

# Marx's Personal Liberation Theory and Its Contemporary Interpretation

Yaqing Zhang

Ningxia Preschool Teachers College, Ningxia 750001, China.

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**Abstract:** Making the people happy and happy is the basic starting point for the development of all countries. In the process of development, we should always carry out the people-oriented development concept to the development of building a harmonious society. In the process of realizing the people's happiness, our country has always followed Marx's humanism. At present, our country has entered the critical period of reform, all classes of people have to face the severe situation and test, must be from two aspects of "liberation" of Marx to rethink the development process of people and explore the practice in the process of building people's better life, so that people with more full of enthusiasm into the wave of socialist modernization construction, share the achievements of reform and development, to build a happy life home.

**Keywords:** People; A Good Life; Realistic Path

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## Introduction

The 19th National Congress of the CPC said, "The cause of socialism with Chinese characteristics has entered a new era, and the principal contradiction in our society has been turned into an unbalanced relationship between people's demand for a better life and development. With the continuous development of China's economy, people's material needs are no longer met, and the pursuit of the spiritual level is also getting higher and higher. On the path of socialism with Chinese characteristics, the country has always put the people first as its development philosophy. The development of human society is inseparable from the all-round development and human liberation, which is the basic goal of the development of the whole society. At present, China is in a critical period of deep reform. At present, what the country should do is to create a better life and promote human development more effectively.

## 1. The relationship between Marx's liberation theory and the realization of a better life of mankind

### 1.1 Marx's theory of labor and liberation for human beings is the prerequisite for realizing a better life for the people

The fundamental difference between man and the beast lies in labor. People's work must be free and self-conscious, so that people can obtain happiness in their work, and to pursue a high quality of life. The most representative of Marx's labor liberation theory is "human liberation". However, after a profound discussion of the historical development of capitalism, Marx realized that the work done by workers was not free and voluntary. Marx had a more profound understanding of the significance of labor, believing that "alienation" is an obstacle to human liberation, and in order to liberate human beings, we must free people from their own liberation, so that people can fully play their role. The liberation of human labor right, the most important thing is to realize the freedom of human labor. The excessive exploitation of human resources can only cause endless suffering for the people's lives. In the development of capitalism, the workers were fighting for eight hours, but they did not get full freedom. This has enabled us to gradually adapt to people's needs for a better life today, providing valuable

experience and lessons, to make people's life happier, we have to implement the "working hours" system. In the new era, we reflected on Marx's theory of "labor liberation" and pointed out that in order to make human beings more happy, we need to pay attention to human labor rights to achieve higher happiness. With the development of socialism with Chinese characteristics, as long as our work is done in a free way, to maximize the material needs of the people, to maximize the people's material and spiritual pursuit, and to bring our lives to a new height. Only when the human right to labor is fully developed can people live a better and happier life <sup>[1]</sup>.

## **1.2 Marx's theory of personality liberation of people is the driving force to realize a better life of the people**

The primary survival condition is personal freedom and a talent for development. Marx's human liberation emphasized the development of human beings. Both Marx and Engels had a new understanding of human development. In the 1880s, Engels said in the *Development of Socialism from Space to Science*: "Human beings will eventually be the master of society and our own masters, and realize our own freedom." By that time, the people are already out of the control of capitalism, and they can be their own master, and they can arrange their own work at will, do what they like to do, and become a real free man<sup>[2]</sup>. The survival and development of human beings is not only for survival, but also to pursue a higher quality of life. It is the real liberation of human personality and the all-round development of individuals. The liberation of human personality is the gift that an individual can use arbitrarily in his personal development. From the perspective of the development process of Marx's personal free thought, human freedom has practical and historical significance, and it is impossible to be completed overnight. Only when human personality is liberated, can human beings get the things they like, give full play to their personal talents in their own career, cultivate creative socialist newcomers, and then achieve the people's yearning for a better life.

## **2. Based on the perspective of "people" to explore the realistic path to realize the people's better life**

### **2.1 Education is the guarantee of realizing people's free and all-round development, and adhering to their personalized development**

"Education is oriented", cultivating a modern socialist country, and taking the educational concept and method of "people-oriented" is the fundamental goal of promoting national development and promoting human development. Starting from the implementation of comprehensive quality education, we pay attention to the development of people's personality, and the traditional teaching concept can not match with our modern development. The first is the study of Marx's personality to emancipate the mind, emphasizing the development of human personality. In the process of socialist development, we pay attention to individual freedom, adhere to Marx's theory of "human liberation", and develop the "people-oriented" in an all-round way. At the National Conference on Ideological and Political Education in Colleges and Universities, Xi Jinping said: "We should put the people first and put the people first." With the development of our country, the past concept of development has gradually changed, the past blindly chasing scores and ignoring the comprehensive development of people. In today's society, we should not only realize the freedom of personality in the field of education, but also pursue the liberation of human personality and human freedom at all levels of the country. The second is to strengthen the reform of teaching methods and diversified teaching. China's traditional teaching method is mainly "indoctrination", students do not have independent thoughts in learning, only to passively to accept, so the thought is restricted. In the development process of modern society, we advocate "people-oriented", pay attention to the development of students, adopt diversified teaching methods, and organize various different teaching activities to highlight students' personality. Third, different students should be targeted in teaching to cultivate creative students. In the process of building a moderately prosperous society in an all-

round way, creative talents are the key to building a harmonious society. Individuals have their own strengths and weaknesses, so we should pay attention to personal characteristics in teaching, give full play to students' potential, cultivate students' creative thinking, adhere to the development of students' personality, and promote students' freedom and all-round development. In order to create a better life, we must cultivate a person's personality, everyone should actively think, to actively innovate, to explore their own potential, to pursue a better life [3]. Marx's "theory of personality freedom" has provided beneficial enlightenment for the development of modern Chinese society. Human free thought and consciousness can promote the development of human beings, and the liberation of human personality cannot be separated from the health of human body and mind. Therefore, China needs to make joint efforts in the political, economic, cultural and other aspects to improve China's political, economic and cultural system. In order to fully develop the individual's free personality, we must get universal attention from the whole society, treat all problems correctly, liberate people's personality, have creative development, and make the society to build a moderately prosperous society in a more coordinated and all-round way.

#### Epilogue

From several aspects of Marx, the liberation of human labor, the liberation of human personality and the liberation of human beings are all the three major elements of human liberation. Article from several aspects of marxism's thought, analyzes the relationship between several aspects with people's happy life, finally analyzes the from the perspective of "people" to build the realistic way of human happy life, discusses how to put people's work enthusiasm and enthusiasm on the road of socialism, so as to realize the all-round development of human beings, let people share the fruits of reform and development, build a happy home together.

## References

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