guo *et al.*

doi: 10.18686/ahe.v4i12.3224

This is an open-access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/4.0/>), which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

1.3 Enriching learning content and learning methods

The learning content of nursing majors is complex and difficult to understand. Good learning results cannot be achieved with the knowledge in textbooks alone. Students are more likely to have risk problems in the process of clinical nursing. The way of practical teaching can help students learn the knowledge that is not available in the classroom, understand the possible problems and matters needing attention in actual nursing, and improve the effect of learning; on the other hand, it can enable students to find more ways to master knowledge and improve their ability to discover and solve problems ability to promote the improvement of nursing quality and practical teaching effect.

2. Problems existing in nursing practice teaching in colleges and universities

2.1 The problem of insufficient attention paid by teachers

When carrying out nursing practice teaching in colleges and universities, the most important problem that exists is the lack of attention paid by teachers. On the one hand, some teachers pay too much attention to the theory of professional knowledge, which will cause them to underestimate the role of nursing practice, and the theoretical knowledge of nursing professional cannot serve clinical practice reasonably and effectively. Students' learning effect is poor and practical operation ability is low. The probability of occurrence of nursing risk problems is greater; on the other hand, teachers do not pay enough attention to nursing practice teaching, which will also prevent them from discovering and effectively solving students' problems in practice in a timely manner, and failing to adopt good teaching methods to deteriorate the method, affects the quality of teaching and hinders the improvement of students' learning effect and clinical nursing quality.

2.2 The problem of backward practice teaching methods

In the process of nursing practice teaching in some colleges and universities, there is the problem of backward practice teaching methods. The first is that some colleges and universities use video presentations, PPT explanations and other methods to teach students in practical aspects. The students' practical ability is not exercised and improved, which reduces the quality of teaching and the learning effect of students. The second, some colleges and universities. Colleges and universities focus on the teaching of human body models and laboratory equipment, so that students have insufficient grasp of the actual situation of clinical nursing, and the possibility of risk problems is higher, which affects the effect of learning; in addition, the backward single system and other teaching methods will also affect the students' knowledge of nursing has caused them to be unable to effectively solve the actual nursing problems, which affects the quality of nursing and the satisfaction of patients.

2.3 Insufficient practice and teaching experience of teachers

The lack of practice and teaching experience of teachers is one of the important issues that affect the effectiveness of nursing practice teaching in colleges and universities. On the one hand, some teachers have insufficient practical experience, and they cannot correctly and effectively solve the problems of students when they are teaching students, which reduces their teaching ability and teaching effect to students; on the other hand, it is the teaching of some teachers. Insufficient experience, no research and analysis of practical teaching, and inability to apply reasonable teaching methods have a negative impact on the quality of teaching.

2.4 The issue of cooperation between colleges and universities and practical teaching institutions

Nursing majors of colleges and universities usually establish cooperative relations with medical institutions to provide teachers and students with good practical teaching space. However, there are still some problems in the cooperation between some colleges and universities and medical institutions. On the one hand, there are fewer cooperative medical institutions cannot provide students with sufficient practical operation space, which affects the improvement of practical operation ability; on the other hand, some medical institutions provide students with more basic nursing practice positions, which cannot effectively improve the ability and effect of nursing, and affect the improvement of practical teaching effects.

3. How to strengthen nursing practice teaching in colleges and universities

3.1 Strengthen the education and training of teachers

To strengthen the teaching effect of nursing practice in colleges and universities, the most important thing is to improve

the awareness and teaching ability of teachers. Firstly, we can carry out theme education activities and distribute knowledge manuals for teachers to promote their awareness and pay attention to the important role of nursing practice teaching; secondly, they can be trained on nursing risk issues and the importance of nursing practice teaching. Increase their attention and encourage them to actively carry out nursing practice teaching; in addition, it is necessary to include students' nursing practice achievements in the assessment indicators for teachers, so as to increase teachers' attention to nursing practice teaching.

3.2 Promote the updating of teaching methods of teachers

To strengthen the effectiveness of nursing practice teaching in colleges and universities, teachers are required to adopt reasonable and effective teaching methods. On the one hand, it is possible to organize teaching seminars to encourage teachers to discover problems in teaching methods and make timely modifications to improve the rationality of teaching methods; on the other hand, it is possible to organize teacher exchange activities and invite experienced teachers teaching methods are used to promote the improvement of teachers' teaching methods, improve teachers' teaching ability and teaching quality, and provide strong guarantees for students' learning effects^[6].

3.3 Enriching the content of teaching and the ways of learning for students

Nursing is a very practical major and requires knowledge in many aspects. Therefore, to strengthen the nursing practice teaching in colleges and universities, it is necessary to enrich the teaching content and learning methods in the teaching process. On the one hand, teachers should expand their knowledge in the process of nursing practice teaching, increase the breadth and depth of students' understanding of nursing knowledge, and improve their ability to deal with problems; on the other hand, they should guide students so that they can find more various ways to acquire knowledge and solve problems, promote the improvement of teaching quality, and guarantee the effect of students' nursing practice learning.

3.4 Strengthen the cooperation between universities and medical institutions

To strengthen nursing practice teaching in universities and colleges, good cooperation with medical institutions is required. The first is to strengthen the cooperative relationship between colleges and universities and medical institutions, promote the implementation of nursing practice teaching for students, and improve the quality and effect of nursing practice teaching; second, it is necessary to increase the depth of nursing practice and promote students' understanding of nursing knowledge. Strengthen practical operation ability can improve the quality of nursing practice teaching in colleges and universities and the learning effect of students.

4. Conclusion

In summary, nursing practice teaching is an important part of nursing teaching in colleges and universities, and it plays an important role in improving students' learning effects and promoting their clinical nursing ability and quality. However, some colleges and universities still have some problems in the actual nursing practice teaching process, so we need to research and analyze the problems, and put forward reasonable suggestions on how to strengthen the nursing practice teaching in colleges and universities, and promote the nursing practice in colleges and universities. The improvement of teaching quality and effectiveness will provide a strong guarantee for people's life, health and safety and the effectiveness of clinical care.

References

1. Pan X, Luo J, Yin J. Discussion on practical teaching problems and countermeasures of obstetrics and gynecology nursing in higher vocational colleges. *Contemporary Nurses: Comprehensive Edition (Early Issue)* 2018; 11(27): 161-162.
2. Xia Q. Analysis on the reform of basic nursing practice teaching in higher vocational colleges in the new era. *Modern Vocational Education* 2018; 24 (33): 121.
3. Zhou J. Exploration and research of nursing practice teaching mode in higher vocational colleges. *Modern Vocational Education* 2017; 15(22): 120.