

# Preliminary Exploration on the Application of Flipped Classroom Teaching Mode in College English Teaching

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**Abstract :** With the increasing emphasis on teaching in China, the reform of colleges and universities is gradually strengthened. In the new era, information-based teaching classroom has become a mainstream development direction of higher education. More and more schools and majors apply flipped classroom to the teaching process, and English education is also a key point. In this regard, this paper first analyzes the current situation of college English teaching, discusses the significance of implementing English flipped classroom in colleges and universities, and puts forward some feasible strategies, hoping to contribute to the continuous development of China's higher education.

**Keywords :** Flipped Classroom; College English Education; Information Construction; Brief Discussion on Methods

## 1. The main problems in college English teaching

### 1.1 The teaching mode lacks the necessary innovation consciousness

The teaching mode has a great impact on students' learning enthusiasm, thus affecting the efficiency of classroom teaching to a certain extent. However, in the process of college English classroom teaching, most teachers use the traditional teaching mode, which lacks of innovative content and makes classroom teaching more boring, and students cannot give full play to the initiative of learning, because it brings obstacles to the improvement of teaching effect. In addition, in order to complete the teaching task, some teachers do not carefully screen the teaching content, which makes it difficult for students to accept some knowledge. Although the flipped classroom model is used, it lacks innovation.

### 1.2 Students' awareness of autonomous learning needs to be improved

Under the leadership of the traditional teaching mode, most students have fully adapted to this teaching method. Although tired of this teaching method, they are not willing to easily try a new teaching mode such as flipped classroom. Therefore, students can only passively accept classroom knowledge. In this process, students learn video according to the requirements of teachers, without actively think about the problems encountered in learning or communicate with teachers, and simply deal with the tasks arranged by teachers, so the teaching effect cannot be effectively improved. So teachers should constantly improve students' awareness of autonomous learning.

## 2. The significance of implementing flipped classroom in college English

### 2.1 Improving the level of college English teaching

In the traditional teaching mode, most of the college English teaching is to classroom teaching as the main goal, teachers in the teaching process of subjective knowledge infusion, but often ignore the students' autonomous learning process, and teachers occupy

most of the classroom teaching time, do not give students independent thinking time, so students' learning enthusiasm is not high, and teaching effectiveness is not obvious. Through the use of flipped classroom teaching mode, teachers can use software to understand and supervise students' learning situation in real time, so as to ensure that students have a more profound thinking on English learning, and enhance students' interest in learning. In addition, under the guidance of teachers, students can reasonably plan their own learning time and arrangement by using the form of flipped classroom while teachers can also carry out scientific teaching practice, effectively improving the effect and level of English teaching.

## **2. 2 Embodying the teaching gist of “student oriented”**

The most important feature of flipped classroom teaching is that students are placed in the dominant position of teaching activities, which can stimulate students' potential and arouse their awareness of autonomous learning. They can take the initiative to preview before class and review after class through the use of app, so as to effectively improve students' learning efficiency. Through the use of learning client, students can spontaneously explore and analyze the questions in the learning process, or actively carry out effective discussions with teachers or other students to promote the common progress of students. In addition, in the process of classroom teaching, teachers can also guide students to carry out effective group discussion or students' mutual evaluation through the application of app, fully mobilize students' learning participation, and effectively improve students' classroom concentration. The subject status of students has been fully reflected, and the learning effect has also been significantly improved.

## **2. 3 Improving students' learning enthusiasm**

In the flipped classroom teaching of micro class, the refinement of the course content and the novel teaching mode are the highlights that attract students' attention. Through the interesting PPT, small programs, interactive video, games and even video clips and other elements, students' interest in learning can be fully aroused, the communication and interaction between teachers and students are greatly strengthened, and the time for students to participate in learning has been greatly extended. This will greatly mobilize students' learning enthusiasm, make them more involved in the process of communication between teachers and students, and improve students' sense of ownership.

# **3. The application of flipped classroom teaching reform mode in college English teaching**

## **3. 1 Changing the education and teaching concept of colleges and universities**

In order to fully improve the education and teaching ability of flipped classroom, it is necessary to further improve and optimize the level of modern information construction, pay more attention to information construction projects, and lay a solid foundation for the development of education and teaching from various angles. First of all, colleges and universities should actively change the concept of education and teaching, increase the importance of education and teaching informatization, and follow the pace of the development of the times to improve their teaching concept. For example, schools can actively set up relevant teaching discussion groups to supervise and control the construction of flipped classroom, timely adjust the content and teaching mode of flipped classroom, and promote the informatization construction of English teaching. In addition, the school should increase investment, build corresponding electronic information equipment, strengthen infrastructure construction, and promote the information construction of flipped classroom. Secondly, teachers should change their teaching ideas with the times, carry out teaching activities with new teaching methods, and enhance the interest of the classroom, so as to improve the participation of students, change the traditional cramming teaching method, and cultivate students' interest in learning English.

## **3. 2 Improving teachers' professional knowledge level and application ability of electronic information technology**

The comprehensive ability of teachers is an important factor to determine the teaching effect. Only by improving the comprehensive ability of teachers can we ensure the excellent curriculum arrangement and the management of flipped classroom. This requires teachers not only to have a high level of professional teaching ability, but also to master the application ability of electronic equipment skillfully, so as to produce excellent and useful teaching materials according to the actual needs of teaching. Attractive online courses, and upload it to the teaching platform for students to learn and watch independently in the client. Schools can organize teachers to carry out electronic information technology training, improve teachers' application ability of flipped classroom, and praise the positive use of flipped classroom. In addition, teachers can also be organized to refer to and learn from

famous teachers' classes to actively introduce foreign advanced teaching modes and technologies, introduce excellent domestic and foreign curriculum resources, and organize interesting English teaching competitions in the mode of flipped classroom, so that teachers can reflect and summarize in time in the process of participating in the competition, observe the strengths and advantages of other teachers' teaching, and interact with each other flow in the process of achieving common progress.

### 3.3 Strengthening information construction

Strengthening the construction of information resources teaching platform is to provide a platform for teachers and students to communicate and teaching tools. Through the construction and application of information platform, the quality and level of English teaching can be effectively improved. Therefore, the school should strengthen the construction of electronic information platform, and hire professional network technical personnel to regularly check, to upgrade and maintain the system to ensure flipped course platform can provide convenient services for teachers and students anytime and anywhere. In addition, teachers can use the network flipped classroom platform to carry out effective management of students' learning conditions, timely solve the problems in the learning process, and guide students to carry out autonomous learning. Finally, through the network teaching platform, students can also initiate the discussion of problems, so that all students and teachers can participate and achieve common progress.

## 4. Conclusion

To sum up, college English teaching should make full use of multimedia technology and construct flipped classroom effectively under the new era education concept. Through the research on the application of flipped classroom teaching mode in college English teaching, we can understand that the effective application of flipped classroom has changed the shortcomings of the traditional teaching mode, provided teachers with a new teaching experience and greatly improved the enthusiasm of students in English learning. In the process of English flipped classroom teaching in colleges and universities, modern information technology has opened the door of a new era to teachers' teaching work, put forward a variety of new teaching models, and achieved good practical results, so that students' English learning enthusiasm has been greatly improved, but there are still many deficiencies in the actual application process, which needs the majority of educators make the improvements and upgrading to provide better English teaching for students.

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