



# How to Strengthen the Teaching of Military Theory Course and Promote the National Defense Education of College Students

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Abstract: As a compulsory course in various colleges and universities, military theory course teaching plays a vital role in improving students' comprehensive ability. Efficiently developing military theory courses is conducive to meeting the needs of the development of the international environment. Through students' understanding of our country's military theory, students will be interested in military strategy research, cultivate high-quality defense forces, and provide a steady stream of talents for national defense. At the same time, the development of military theory education courses can enrich the educational content system, allow students to understand the situation of national defense in depth, and expand the construction of students' theoretical knowledge. Therefore, strengthening the teaching of military theory courses can promote the development of students' national defense education and improve the overall quality of great significance.

Keywords: Military Theory Course Teaching; College Students; National Defense Education; Problems and Measures

The military theory course is a compulsory course for colleges and universities, but it has not formed an effective transformation of results during the development process, and there are many development problems. First of all, the curriculum design has been carried out in a short period of time, and the degree of emphasis is insufficient. It cannot allow students to understand the curriculum knowledge in depth. The teaching content emphasizes theory and lacks corresponding practical operations. At the same time, the teaching faculty of military theory courses is relatively weak, lacking high-quality teaching talents, and cannot form a diversified teaching model to effectively instill curriculum knowledge. Therefore, it is necessary to continuously strengthen the improvement of military theory courses so that they can exert great value and promote the development of national defense education for college students.

## 1. The importance of strengthening military theory teaching

Military theory courses mainly use the knowledge of military theory and military skills to strengthen students' national defense concepts and national security awareness. In the process of knowledge learning, they continuously improve their comprehensive qualities and help the national defense army cultivate and build reserve forces. Through the analysis of contemporary military details and the grasp of domestic and foreign situations, this course formulates a targeted syllabus, combines students' own development, allows students to carry out corresponding military training in their studies, completes theoretical teaching tasks, establishes national defense concepts and cultivates high Quality talents. Therefore, strengthening the theoretical teaching of military courses can continuously adapt to the development of the military environment at home and abroad. According to the actual characteristics of my country's national defense and military conditions, a professional theoretical and practical teaching model can be formed to provide a wider range of talents for my country's national defense construction. Support and promote the extensive development of national defense education.

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### 2. Analysis of problems in the teaching of military theory courses

### 2.1 Insufficient attention paid to curriculum teaching

The teaching of military theory courses is a mandatory course prescribed by the state, but it has not received corresponding attention in the actual development process. In the course of course development in colleges and universities, although it is a compulsory subject, compared with professional courses, the teaching time of courses is shorter, the content of shallow theoretical instillation is more, and the course assessment and course evaluation are insufficient. All of these indicate that the corresponding attention has not been paid to the course design process, and the students did not spend too much time studying during the study, unable to have a deep understanding of military theory, and unable to produce enough information with the current military situation of our country. Interest is not conducive to training military talents. Therefore, the curriculum should be changed in time to increase the emphasis on military theory courses and cultivate national defense talents.

### 2.2 Weak teachers in military theory courses

The faculty of military theory courses played a decisive role in the development of the courses. The courses have extremely high requirements for teachers, who need to have military theory knowledge and military skills, and they also need to have a broad vision of keeping up with the times. Therefore, there is a problem of weak teachers in the development of military theory courses. The school lacks the reserve resources of teachers for this course. Only a few teachers can teach the courses. Obviously, they cannot match with the large number of students, leading to the problem of insufficient teachers. At the same time, if unprofessional teachers are invited to teach courses, it will be even more unable to meet the actual needs of teaching, resulting in the misalignment of courses and actual goals, and they will not be able to contribute to the advancement of national defense education. Therefore, it is necessary to continuously promote the construction of a team of military theory teachers, so that there are sufficient talents for curriculum teaching, to bring students more specialized knowledge and skills, and to promote the construction of my country's national defense education and talent reserve.

### 2.3 The teaching content is more theoretical than practical projects

The teaching form and content will also trigger the teaching effect of military theory courses and hinder the advancement of national defense education. On the whole, there are problems such as single teaching form, lack of innovation, and teaching content partial to theory and practice. In military theory courses, the knowledge points of the course are often taught through the instillation of knowledge points. The teaching time of the course is relatively short. The teacher usually teaches a large number of knowledge points to the students in a short period of time. It is difficult to absorb and apply within time, and it is difficult to have a strong interest in the course. At the same time, in teaching, teachers usually use PPT teaching mode and explain through some pictures and short videos. They do not pay attention to the construction of practical courses. As a result, students do not have a way to realize theoretical knowledge and cannot study in depth. Therefore, there are corresponding problems in the content and form of teaching in the teaching process. It is necessary to develop the form through innovative means, use theory to guide practice, and strengthen the development and construction of national defense education.

# 3. Measures and suggestions for strengthening military theory courses to promote national defense education for college students

### 3.1 Change the concept of education and attach importance to curriculum development

In the teaching of military theory courses, colleges and universities should change their educational concepts and attach importance to the development and construction of reformed courses. First of all, ideological and conceptual education should be carried out. Military theory courses can bring rich military theories and military skills, and can fully demonstrate the status quo of military strategies at home and abroad. The study of this course should be emphasized in order to contribute to national defense. Secondly, colleges and universities should re-plan and construct curriculum arrangements. For example, during the development process, the course time should be extended according to the actual needs of the course, so that the instructor can follow the content according to the content, instead of continuously compressing the course time and carrying out a large amount of output in a short time, resulting in Students have deviations in their understanding of the content and ignore the importance of the curriculum. Therefore, it is necessary to actively carry out the change of concepts in the curriculum, through the importance of publicity and the change of the curriculum, to increase the importance of the students to the curriculum, in order to promote their deeper learning.

### 3.2 Build a high-quality teacher team

A high-quality teacher team can effectively improve the teaching level of the course and meet the needs of students for course learning. In the process of teacher formation, the school needs to pay attention to the training of excellent internal teachers and the introduction of excellent external teachers, continuously expand the school's teaching team, and cultivate the strength of teachers. From the perspective of the external introduction mechanism, the school can openly recruit military theory teachers, select the qualifications of teachers through the three links of basic military theory, military skills explanation, and actual teaching, and select teachers with suitable job requirements to carry out the teaching of courses., Bringing new vitality to the school's teaching while introducing excellent education talents to the school. From the perspective of the internal training mechanism, the school should select some teachers with strong learning ability to train in military theory courses and undertake the teaching tasks of the course. Through professional on-the-job training, the teaching level of teachers can be quickly improved, so that teachers can quickly start their posts. While teaching, it is also possible to develop a new model of courses through training, bringing different experiences to students. Therefore, new talents should be continuously introduced in the construction of the teacher team to promote the teaching curriculum and the process of national defense education.

### 3.3 Improving the education system and enriching teaching content

Enhancing the teaching form and content can bring new students to military theory teaching and renew the value of the curriculum. First of all, the system should be improved and the corresponding teaching process should be standardized. Corresponding goals must be set in the course of teaching, so as to continue to advance in accordance with the goals and form targeted teaching. Then continue to improve and plan the teaching content according to the goals, to make the course process more smooth, to be able to penetrate the knowledge into the hearts of the people, and finally to form corresponding teaching feedback, to fully answer students' questions in learning, and to apply the knowledge to practice. Only by building a good process system and proceeding in accordance with the links can the content and form of the course be enriched. Secondly, it is necessary to correct the phenomenon of emphasizing theory and neglecting practice during lectures. We should pay attention to the explanation of curriculum theory, and then design corresponding teaching activities based on curriculum theoretical knowledge, so that students can actively participate in military activities and use military skills and military theory proficiently. To strengthen their national defense awareness and military level. Finally, informatization methods should be used to innovate courses, using short videos, documentaries and other modes of interest to students to create a good classroom atmosphere, stimulate students' interest in military theory, and continuously improve classroom participation. Therefore, continuous improvement of the education system and innovative teaching methods play an important role in advancing the development of courses and help advance the development of national defense education.

### 4. Conclusion

To sum up, the development of military theory courses is of great value to our country's cultivation of national defense talents. In the process of strengthening the teaching of military theory courses, we should pay attention to the monitoring of high-quality teachers' teams, continuously enrich the practical activities of military theory courses through the improvement of teachers' teaching level, and use modern teaching methods to continuously innovate teaching methods. At the same time, it is also necessary to change the educational concept, redesign the course, continuously improve the teaching content and system construction, promote the development of military theory courses, and provide college students with a wealth of national defense education knowledge.

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