

# Exploration of College English Teaching Reform Based on Evidence-based Teaching Concept

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**Abstracts:** The concept of evidence-based teaching has become more and more mature, and has been successfully applied to the field of education, especially college English teaching, which provides a new theoretical guidance for educational research and teaching practice. This paper analyzes the important role of evidence-based teaching in college English teaching reform, and discusses its specific application and teaching reform for reference.

**Keywords:** Evidence-Based Teaching; College English; Reform in Education

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## 1. Introduction

Evidence-based teaching belongs to the decision-making mode of teaching practice. It is a teaching implemented according to specific evidence, that is, scientifically and accurately using the best teaching research basis obtained at present, and according to teachers' own teaching experience and skill level, considering students' learning needs, determining teaching objectives, planning teaching contents and implementing teaching. College English teaching under this teaching concept plays a very important role and value.

## 2. The important role of evidence-based teaching in college English teaching reform

In the traditional college English teaching, the teaching method adopted by teachers is relatively single, focusing on textbooks, students passively accept knowledge, and their enthusiasm is not high, which can not achieve a good teaching effect. College English teaching based on evidence-based teaching concept starts with problems and takes solving problems as the ultimate task. In this way, we can mobilize students' interest and desire to participate in learning, in order to let students think about specific problems, carefully listen to teachers' lectures, think and discuss for the purpose of solving problems. Finally they get the results through analysis and summary under the guidance of teachers. In this way, students' learning attitude can be corrected, from passive learning to active learning, from rote knowledge points to independent thinking to obtain knowledge, activate students' thinking and improve the efficiency and quality of English Teaching.

## 3. Application and exploration of evidence-based teaching concept in college English teaching reform

### 3.1 Principles of evidence-based teaching

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First, we should adhere to student-centered. When applying the evidence-based teaching concept to teaching, we should adhere to student-centered, take the problems encountered by students in daily learning as the entrance of research, and the content of research should be closely related to students' learning problems.

Second, we should pay attention to the teaching environment. The differences of students' learning basis, their methods and learning time will determine the content of learning, how to learn, where and how to learn. A teaching method useful to one student may not be suitable for other students. Therefore, in actual teaching, teachers should use scientific and effective methods and use the advantages of various teaching environments for teaching, especially considering the selection and application of evidence-based teaching methods in the teaching environment.

### **3.2 Conditions for the implementation of evidence-based teaching**

First, high-quality teachers. Teachers are very important subjects to implement teaching. Teachers must participate in the setting and handling of teaching problems. Therefore, teachers' teaching experience, ability and quality level are very important, which directly affects the effect of teaching.

Second, the most reliable evidence. The most reliable teaching evidence refers to the scientific principles, methods and standards used in the process of teaching research, and obtains the most authentic, complete and valuable research evidence and results through systematic analysis. These evidences and achievements include the experience obtained through teaching practice and the most effective evidence obtained by the latest research. Applying them to teaching practice can obtain ideal teaching effect.

Third, scientific research methods and means. Scientific research methods and means are the basis of evidence-based teaching. Because to obtain the most effective evidence, it is necessary to observe whether the method used in analysis is scientific. College English teachers should accurately evaluate the quality of various documents and analyze the accuracy of the research results put forward by teaching documents. At the same time, we should also evaluate the important value of teaching literature.

Fourth, students' participation. The smooth development of college English teaching activities must be inseparable from the participation of students. Students are the main body, and the whole teaching activities should focus on students. Promoting students' active participation is an important factor in college English teaching based on the concept of evidence-based teaching. In teaching, the implementation of teachers' decision-making should be recognized and accepted by students, and can be completed by students through autonomous learning and cooperative exploration.

No matter what kind of teaching decision, we should weigh its advantages and disadvantages. Only when the advantages outweigh the disadvantages can it be implemented, and we should make it clear with students and reach a consensus. In this way, we can obtain students' understanding and trust and enable students to cooperate with teachers to complete teaching tasks. On the contrary, if students do not adopt and recognize teachers' decisions, it will not work. Therefore, the development of teaching activities based on evidence-based concept requires teachers to think more from the perspective of students, respect students' dominant position, and establish a harmonious and harmonious relationship with students.

### **3.3 Exploration of teaching reform**

The reform of English teaching in the new era is a revolution in the implementation of traditional English teaching theories and methods. It improves the emphasis on knowledge telling and neglecting ability training in traditional teaching to a certain extent; we should pay attention to the subject status of teachers and ignore the bias of students' independent consciousness. In short, college English teaching reform is the reform of traditional teaching methods and means, apply the most scientific research evidence to teaching research in teaching decision-making, and constantly improve teachers' teaching ability and scientific research level. The critical thinking in the concept of evidence-based teaching provides ideological guidance for solving the above problems.

As teachers implementing teaching activities, they should update their traditional teaching thinking mode, establish the awareness of evidence-based education, and have the ability to apply evidence-based theory to English teaching. They should constantly learn and acquire knowledge, master the cutting-edge information and development of English subjects, skillfully apply the evidence-based teaching method of college English, and have the ability to think and analyze problems independently. In the basic link of college English teaching, in addition to the basic English knowledge, it is also necessary to explain the evidence-based teaching ideas, relevant knowledge and skills, such as the retrieval, search and application methods and skills of English literature, so as to promote students to develop good English learning habits.

In teaching, the main role of teachers is to guide students to distinguish and select the required content, so as to avoid learning too fragmented English knowledge, and to guide students to think about their knowledge and questions.

For example, teachers can integrate new knowledge and concepts, ask questions according to facts, and think about problems in a different way. Therefore, in teaching, teachers can let students carry out research-based or transformational learning. "Research style" attaches importance to teamwork, critical thinking, the source and development of problems, and the improvement of ability, including the ability to acquire knowledge, professional ability, cooperation ability, etc.

## 4. Conclusion

In a word, in the reform of college English teaching, the application of evidence-based teaching concept plays a very important role. It attaches importance to the cultivation of students' learning ability, gives students learning methods and skills, and enables students to actively acquire, understand and master knowledge. Evidence based teaching pays attention to the construction of a good learning atmosphere, so that students can obtain knowledge from a variety of English literature according to their own needs, which has certain guiding significance for students' future study, work and other aspects.

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