

### **Current Situation and Path Exploration of Ideological and Political Teaching in College English**

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Abstract: The reform of education makes the implementation of curriculum ideological and political education in college English teaching, and transforms the previous "ideological and political curriculum" into the current "curriculum ideological and political education". The transformation of this mode is to cultivate talents in a three-dimensional way and break the traditional single ideological and political curriculum, but to integrate ideological and political education into English teaching and various subjects, so that students can learn ideological and political education while learning knowledge, cultivate talents with both ability and moral integrity for the school, in order to have a better foothold in the society in the future.

Keywords: College English; Ideological and Political Curriculum; Present Situation; Path Exploration

#### 1. Introduction

Talents are the core of national development, and colleges and universities, as a talent training base, shoulder the important task of cultivating talents. In recent years, the demand for talents is becoming higher and higher. We should not only pay attention to students' learning ability, but also pay attention to cultivating students' comprehensive ability to make it develop in the direction of internationalization. Integrating curriculum ideology and politics into English teaching lies in improving students' English level and students' ideological and moral character. In the process of English teaching, teachers need to constantly explore, integrate the curriculum thought and politics into English teaching, take students as the main body, and pay attention to cultivating students' comprehensiveness.

# 2. The current situation of infiltrating ideological and political education into college English teaching

# 2.1 The idea of ideological and political education in the curriculum is not fully implanted

Integrating the concept of curriculum ideological and political education into college English teaching is a more advanced educational concept. It has been widely spread all over the country in recent years, and many colleges and universities have carried out the practice of curriculum ideological and political education. However, the concept of curriculum ideological and political education is not fully implanted in major universities, and some schools still do not pay enough attention to curriculum ideological and political education, only pay attention to the training of students' professional knowledge and skills, ignoring the educational function brought by curriculum ideological and political education. English has certain particularity for other subjects, and the teaching content is inseparable from western educational thinking. Therefore, the implementation of curriculum ideological and political education in college English teaching requires teachers to carry out careful design and practice, so as to reflect the elements of curriculum ideological and political education in English teaching, help students establish correct three outlooks, and correctly face the western culture contained in English

and English, which help students build cultural confidence and explain Chinese culture in English.

#### 2.2 The corresponding English teaching resources are relatively scarce

Nowadays, the English teaching resources of most domestic colleges and universities, including public courses, professional courses and ESP, still continue the thinking of traditional English teaching materials. The content of public English textbooks is widely drawn, which generally involves daily life, work and learning. Students can learn this content through listening, speaking, reading and writing. In the process of teaching, teachers pay attention to cultivating students' professional knowledge and ignore the educational purpose of English subjects. The traditional teaching content involves relatively few curriculum ideological and political factors. Therefore, teachers need to actively choose some English teaching materials with curriculum ideological and political elements to teach students. Secondly, there is still a lack of ideological and political elements in the teaching materials for English majors. The knowledge of the teaching materials increases the breadth and depth of knowledge on the basis of the original English language knowledge. The teaching contents involved in ESP are more inclined to professional English vocabulary and focus on cultivating students' oral English ability and expression ability. The curriculum ideological and political elements contained in the teaching materials are very rare.

### 2.3 Lack of innovation in teaching mode

The penetration of curriculum ideological and political ideas requires teachers in the teaching line to pay attention to it and pay attention to the educational function of curriculum ideological and political ideas. However, in the process of teaching, the research on curriculum ideological and political ideas is not deep enough, and the teaching mode used is relatively backward, which can not achieve the purpose of curriculum ideological and political education. The teaching method is lack of novelty, can not attract students' attention, and does not show the education story well. Teachers' teaching lacks advanced teaching means. Blindly mechanically combining English knowledge and curriculum ideological and political content will be counterproductive, which is not conducive to students' absorption of this knowledge, and thus fails to achieve the purpose of curriculum ideological and political education.

# 3. An effective way to infiltrate ideological and political education into college English teaching

# 3.1 The idea of strengthening the ideological and political education of college English teachers

The integration of curriculum ideological and political ideas into college English teaching needs the attention of schools, teachers and every student. Therefore, colleges and universities need to do a good job in the publicity of curriculum ideological and political education, integrate the educational concept of curriculum ideological and political education into everyone's heart, and improve everyone's attention, so as to enable English teachers to carefully design the teaching of curriculum ideological and political elements in the teaching process. English teachers should not only pay attention to the importance of curriculum ideological and political ideas, but also ensure to teach students implicit education of English knowledge and culture on the basis of political qualification, so as to help students establish correct three views, correctly understand the western culture and Chinese culture contained in English textbooks, and cultivate more excellent comprehensive talents for the society.

## 3.2 Selection of English teaching materials and ideological and political curriculum

The infiltration of ideological and political ideas in English teaching is very necessary to equip it with corresponding college English textbooks. Nowadays, some domestic publishers have paid attention to the teaching materials of curriculum thought and politics, and the elements of curriculum thought and politics have been integrated into the new English teaching materials. Therefore, colleges and universities should pay attention to the selection of English textbooks in this aspect. For example, the public English textbook published by the state has added a new knowledge section "China story" on the basis of the original English textbook, so that students can not only learn English knowledge, but also experience the breadth and depth of Chinese culture, and cultivate students' sense of national belonging and national pride.

### 3.3 Improving the comprehensive level of college English teachers

Nowadays, young and middle-aged teachers are the backbone of college English teachers. Therefore, colleges and universities should do a good job in the training of English teachers and cultivate them to establish a correct concept of curriculum ideological and political education on the basis of clarifying their own English teaching characteristics. We should strengthen the establishment of teachers' socialist outlook on education and cultural self-confidence, and ensure that teachers can speak and act appropriately when telling students knowledge. Colleges and universities should do a good job in regular training, regularly train teachers to participate in the research and learning of the ideological and political content of the curriculum, deepen the breadth and depth of teachers' ideological and political knowledge of the curriculum, and cultivate excellent English teachers who meet the requirements of the new era, so as to better cultivate more excellent English professionals.

### 3.4 Innovation of English teaching methods

In the process of teaching, college English teachers need to pay attention to the innovation of teaching methods, keep up with the pace of the times and update their teaching ideas and methods in time. We should deeply study the relevant knowledge of ideological and political education in the course, select the appropriate content, and teach Chinese stories to students through appropriate teaching methods. Teachers can guide students to tell Chinese stories in English according to the course content, and influence students to establish correct ideas and achieve the purpose of ideological and political education in the course. At the same time, teachers should strengthen their teaching level and actively use some advanced teaching methods to improve the teaching quality of English teaching. Nowadays, with the normalization of the epidemic situation, we should use a variety of combination methods online and offline to tell students some Chinese anti epidemic stories, let students feel the greatness of the motherland from the epidemic environment, and cultivate students' sense of national belonging and national pride, in order to achieve the purpose of ideological and political education through group discussion, personal presentation and other ways.

### 3.5 Multidimensional nature of English curriculum

In the teaching process of English curriculum, teachers should ensure the multidimensional and open nature of the whole educational space. English classroom is an important medium to teach students English knowledge, correct Chinese culture and ideology and morality. Teachers should change the traditional teaching mode and break the previous single knowledge output. They should equip corresponding ideological and political education on the basis of English professional knowledge output and guide students to establish correct values. When teaching students the western culture contained in English knowledge, we should properly integrate into Chinese traditional culture, and guide students to establish a sense of identity with traditional culture, so as to promote students to have a sense of national pride, and stimulate students' national consciousness and sense of social responsibility. We should flexibly use teaching methods to infiltrate the elements of curriculum ideology and politics into the teaching of English courses, let students talk about relevant English topics in groups or individuals, and create a learning environment for students to discuss freely and communicate deeply. The knowledge of English textbooks involves the politics, religion, science and technology and daily communication culture of western countries. While teaching Western culture to students, we should pay attention to the infiltration of ideological and political elements in the curriculum. When training students' language skills, we should give full play to the educational function of

ideological and political education in the curriculum. For example, when teaching the relevant knowledge of cross-cultural communication context, we can guide students to correctly understand the differences between cultural communication in western countries and China, help students establish correct values and cultural concepts, and guide students to establish a correct political position to dialectically study western culture from multiple dimensions. Teachers should give full play to English as a language communication tool, so that students can have the ability of cross international communication and objectively understand western culture.

#### 4. Conclusion

In a word, college English teaching should not only focus on cultivating students' professional skills, but also equip students with corresponding moral concepts. English majors have certain particularity. Most English teaching contents come from foreign cultural contents, which has a certain impact on the penetration of ideological and political courses in China. Therefore, college English teachers need to innovate and practice, explore the effective path of Integrating ideological and political courses into college English teaching, create a good ideological and political environment for students, and let students have excellent moral cultivation under effective teaching strategies, in order to further implement the application of ideological and political curriculum in college English teaching.

#### References

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