

Research on the Integration of Great Anti Epidemic Spirit into College Counselor Education

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Abstract : Counselors are the promoters of teaching activities and play an irreplaceable role in the university education system. In the current epidemic situation, college counselors should bear the responsibility of education and guidance, guide students through difficulties, and better deal with various challenges. Based on the current situation of counselors' work during the epidemic period, this paper analyzes the obstacles encountered in the process of education implementation, taking the great anti epidemic spirit as the breakthrough point, and discusses how to strengthen the ideological education of students, so as to improve the effectiveness of counselors' education and enhance students' comprehensive quality.

Keywords : University Counselors; Education Work; Anti Epidemic Spirit

Counselors, as the organizers and important implementers of ideological and political education, are duty bound to provide ideological support and behavior guidance for college students. During the epidemic period, college counselors are endowed with a new educational mission. In the face of increasingly complex forms of social education, it is worth for counselors to think deeply about how to turn challenges into motivation and promote the effectiveness of students' ideological education. During the epidemic period, a large number of capable people emerged, showing the great anti epidemic spirit. The combination of anti epidemic spirit and education work is not only a strong support for epidemic prevention, but also a powerful opportunity to enhance college students' ideological cognition.

1. The significance of integrating the great anti epidemic spirit into the education of college counselors

During the epidemic period, the emergence of family feelings and dedication can be regarded as a strong and powerful educational material for the ideological and political education of college students, which has a positive significance for improving the effectiveness of counselors' education. First, speed up the effective implementation of the requirements of ideological and political education in colleges and universities. The concept of moral education strengthens the status of ideological and political education in colleges and universities. However, in practical teaching, the commonly used didactic education guidance mode is difficult to arouse students' ideological identity, and the implementation is not optimistic. As a member of the anti epidemic "war", college students can achieve emotional resonance for the anti epidemic spirit. Therefore, taking the anti epidemic spirit as the breakthrough point to carry out counselor education can play a multiplier effect. Second, improve the ideological and cognitive level of college students. The severe epidemic situation makes the social situation of students more complicated. For college students who have been in the ivory tower for a long time, the ideological impact of the epidemic is particularly significant.

2. Current situation of college counselors' work during the epidemic period

As a first-line education worker, college counselors enter the "wartime state" and assume the dual task of guiding teachers and counseling. COVID-19 is facing serious challenges. First, management becomes more difficult. On the one hand, the school

classroom teaching is completely suspended, and the online education management mode is adopted. The students are scattered, separated from the unified and standardized education environment of the school, the short board of college students' consciousness of self-care is prominent, and the lazy state is increasingly apparent, which increases the difficulty of the implementation of counselors' education management to a certain extent. In this context, it is particularly important to strengthen the ideological education for students and enhance their self-discipline. Second, psychological counseling needs to be improved. Up to now, there are still many unknowns about the new coronavirus. At the same time, all kinds of false information come from the fear of unknown things, which can easily lead to panic among students. Counselors should take the responsibility of psychological counseling and answering questions, appease students' emotions, help students establish system self-confidence, and transfer new corona virus related knowledge and prevention methods to students, as well as put an end to the generation and development of serious psychological problems. The outbreak has disrupted the conventional teaching mode of university, put forward higher requirements for counselors' education, and enlarged the limitations of college students' ideological values. Therefore, it is necessary to take the great epidemic spirit as the breakthrough point to strengthen the education and management of counselors.

3. Strategies of integrating the great anti epidemic spirit into the education of college counselors

3.1 Carrying out faith education, building system self-confidence

The epidemic has a strong impact on the social, economic and educational order, and disrupted the previous inherent operation mode. In the face of severe challenges, the national government departments quickly made regulatory programs to fight against the epidemic, at the same time to maximize the people's daily life, maintain social stability and promote economic development. A series of measures all show the distinct superiority of the socialist system. College counselors take this opportunity to carry out faith education, infiltrate socialist core values into students, and promote students to establish system self-confidence. For example, teachers will take measures to fight against the epidemic made into micro class organization special class meeting. First of all, let the students share the actual situation of fighting the epidemic in their hometown, and mobilize the students' desire to discuss. Secondly, it studies and discusses the relevant measures or systems introduced by the state. Organize the students to use the knowledge and actual feelings, analyze the reasons, process and influence, and strengthen the ideological perception. Through the centralized learning in the form of theme class meeting, students can see the essence through imagination, analyze the socialist values contained in the national joint prevention and control measures, and help students to look at the social system in an all-round and developing perspective, so as to strengthen the socialist road, realize the comprehensive improvement of ideological cognition, and solve practical problems in study and life with dialectical thinking.

3.2 Carrying out patriotic education, enhancing national identity

Everyone is responsible for the current national disaster. Countless people's heroes emerged during the fight against the epidemic. Many touching moments were recorded in the long history, showing the patriotism incisively and vividly. As the future builders of the country, contemporary college students should take this as an example to establish a sense of national pride and carry forward the spirit of patriotism. Therefore, counselors should put patriotic education into the top priority of education and teaching. Teachers should change the didactic way of education and guidance, and cultivate patriotic feelings by organizing rich patriotic social practice activities. For example, counselors and teachers of various subjects form an education alliance to infiltrate patriotic education into daily teaching activities and imperceptibly cultivate students' patriotism. In addition, we can select the national day, anti epidemic inflection point and other dates with special significance as class patriotic day, and carry out special patriotic education led by counselors. We can guide the students to visit the patriotic education base, to have close communication and study with the most beautiful "anti walker" in the fight against the epidemic, and so on, so that the students can feel the positive energy transmitted by the patriots, and stimulate the students' patriotism and selfless dedication.

3.3 Carrying out life education, enhancing the sense of responsibility

Under the fierce impact of the new corona virus, people's health and life safety are seriously threatened, and the importance of ecological civilization construction is fully revealed. However, in the university education system, life education is rarely involved, and college students lack a sense of awe for life. Therefore, it is necessary for counselors to carry out life education and strengthen students' sense of responsibility by taking advantage of the epidemic situation. Specifically, the following attempts can be made: first, to strengthen the education of the outlook on life. Teachers can collect and display the data of people who died of virus infection and died of fighting against the virus to students, which can give students emotional impact and trigger thoughts. Meanwhile, official account of WeChat public and the platform of shaking the voice and media are used to convey the importance of

ecological protection to students, and guide students to reflect on their own, so as to perceive the true meaning of life, and establish life values that advocate life and reverence for life. Second, organize interesting educational activities. The ultimate goal of ideological education forms behavior restriction and guidance. Through various forms of educational activities, such as health knowledge competition and physical exercise competition, teachers can urge students to turn the correct outlook on life into practical behavior, starting from themselves to develop good living habits, cherish life and respect life.

3.4 Carrying out the education of learning concept, strengthening self binding force

Learning is the main task of college students. During the epidemic period, the traditional offline teaching of the school stopped completely, which is a baptism for students' learning habits and learning concepts. Problems such as lack of self-discipline and improper learning attitude are emerging, which ring an alarm for college students. Therefore, it is very important for counselors to strengthen the education of learning concept from the epidemic situation. On the one hand, the counselors take the able people with lofty ideals emerging in the fight against the epidemic as examples to cultivate students' diligent and studious ideology. For example, academician Zhong Nanshan, the hero of the whole people, has always maintained a sense of crisis and a learning attitude since the fight against SARS. Only by doing hard research on infectious pneumonia can he assume the leading role in the "war of resistance" against the new corona virus. It is important for teachers to transfer knowledge to students based on academician Zhong Nanshan's deeds, so as to promote students to have a correct attitude towards learning and establish a correct outlook on learning. On the other hand, combined with the education measures of "no suspension of classes" during the epidemic period, it can cultivate students' awareness of being cautious, and help students form the good habit of making learning plans and effectively implementing them, in order to improve their self-discipline awareness and ability, and promote students to establish the concept of lifelong learning.

4. Conclusion

The epidemic is undoubtedly a great challenge for the education and teaching system, and also a test for the comprehensive quality of college counselors. In the face of severe education situation, counselors should face the challenge with peace of mind, transform the precious spiritual quality displayed in the epidemic into educational resources, and strengthen the guidance and education of students' ideas, so as to help students to eliminate panic, learn to dialectically examine the information society, and establish a correct outlook on life and values, welcoming a new life.

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