

# A Study on the Cultivation of Students' Aesthetic Ability in High School Art Education and Teaching

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**Abstract :** Art is a subject that has never been absent in both primary school and high school courses. Compared with mathematics, Chinese, physics, and chemistry, many students and parents think that this is a sub-subject of “self-cultivation”. In the college entrance examination, it is not an important thing to go to or not to go to, to study or not to study. After all, this course cannot add points to the grades, and it cannot help everyone enter a better school. However, art is just as important as music and physical education courses. Its purpose is to cultivate students' aesthetic ability and help everyone have a pair of eyes that can discover and appreciate beauty. It plays an important role in the improvement of comprehensive quality. Here is how to carry out art education in high school.

**Keywords :** High School Art Education; Aesthetic Ability; Teaching Research

At present, the goal of education in our country is to cultivate people with all-round development of “morality, intelligence, physique, beauty and labor”. It can be said that the development of art courses has an important role in the cultivation and improvement of students' image thinking. This course is to carry out “aesthetic education”. It is an important means of cultivating high-quality talents. In addition, it can effectively develop the students' intelligence and cultivate their sentiments, so that they have a deeper understanding of the world from another aspect, and at the same time enrich the spiritual world. Therefore, art teachers need to actively learn new things in daily teaching. The concept of curriculum reform, combined with the actual situation of students to formulate effective teaching plans, to actively guide students to explore better training methods.

## 1. The necessity of cultivating students' aesthetic ability in high school art education

The purpose of art education is to improve students' observation and creativity, so that students have a pair of eyes that can discover beauty in daily life, so as to feel the beauty of the world and promote the effective improvement of comprehensive literacy.

### 1.1 The purpose of art education is to cultivate students' observation and creativity

The scope of application of art education is extremely wide. Whether it is children in kindergarten or students in high school, they will have different feelings and experiences through art education. Art education in high school mainly helps students to have a deeper understanding of beauty through the appreciation of works, thereby promoting the improvement of aesthetic ability. While understanding the creation techniques and connotations of art works, help students to extend the ability to discover and appreciate beauty into their daily life, establish a set of standards for their own judgment of beauty, help them discover more beautiful elements in life, and make the content of daily life change. The richer, while the spirit is cultivated, use the ordinary things around you to create beauty.

### 1.2 Aesthetic education plays an important role in the cultivation of students' comprehensive quality

Students in high school are growing in their thoughts and consciousness. The school's active art education will enable students to have keen insight and improve their ability to discover and create beauty. These abilities will enable them to maintain a positive

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and optimistic attitude in ordinary life and feel the meaning of life, which will have extraordinary significance for students' future work and development.

## **2. Problems existing in the current high school art education**

With the implementation of the new curriculum reform, many educators, students and parents have realized the importance of art teaching, but due to the influence of traditional educational viewpoints and forms, there are still certain problems in actual teaching. Active development has a certain negative impact, and it is also very unfavorable to the development of students' personal development and comprehensive ability. Specifically, it includes the following aspects:

### **2.1 Lack of conscious cultivation of students' aesthetic ability**

In addition to art students, art is rarely involved in the middle and college entrance examinations. Therefore, in daily teaching, art teachers do not pay attention to art, and do not spend more time and energy on the research of art teaching and the use of art works. The lack of in-depth research on the skills, techniques, and the way of thinking and content contained in it makes the effect of art teaching unsatisfactory. In addition, many middle school art teachers have a negative psychology and cannot actively accept the educational concept of the new curriculum reform. They are still using traditional teaching methods and focus on the skill analysis of some works. Due to the students' basic and understanding ability different, the acceptance of these knowledge is not ideal, and there is a problem that theoretical knowledge is more than practice, so that art education does not play a positive role in promoting the development of students and the improvement of comprehensive ability.

### **2.2 The teaching content of the art class is relatively simple, and the effect is not ideal**

The current high school art classroom has not completely changed the inherent education mode, and only guides students in art theory and skills, which makes art teaching quite insufficient for the cultivation of students' various abilities. Traditional art theory education cannot stimulate students' interest in learning at all, nor can they attract students' attention faster in class. Students feel that the content taught by teachers is boring and lackluster, and teachers feel that students are not serious enough and work hard enough to achieve the predetermined level. teaching objectives.

### **2.3 The single teaching method of art classroom in high school hinders the improvement of students' ability**

Art education in high school is mostly through the analysis of famous masterpieces to explain the techniques used, the artistic conception expressed, and the connotation it contains. This teaching method can make students have a simple understanding of art history in a short time, but it has limited effect on the improvement of their aesthetic ability and the cultivation of sentiment. For example, when learning traditional Chinese landscape painting, Van Gogh, Leonardo da Vinci and other works, students usually ask where these paintings are good, rather than what I have felt from these paintings and what insights have given me. If this teaching method cannot be improved, it will hinder the cultivation of students' thinking mode and aesthetic ability.

## **3. How to effectively cultivate students' aesthetic ability in high school art classes**

The continuous development of the country has changed the society's demand for talents. What was needed in the past was people who were down-to-earth and diligent in work, but now they need people who are active in thinking and good at learning and innovation. At the same time, due to the great pressure of living in the current society, having a good aesthetic ability and edifying oneself in the beauty and beauty will also effectively release the pressure brought by work, which requires better education in the middle school era. Students' ability to discover and create beauty. Specifically, art teachers can start from the following aspects:

### **3.1 Teachers recognize the importance of art education and improve the awareness of aesthetic education**

The new curriculum reform clearly points out the importance of art education to the improvement of students' comprehensive ability and future development. In teaching, art teachers should fully understand and understand this teaching concept and the necessity of its implementation. Actively and proactively learn new art teaching concepts after class, and on the premise of having a thorough understanding of the content of art textbooks, formulate appropriate teaching plans in accordance with the specific situation of students, so that students can fully exert their power of observation in teaching. At the same time, it can achieve the improvement of creativity, so as to help students build correct aesthetic concepts and have a rational, objective and artistic aesthetic vision.

### **3.2 Carry out evaluation and communication through specific works**

Art, like literature, is an art form that incorporates self-feeling. When reading literary works, we often say that "there are a thousand Hamlets for a thousand readers". The same is true for appreciating art works. A person's age, experience and preferences are different, the feelings obtained in the same work of art are also different. In the art teaching of high school, teachers should give correct guidance according to the actual situation of the students under the premise of fully understanding the content of the

textbook, so that they can discover the beauty in the appreciation of the works. Teachers can also encourage students to speak freely and express their opinions when appreciating a work, so as to promote the exchange and communication of their ideas. For example, from this year's popular dance "Only Blue and Green" to "A Thousand Miles of Rivers and Mountains", students can have a preliminary understanding of this painting through multimedia equipment in the classroom, and encourage them to express their own views. After thinking of something, do you have any experience, then the teacher summarizes and expands, and guides the discovery and creation of beauty to ordinary daily life.

### **3.3 Change the single teaching mode and improve students' aesthetic ability through various forms**

Traditional art teaching is generally carried out in the classroom. This teaching mode does not have any novelty for students. Teachers should fully consider the specific situation of students when formulating teaching plans. Teaching can be extended from classrooms to museums. Art museums and even aquariums, these places not only have precious works of art, but the creatures in the aquariums will bring you a visual feast of natural beauty, helping students to gradually transition their appreciation of beauty from works to nature. At the same time, teachers also need to provide timely guidance to students in the process of appreciating beauty, and timely evaluate and give feedback on their opinions on "beauty". They can also organize appreciation activities in groups to improve their aesthetic ability in learning and communication.

## **4. Conclusion**

In short, in the teaching of high school, the subject of art needs to be paid attention to. Art teachers should seriously study the content of the new curriculum reform, change the traditional teaching concept, face up to the problems existing in art teaching, and fully understand the content of the teaching materials. On the basis of this, various teaching activities are arranged according to the actual situation of the students, so as to help everyone not only understand the skills and techniques used in the works of art, but also to have a deeper understanding and perception of the works of art through guidance, and then extend from the works to the daily life. To achieve the purpose of improving aesthetic ability, cultivating sentiment and improving creativity.

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