

Research on the Development and Influence of CUBA Competition System on Chinese University Student Basketball

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Abstract: This article mainly focuses on the development of basketball, the influence of regional environmental factors, the strength gap between colleges and universities, the adverse effects caused by the short time span of the game, and the influence of traditional provision of the selection mode on the league. Make recommendations on this basis. It is advocated to adjust the number of athletes on the basis of regional differences, formulate corresponding entry systems with colleges and universities of different levels, and vigorously promote the CUBA competition system in grassroots competitions to attract more college students to participate.

Keywords: CUBA; Competition System; League Competition System

Up to now, Chinese college student basketball has gone through 18 years. China University Basketball Association(CUBA) was born in a very special period. Its emergence is not only a profound revolution in the field of college sports in China, but also opened up a new perspective for the cultivation of college sports talents. CUBA has played a positive role in promoting the professional development of Chinese basketball in both the reform method and the reform intensity. From the long-term perspective of the project, the college basketball league is of great significance.

1. The current situation of the development of CUBA Competition system

Beginning in 2011, the CUBA competition system has been relatively complete. So far, CUBA has entered a virtuous cycle. It has become an important platform for the participation and exchange of college basketball competitions, and more and more participating teams have participated in the concentration. Regardless of the opponent's strength, once participating in the competition can't be taken lightly. In the history of the CUBA, the craze of fighting for hegemony and the dark horse turned out to be staged in a single knockout system. The competition methods used in each of the 9 leagues are completely different. In the end, the ab-level league champion team entered the finals to compete, which laid a hidden danger for the next game. So in the second league, we learned the lessons of the first, reformed the competition system, cancelled the original hierarchical competition system, divided the team into 4 divisions, and included the top two in each division into the quarterfinals In the game. Until 2000, CUBA officially promulgated the league's competition rules, and officially stated that the time and conditions of the competition will remain unchanged. This makes the league match with the rules of international basketball competition and the actual situation of college basketball more closely, and has a positive role in promoting the development of college basketball in my country. In the initial stage, the continuous exploration of the CUBA competition system provided a guarantee for the development and stability of the initial stage of the league, and also laid the foundation for the later development.

2. Analysis on the influence of CUBA competition system on college students' basketball

2.1 CUBA League competition system and exchanges between universities

For the healthy development of the league, the CUBA system is a very important guarantee. At present, the materials used in the CUBA preliminary and regional competitions involve a wide range of social influences and participating teams. However, from the beginning of the qualifiers to the finals, some teams have more than a dozen games. Some teams only have a few games. On the one hand, this situation has an impact on college students' school learning time. On the other hand, there is less communication between schools and exchanges with high-level teams. This kind of phenomenon will inevitably lead to the team not getting exercise, the enthusiasm of the players cannot be improved, and it is difficult to improve the overall level.

2.2 The impact of the CUBA competition system on the training of reserve talents

The training of reserve talents has always been a weak link in the development of basketball in my country. As a country with a population of more than 1.3 billion, my country has a huge number of talent selection and training in theory, but the reason why the quality of basketball reserve training is not high, the promotion is mainly limited by the training model of basketball reserve talents. At present, the main basketball reserve talent training model in my country is the amateur sports school — sports school — sports team model. This training model is not only weak in foundation, but also unable to take into account the learning of athletes' cultural courses, which leads to the quality of my country's basketball reserve talents. The lack of protection has not taken advantage of the talent pool of our country with a large population. It can be seen that the talent training method under the planning system is not suitable for the status quo of my country's basketball development, nor is it conducive to the improvement of my country's basketball reserve talents. Since the establishment of CUBA, the issue of basketball reserve talent training has been placed in an important position, and the training model of "primary school — middle school — university — professional team" has been put forward in response to the current situation of basketball in my country. CUBA has given full play to college students. The influence of the basketball league has effectively aroused the interest of primary and middle school students in basketball, realized the further development of basketball in primary and secondary schools, and achieved a high degree of popularity of basketball in primary and secondary schools, which is also an important foundation for basketball reserve talents in my country.

In the CUBA reserve talent training model, the culture class level of basketball reserve talents has finally received attention. This model can take into account the improvement of both the basketball skills of reserve talents and the culture course learning, and is committed to training "high-quality, high-level, highly educated" "three high" basketball reserve talents. With the influx of these high-quality basketball reserve talents into CUBA, it can also promote the long-term sustainable development of CUBA, which is conducive to the development and promotion of college basketball. Through the CUBA reserve talent training model, it can effectively promote the development of primary and secondary school basketball. The development of primary and secondary school basketball can provide CUBA with higher quality basketball players and improve their competitive level. The improvement of CUBA economic level is more conducive to high-quality basketball training of talents.

3. Conclusion

On the whole, for the development of college basketball in our country, the CUBA competition system and its driving role have also imposed certain restrictions on it. At the same time, regional differences, economic differences, environmental differences, and many other factors restrict the CUBA. The development of the university also limits the cultural exchanges between universities.

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