

# Situation of Survival and Education for Children in Distress from the Perspective of Social Work and Its Improvement Measures

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**Abstract :** Nowadays, with the development of my country, the improvement of legal awareness, the society pays more and more attention to the development of children in difficulties; This article elaborates on the survival needs and guardianship of children in difficulties, and is guided by social work theory guidelines, explore the relevant services of social work groups for children in need, and propose ways to improve: develop targeted social work services; provide effective emotional support to expand the social space for children in need; build a full system and service system for children in need.

**Keywords :** Social Work Perspective; Children in Distress; Community Social Work; Improvement Measures

Social work is a practice-based profession that promotes social reform and development, enhances social cohesion, empowers and liberates mankind; Its core principle is to pursue social justice, human rights, centralized responsibility and respect for diversity, and is committed to solving life challenges. Enhance the sense of happiness in life. With the rapid advancement of a new urbanization strategy in my country, problems such as the survival and education of children in difficulties have gradually become prominent and have become complex. As an important place in the daily life of children in distress, the community plays a key role in helping and solving the problems of children in distress.

This article discusses the living conditions and education of children in distress, and uses the intervention of community social work, provides relevant services for children in distress, and provides reflections and references for the community to improve relevant assistance measures for children in distress.

## 1. Analysis of the survival status of children in difficulties

### 1.1 The actual needs of children in need

#### 1.1.1 Lack of spiritual and emotional support

Children in difficulty often lack emotional and emotional support. Their parents go out to work and their social spheres are narrow; Inter-generational parenting is more common among children in distress, but there is a generation gap between the grandparents and the distressed children, they are less able to get spiritual support from their grandparents.

#### 1.1.2 Long-term psychological problems, lack of reasonable coping ability

All children in difficulties have obvious psychological problems. When they find the gaps between themselves and others, they cannot understand these rationally. They will talk to the vagrants and idlers in the community about imaginary things to satisfy their vanity. They said that these children would say that their parents earn a lot of money in big cities such as Beijing, but their parents actually work in the county.

At the same time, the low sense of security of children in distress can lead to aggressive behavior. The reason they do this is just to make everyone feel that they are powerful. And these offensive behaviors will arouse the resentment of the residents around the community, make the situation of the children in distress more marginalized, and the unwelcome situation will aggravate the

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psychological problems of the children in distress.

### **1. 1. 3 Lack of extensive social space**

According to the social support network theory, the survival of human beings needs the cooperation of others and depends on the assistance of others. After communicating with children in distress, it is learned that the scope of communication of children in distress is mostly limited to a relatively single and narrow community, and the number of people to interact with is limited, and it is difficult to make new friends.

## **1. 2 The issue of guardianship protection for children in distress**

### **1. 2. 1 The guardian has more than enough heart but not enough energy**

In order to maintain the normal operation of the family economy, the guardians of the families of children in difficult situations have been working for a long time. They do not have free time to accompany the children. Some guardians pay attention to the learning status of children in distress after work. they will preach or encourage their children, but they lack persuasiveness and conviction in behavior.

At the same time, parents of children in distress are not well-educated, and they provide less academic help to children in distress. More importantly, they have less understanding of the development needs of children in distress and cannot objectively analyze their children's problems. Therefore, if a child has a problem, the family will fall into the problem, which will cause a series of family dilemmas.

### **1. 2. 2 The school's support method is rigid and single**

School is an important place for children to live and learn, and it is also an important subject for the implementation of charity policies and assistance. However, with the development of society, the types of children in difficulties have increased, the reasons for the occurrence of difficulties have become more complex, and the performance and needs of children in difficulties have become more diverse. The school does not fully understand this complex change, and the form of assistance is relatively simple. It still mainly uses financial assistance or one-way, superficial emotional condolences, and "labels" children in difficulties; the needs and voices of children in difficulties cannot be understood, Sometimes they don't even like the security of the school.

### **1. 2. 3 Community social work services are not targeted**

The services provided by the community for children in need mainly include publishing news, accepting support from caring people, and handling relevant state subsidies for those who meet the policy. These practices are all financial support. There is a lack of targeted and personalized services, and there is no systematic management of the files of children in difficulties. In terms of emotional guidance and mental health education, the community seldom provides emotional care and security enhancement services for children in difficulties.

## **2. The feasibility of community social work for children in need**

### **2. 1 The state's policy support for services for children in need**

In 2017, the Ministry of Civil Affairs and other four departments jointly issued the "Guiding Opinions on Playing the Role of Social Work Professionals in the Care and Protection of Left-behind Children in Rural Areas" (Civil Law [2017] No. 126). It clarifies the main tasks of social work professionals in the care and protection of rural left-behind children. Therefore, actively responding to the call of the state, pooling state funding subsidies, integrating existing conditions in the community, and combining professional social workers and related social resources have become an active and effective way to improve services for children in need.

### **2. 2 Social work methods can meet the needs of children in need**

Based on Maslow's hierarchy of needs theory and combined with actual conditions, it is found that the needs of children in distress in the community are not only survival needs, but also high-level needs such as psychological needs. Their needs are strong in terms of safety, social interaction, respect, and self-realization.

Social workers believe that everyone has the potential for development and the possibility of self-realization. Under this premise, the use of social work perspectives and theories can continuously improve the quality and ability of children in difficulties. First, it is necessary to meet the emotional confession needs and the needs of attention of children in distress. second, in the middle of social work service, social workers continue to guide children in distress to explore and discover unknown possibilities; in the later stage of social work service, conduct and improve a simple assessment of each distressed child, and proceed further targeted promotion services.

### **2. 3 Pay attention to the family's support for children in need**

The important period of individual development is childhood, which is an important stage in which learning education plays a

role. Whether children in difficulties can adapt to the surrounding environment smoothly and develop themselves better; this not only affects the quality of family life. In the process of social work services, the social labor union pays attention to the overall development of the family, helps family members understand the current situation and needs of the family, and relieves family conflicts.

### **3. Improve strategies for services for children in distress**

In response to the main problems of children in difficult circumstances, social workers mainly adopted the following three strategies. First, provide group work-related services for children in distress. Social workers set up a comprehensive development group for distressed children in the community. Second, improve their guardianship level. Create a good growth environment and build a multilateral protection system for children in need; third, social workers actively promote the construction of a three-level service system of “individual-family-school and community”.

#### **3.1 Targeted establishment of comprehensive development group services**

Comprehensive expansion of group services requires the use of the power of social workers, and relying on mature service projects to help children in difficulties grow and develop through effective guidance. To this end, professional social workers, based on previous visits and investigations, and literature review, provide three themed services for children in difficulties, including community volunteer activities, reading clubs, and outdoor development.

##### **3.1.1 Community volunteer activities broaden the social space for children in difficulties**

Organizing voluntary activities is an important part of social work intervention for children in difficulties. Before the start of the activity, social workers explained the definition and difference between volunteers and social workers for children in distress, and promoted the understanding of children in distress through relevant cases involving social workers. After introducing the basic knowledge, social workers lead children in difficulties to practice voluntary activities.

##### **3.1.2 Reading clubs enrich cultural life**

Reading is advocated by modern society, but the fast-paced products of modern society flood the lives of children in difficulties in the community, and they rarely have time to calm down and read books. Based on the actual situation of children in distress, social workers select reading topics to stimulate their interest in reading, create an atmosphere for reading, and through activities such as exchanging good books, help children in distress find reading partners and make reading an activity expected by children in distress.

##### **3.1.3 Outdoor development releases psychological pressure**

Outdoor outreach activities can enhance the physical fitness of children in distress, and children in distress can gradually release their stress by running and jumping. Outdoor outreach activities combine physical and mental strength, which helps social workers guide children in distress to think about the value of life and growth in many ways.

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