

# Research on Integrating Socialist Core Values into the Professional Personality Cultivation of Medical Students

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**Abstract:** The socialist core values have important guiding significance for medical students' professional personality cultivation, However, in the specific guidance process, we are still faced with the problems of deep-rooted utilitarian values, weak cultivating teachers, poor awareness of student cultivation and disconnection between knowledge and practice, In view of the above difficulties, the article puts forward corresponding suggestions from the cultivation of values, the leading role of core values and the construction of tangible cultivation carrier.

**Keywords:** Values; Integration; Medical students; Professional personality; Cultivation

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In recent years, with the development of the Internet, the exposure rate of scandals and disharmonious doctor-patient relationship in the medical and health field is getting higher and higher, The prejudice of all walks of society against the medical field and the dissatisfaction with the medical staff make people begin to reflect on medical education. Due to the particularity of medical major, medical students will basically grow into medical staff who heal the wounded and save the dying, which puts forward higher requirements in institutions of colleges , especially medical schools. How to become a doctor in a real sense is not only an urgent problem for medical schools, but also the ultimate goal of medical students' professional personality cultivation.

## 1. The importance of professional personality cultivation for medical students

Professional personality is a stable attitude and its unique behavior of a person when engaged in a certain career, generally including world outlook, outlook on life, values, beliefs, interests, ability, temperament, personality and other aspects. The cultivation of a good professional personality of medical students is their professional responsibility and the inevitable requirement of social development.

### 1.1 People's growing health needs

The development of social and economy makes people's health awareness increase rapidly, and the requirements for health are also very different from those of those before the 1970s. After the 1970s, there were significant changes in both the human disease profiles and death profiles. Research found that people's main cause of death is no longer infectious diseases (such as lung disease, smallpox, cholera, etc.), cardiovascular diseases, malignant tumors, accidental death, respiratory diseases and mental diseases in the forefront of the cause, and these diseases and the ecological environment, social pressure, personal behavior and lifestyle is closely related. The increase of people's health needs has more expectations and requirements in the field of medical and health care. Therefore, medical students also need to re-examine themselves, and not only to become skilled talents to heal the wounded and save the dying, but also to become compound talents with a good professional personality.

### 1.2 Tension of doctor-patient relationship causes the thinking on the cultivation of professional personality of medical students

The current social medical environment is positive and in line with the mainstream requirements of the society. However, it is also seen that under the impact of the market economy, a few doctors have problems such as receiving red envelopes, prescribing large prescriptions and excessive examinations, resulting in serious damage to the image of medical personnel. Illegal operations such as accepting red envelopes, kickbacks and prescribing big prescriptions are not born with doctors. Under the influence of bad environment and bad atmosphere, medical staff tend to lose themselves, be guided by wrong values, and then make wrong behavior choices. So how under the influence of social environment, adhere to do yourself, the correct values in the heart, it needs to learn to strengthen the correct faith, especially medical school application development view of this problem, to cultivate medical skills of professional medical talents, also should pay attention to the cultivation of medical students' professional personality.

### 1.3 The inherent requirements of the core socialist values

Core socialist values are what have been created and accumulated in the process of building socialism with Chinese characteristics. They comprehensively and systematically answer the questions of "what kind of people to cultivate" and "how to cultivate people". They are not only a response to the objective reality and the needs of the people, but also the common ideal goal and beautiful yearning for diversified societies.

The moral decline in the medical and health care field, such as receiving red envelopes, kickbacks and excessive medical treatment, in the final analysis is that the ideals and beliefs are not firm, which is vulnerable to the influence of evil tendencies. The

cultivation of professional personality of medical students is the concrete embodiment of the requirements of socialist core values in the field of medical and health care, and it is an important part of the cultivation and practice of socialist core values. The socialist core values lead the whole social values, point out the direction for the cultivation of medical students' professional personality, make clear requirements for the professional attitude and professional behavior of medical students, and clarify "what kind of doctors should be cultivated" and "how to cultivate doctors". Medical schools should be guided by the socialist core values and combine with the development goals of the school to deliver qualified medical talents to the society.

## **2. The difficulty of integrating the socialist core values into the cultivation of medical students' professional personality**

### **2.1 The formed utilitarian values are deeply rooted**

Medical students enter college from high school, their values have not been fully formed, and they lack a clear understanding of the future development direction. A large number of medical students are influenced by the occupation category of their native family, follow the advice of their families or relatives, do not start from their own interests, and have not really thought about what I am suitable to do. High salary and high social reputation have become important reasons for them to choose medicine. Under the guidance of this values, medical students attach excessive importance to the sense of achievement brought by professional skills. They will learn professional courses into a good hospital as the goal of unremitting efforts, and are completely immersed in the wrong concept of "only technology theory".

### **2.2 Weak teachers of professional personality cultivation and poor awareness of student cultivation**

For medical students, the university is a critical period for the formation of values and good professional personality, but the absence of the guidance of good teachers directly leads to the lack of the cultivation consciousness of forming a professional personality in school. The professional teachers of medical schools attach importance to clinical practice and often cultivate the professional personality of medical students, while the teachers specializing in ideological and political education are difficult to combine medicine and professional personality cultivation due to the lack of medical knowledge background. The above two phenomena directly lead to the weak teachers of the professional personality cultivation of college medical students, which cannot meet the actual needs of medical students' professional personality cultivation, and directly reduce the medical students' attention to the cultivation of professional personality, and lack the awareness of active cultivation.

### **2.3 Lack of effective carriers leads to the disconnection between knowledge and action**

Theory and practice are simply logically about "knowledge" and "Action". Only under the unity of knowledge and action can we constantly consolidate our knowledge and improve our words and deeds. In many cases, it is often clearly aware of the interests, but it makes a choice that is against the mainstream social values in practical action, which is closely related to the current value learning of medical students focusing on paper talk. Most of the cultivation of medical students' professional personality in colleges and universities adopt cramming education, continuing the old mode of teachers' explanation and students' listening, which leads to theoretical education before practice education and ignoring the consolidation and test role of practice in theoretical learning. Students do not practice to experience, feel things, will not leave a brand in the heart, more will not deeply understand it, grasp it.

## **3. Suggestions for integrating socialist core values into the cultivation of professional personality of medical students**

### **3.1 Extend the cultivation of values to all stages of life**

Now universities have generally offered career planning courses in their freshman year, highlighting the importance of career planning. However, career planning should run through everyone's life, especially prior to college. For medical students, in middle school or even earlier, under the guidance of educators, they can explore their own interests, discover their own strengths, and constantly stimulate their potential, which will help them to make earlier judgments in professional selection and career planning, and take less injustice. Students' active choice to become medical students is conducive to enhancing their subjective initiative in the formation of professional personality. In the process of professional learning, they will also pay attention to other relevant aspects besides professional courses, and are more willing to become a good doctor who can both save the dying and heal the wounded and is full of humanistic quality.

### **3.2 Give full play to the leading role of the core socialist values**

Without to put theoretical study and the formation of values in a correct position, in the final analysis, we do not deeply grasp the key leading role of socialist core values in the cultivation of medical students' professional personality. As the cradle of medical students, medical schools should strengthen the cultivation of values, and play the leading role of core values in multi-channel and diversified ways from classroom and after class. Use campus publicity window, display screen, WeChat public account, etc., to create a learning atmosphere of socialist core values for students to understand; organize a group of key ideological and political education teachers to establish special teaching and research section, the students, according to the second classroom, the students, outside the classroom, and develop values through all stages of university education.

### **3.3 Build a tangible cultivation carrier, and make concrete the abstract content**

In the process of leading the cultivation of the professional personality of medical students, the socialist core values should not only be based on the abstract and theoretical preaching, but should let the audience have a practical experience in the specific practice, which requires educators to spend more energy to think about how to concretize the abstract things. Take a university in Wenzhou as an example, build integrity cultivation base, through no sales mode, cultivate students integrity awareness, build mutual public service platform, students volunteers provide free love porridge, ironing, glasses and other services, cultivate friendly quality; in the process of service, the volunteer work as their own career, cultivate professional dedication. Let the students feel the personality charm under

the guidance of the correct values, feel the power of their own growth, gain positive energy, and lay the foundation for becoming a good doctor with a good professional personality in the future.

In short, integrating socialist core values into the cultivation of professional personality of medical students needs a process, and new breakthroughs should be made in the process of constantly analyzing and solving problems.

## References:

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