

# Exploration of the Creation of a Golden Class of Music Social Practice— — Taking the National Orchestra of Changsha Normal University as an Example

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**Abstract:** Nowadays, the construction of the national orchestra has been very mature. In order to create the social practice golden class, our school has opened a number of art school teams. As one of the school teams, the national orchestra, as an art carrier form, occupies a very important position in the social practice golden class created by our school. As the conductor and main person in charge of the ethnic orchestra of our school, the author has taken certain teaching measures in related fields, so that the ethnic orchestra can give full play to the function of aesthetic education, and organically integrate the two, so that the college ethnic orchestra becomes a new way of implementing aesthetic education.

**Keywords:** Social Practice Golden Course; National Orchestra; Aesthetic Education; College Education

In recent years, our school (Changsha Normal University) has set up school team training courses in order to create a golden class for social practice and relying on the school's rich aesthetic resources. These include national orchestras, wind bands, choirs, dance groups, etc. Each school team has between 30-60 members and is equipped with 3-4 professional instructors. As an important position of the school's aesthetic education, the school team has opened up the first classroom and the second classroom, and plans to use the social practice gold class to extend the aesthetic education to all corners of the campus, so that every student can feel it at their fingertips. Art, cultivate the soul. Our school's ethnic orchestra is currently among the top college ethnic orchestras in Hunan Province. It has achieved good results in major national and provincial competitions. It has participated in the national college ethnic orchestra as the only professional group in Hunan Province for three consecutive years, and won the second prize in the country. 2 prizes and 1 third prize. He also held a special concert in the Hunan Concert Hall to show the public the beauty of our school. It was reported by many mainstream media in the province and won unanimous praise from all walks of life.

## 1. The golden lesson of social practice combined with college aesthetic education

In October 2020, the General Office of the Central Committee of the Communist Party of China and the General Office of the State Council issued the "Opinions on Comprehensively Strengthening and Improving School Aesthetic Education in the New Era". This important document is based on General Secretary Xi Jinping's important speech and the spirit of the National Education Conference, focusing on outstanding issues and content.

In the process of creating the golden class of social practice, the students of the national orchestra express their love of life and art through playing the musical instruments in their hands. To achieve the purpose of aesthetic education. The social practice golden course serves to cultivate students' aesthetic ability, improve their creativity in beauty, build socialist spiritual civilization and cultivate students' spiritual beauty and behavior beauty. Use the beautiful things in real

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life and positive artistic images to infect the educated, in order to achieve the goal of “cultivating a lively and sensitive spirit and developing a noble and pure personality”, and fully demonstrate the current situation of contemporary college aesthetic education.

## 2. The social practice golden class promotes the theme of the times

In September 2020, our school specially invited national first-level composers. Our guest professor Mr. Liu Jun created a national orchestral work “Hope of Hope” for the national orchestra. This work was won by our school in May this year. The second prize of the 6th College Student Art Exhibition. Our school’s social practice golden class makes full use of the practical textbook of party leaders and people to fight against the epidemic, promotes the theme of the times from different dimensions and angles, and digs out the freshest materials from the perspective of young students. Its significance is far-reaching.

After three sessions of national college student art, our school’s national orchestra has always maintained a very high standard. From the first time I got the score of “Hope of Hope”, I was at a loss to become adept at later. The instructor and the students worked together to polish each melody and explore the deep meaning behind the work. Although the performance on the stage is only 8 minutes, behind it is the practice of basic skills in the rehearsal hall, the pursuit of timbre, and the meticulous repetition. After 2 months of polishing, the work was performed magnificently, and finally won the grand prize in one fell swoop. The social practice golden class not only improves the performance skills, but also improves the homeland feelings and the patriotic spirit time and time again.

## 3. The social practice golden class spreads traditional music culture

The social practice golden class always adheres to the purpose of disseminating traditional music and culture, and the national orchestra will also select classic folk music ensemble works when selecting repertoires for performance. “Yao Dance” was created in the 1950s. It was originally an orchestral work created by Liu Tieshan and Mao Yuan. It was later adapted by Mr. Peng Xiuwen and became a representative work of my country’s national orchestra. Compared with the “Hope of Hope” mentioned in the previous article, the orchestration of “Yao Dance” is relatively simple, and there are fewer dazzling skills. It vividly depicts the singing and dancing scenes of the Yao people during festivals. The dance is very strong and has a strong sense of our country. The music style of the Yao nationality in southwestern my country. This work is full of charm and sentimental to the scenery, representing the style and local color of the Chinese ethnic minorities, and has the traditional spiritual meaning of the Chinese nation’s culture.

In order to get the students close to the artistic conception of the performance, the instructor led the students to watch the performance videos of the China Broadcasting National Orchestra and the Central National Orchestra, and even found the orchestral version to help students analyze the similarities and differences in the artistic conception of the works. The students brought their understanding of traditional Chinese music culture to the special performance of the Hunan Concert Hall, jumping out of the shackles of pure skill and trickery, and presenting the original charm of traditional culture and local characteristics.

## 4. The social practice golden class makes a better life

Many ethnic orchestra students are still engaged in music-related work after graduation. It can be seen that the social practice golden class and the learning of the national orchestra are mutually inspiring, and their influence has been continued.

In the days to come, the National Orchestra of Changsha Normal University will continue to inherit Chinese folk music, carry forward Chinese traditional culture, and establish cultural confidence. The social practice golden class and the national orchestra will complement each other. It will also continue to be a highlight of Changsha Normal University’s educational mission of “Leaving Morality and Cultivating People”.

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