

# Research on the Improvement System and Implementation Path of College Students' "Four-self" Ability——A Survey Based on the Current Situation of the "Four Self" of Students in Six Colleges and Universities in Sichuan Province

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**Abstract:** In order to build a work system and implementation path for the improvement of college students' "Four-Self" ability, a survey was carried out for 1920 students from six universities in Sichuan Province to explore the current situation of "Four-Self" in colleges and universities. The research found that: the current college students' understanding of the "Four-Self" is not deep; the teacher education guidance, social practice exercise, cultural atmosphere creation, and party and league organization construction in colleges and universities are not effective in the field of "Four-Self", and there are practical problems; The ability level of college students' "four-self" has no effect, but being a student cadre, participating in social practice, and joining clubs and organizations have a positive impact on the ability of college students' "four-self". According to the survey, the work system and implementation path of college students' "four-self" ability improvement are constructed from three main aspects: teacher education guidance, party and league organization construction, and cultural propaganda positions.

**Keywords:** "Four-Self" education; Self-education; Self-management; Self-service; Self-supervision

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## 1. Investigation basic situation

### 1.1 Survey Design and Methods

The survey is divided into three directions: one is to evaluate the respondents' understanding of the "Four-Self"; Practice exercise, cultural atmosphere creation, and party and youth league organization building; third, assess the "four-self" ability level of survey respondents with different characteristic types, among which the characteristic types of survey respondents include: gender, whether to serve as a student cadre, whether to participate in social practice, whether to join Associations. The survey method is the questionnaire survey method.

The research work of this paper refers to the research work of Liu Xiaoling, Yu Liangwen, Zhao Lining et al. (2006) and Chen Xuan and Zheng Xuexian (2013) in terms of design ideas and research methods.

### 1.2 Survey Objects and Basic Data

Questionnaires were distributed to students of 24 majors in 6 colleges and universities in Sichuan Province in 6 categories of arts, science, engineering, agriculture, commerce, and medicine. A total of 1920 questionnaires were distributed, and 1813 valid questionnaires were recovered. Among them, 1,019 were male and 794 were female; 355 had served as student cadres, but 1,458 had not served as student cadres; 492 had participated in social practice, but 1,321 had not participated in social practice; 1,197 had joined clubs, but 616 had not.

## 2. Analysis of the survey results

### 2.1 Degree of understanding

The survey respondents' understanding of the "Four-Self" was assessed through a questionnaire survey. The evaluation results of the degree of understanding are divided into: very clear, generally clear, and never heard of. The results are shown in Table 1.

Table 1 Level of understanding

| Degree evaluation   | count | effective percentage |
|---------------------|-------|----------------------|
| very clear          | 163   | 8.99%                |
| generally clear     | 1159  | 63.93%               |
| never heard of that | 491   | 27.08%               |
| total               | 1813  | 100.00%              |

Analysis of Table 1 shows that (1) the respondents' understanding of the "Four Self" is mainly "generally clear", accounting for more than half of the sample size. (2) The situation of "haven't heard of it" is common, which basically accounts for 30% of the sample size. (3) Only a small number of evaluation results are "very clear", less than 10% of the sample size, and significantly less than "unheard of".

Therefore, (1) A notable feature of the current situation of the "Four-Self" work in colleges and universities is that the students' understanding of it is still not enough. Only a very small number of students really know the meaning and connotation of the "Four-Self". Most students have a vague understanding of it, and a considerable number of students even think that they have never heard of the "Four-Self". (2) This feature shows that there is still considerable room for improvement in the popularity and coverage of the "Four-Self" education in colleges and universities. It is urgent for colleges and universities to carry out the "four-self" education work in an all-round way.

### **3. Improvement system and implementation path**

Based on the above investigation and analysis, combined with the guiding ideology of "Opinions" and "Regulations", this paper proposes the following work system and implementation path for the goal of improving the ability of college students' "Four Self".

#### **3.1 Give full play to the leading role of teacher education and guidance**

The key feature of the current situation of the "Four-Self" in colleges and universities is that students generally do not have a deep understanding of it, and the resistance to comprehensively promoting the "Four-Self" construction is relatively large. Therefore, at the current stage, it is quite necessary for college teachers to actively carry out educational guidance. It is necessary to give full play to the ideological enlightenment and theoretical guiding role of teacher education and guidance in the development of college students' "Four-Self".

3.1.1 It is closely integrated with the ideological and political theory courses in colleges and universities. The ideological and political theory course, as a long-term compulsory course for students in all colleges and universities, has the characteristics of a variety of courses, covering all students, long accompanying time, and strong shaping of the three views. It is a natural fertile soil for the development of the "four-self" ability of college students. Colleges and universities should organically combine the "Four-Self" education with the teaching of ideological and political theory, spread the "Four-Self" viewpoint in curriculum thinking, and build the "Four-Self" foundation in curriculum knowledge.

3.1.2 Fully grasp the situation and opportunities for policy education. College situation and policy education and ideological and political theory courses have similar advantages of "four-self" education. Colleges and universities should recognize the high-quality complementarity of situation and policy education and ideological and political theory courses, integrate "four-self" education into situation and policy classrooms, and combine current affairs hotspots that college students care about, so that students can feel the connotation of "four-self" in the wave of the times, to realize the essence of the "Four-Self" in historical practice.

#### **3.2 Effectively grasp the important functions of party and youth league organization construction**

##### **3.2.1 Relying on the advantages of party organization construction**

Colleges and universities should fully rely on the party's political and organizational advantages, so that the "four-self" education can be on the fast track of party building. (1) For the development process of party members, the assessment of the "four-self" ability should be taken as part of the examination of students' political literacy, and a good trend of "four-self" should be formed among the students. (2) For party school training, the content of the "Four-Self" education should be properly integrated, so that students can read and read the "Four-Self" theory at different stages and read it frequently. (3) For student party members, they should give full play to their vanguard and exemplary role, so that the advanced drives the backward, and the backward promotes the advanced, forming a virtuous circle of "four-self" education. (4) For organizational life, it is necessary to often integrate the theme of "Four-Self", and carry out the "Four-Self" education special organization life meeting, so that the "Four-Self" can be standardized and serious in student party building, and deepened and conscious among students.

##### **3.2.2 Make good use of the characteristics of group organization construction**

Colleges and universities should make good use of the organizational advantages of the Communist Youth League in educating, uniting and connecting with the majority of young people, and endow the Communist Youth League and the Youth League with the "four-self" educational task. (1) The ability of the "Four-Self" should be regarded as an important indicator for the promotion of the party into the party, so that the majority of young people are aligned with the development goal of the "Four-Self" ability. (2) It is necessary to regularly organize the "Four-Self" group organization life meeting, and carry out the "Four-Self" special group day activities. (3) Through the organization of student unions at all levels in colleges and universities, establish a self-promotion mechanism for students' "four-self", and timely collect feedback on practical problems and opinions and suggestions of students' practice of "four-self". (4) It is necessary to support students to participate in the work of the student union, encourage students to join student associations, and ensure the correct channels for students to exert the will of the "four-self", so that students can improve their "four-self" ability in practice. (5) It is necessary to let the "Four-Self" enter the class and dormitory with the help of various groups and organizations at all levels, and thoroughly deepen and popularize the "Four-Self" education. (6) It is necessary to actively promote social practice exercise, establish a normalization mechanism for students' social practice, and allow students to increase their "four-self" knowledge and grow their "four-self" ability in social practice activities.

##### **3.2.3 Vigorously grasp the team of student cadres**

(1) The student cadre team is an important starting point for the ideological and political education work in colleges and universities. All student cadres must be good ideological and political models and pioneers of the "Four-Self". (2) At the same time, it is also necessary to fully recognize the potential crisis that student cadres may gradually break away from the general student masses, and never form an educational atmosphere of "only student cadres are the 'key minority'", and implement the "Four-Self" education

requirements. Facing the basic requirement of all young students, we should always be vigilant against the educational backlash that will be brought about by the majority of students and young people.

### **3.3 Strive to create a positive atmosphere in the cultural propaganda position**

For the actual situation that the current “Four-Self” cultural atmosphere has not been formed and the propaganda work has not been carried out effectively, colleges and universities must correctly understand and respond in time.

#### **3.3.1 Vigorously create campus culture**

(1) With the help of school newspapers, publicity walls, campus radio and television and other campus cultural carriers, long-term publicity of the “Four-Self” culture, and in-depth construction of the “Four-Self” cultural foundation. (2) With the help of academic forums, university journals and other academic forms, it is necessary to promote the theoretical exchange of the “Four-Self” and support the research and development of the “Four-Self” education. (3) It is necessary to select the outstanding students of the “four-self” education, carry forward the role of example leaders, and create a good atmosphere for rushing to school and surpassing. (4) With the help of major campus activities, the influence of the “Four-Self” education should be deeply rooted in the hearts of the people.

#### **3.3.2 Fully occupy the network position**

In addition to the traditional work methods, colleges and universities should also take the initiative to understand new things in the field of current college students’ cultural propaganda, and adapt to the new situation of the current cultural propaganda position in time. Through the information reception forms commonly used by young people and the cultural propaganda carrier that students like, the “Four-Self” has become a hot topic of concern for college students, so that the “Four-Self” culture can occupy the fragmented time of college students’ life, and let the “Four-Self” be among the young students. Trendy and active.

## **4. Conclusion**

So far, this paper has made a survey and research on the current situation of the “four-self” in colleges and universities, and based on this, it has constructed a work system and implementation path for the improvement of college students’ “four-self” ability. In general, the improvement of college students’ “four-self” ability involves multiple disciplines in theory and multiple departments in work, which is a fairly complex systematic project. As an important part of the ideological and political education of college students, the implementation and development of the “Four-Self” education is by no means an overnight success. It requires long-term perseverance and constant exploration by various colleges and universities, constantly improving the education mechanism in practice, and gradually establishing a supporting system in the work. .

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