

# The Study on English Teaching Reform Strategies Based on the Flipped Classroom in Vocational Colleges

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**Abstract:** With the continuous development of science and technology, under the new situation of higher education, as a new teaching mode, the multi-media-based flipped classroom in vocational English has attracted people's attention, realizing the reversal of knowledge teaching and internalization, and promoting the improvement of students' autonomous learning ability. This paper will discuss the meaning of flipped classroom, the current situation of Vocational English, the significance and problems of flipped classroom in vocational English teaching, and how to effectively carry out flipped classroom. In order to improve the quality of English teaching in higher vocational colleges, we should think about the effective ways of flipped classroom teaching in order to improve English teaching level in vocational colleges.

**Keywords:** Flipped classroom; Vocational English; Teaching mode introduction

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## 1. Introduction

With the great attention and support of higher vocational education by the country, higher vocational colleges have been developing rapidly and the number of students is increasing day by day. The increase of students is testing the limited English teachers in higher vocational colleges. The English class of higher vocational colleges, which should be taught in small classes, has to adopt the model of large classes with more than 60 students, and teachers cannot take into account the specific performance of all students in class. At the same time, there are many problems in higher vocational English teaching, such as single teaching mode, old-fashioned teaching methods and low teaching efficiency. Therefore, it is imperative to carry out effective reform of English teaching in vocational colleges. In recent years, the flipped classroom teaching mode is in line with the trend of vocational college reform. It is believed that the combination of flipped classroom theory and English curriculum in vocational college will enrich the teaching means of English education and ultimately improve the teaching quality.<sup>[1]</sup>

## 2. Cognition of flipped classroom

Flipped Classroom is translated as "Flipped Classroom", Flipped Classroom is Flipped. It can also be called "upside down classroom", which is to reverse the two stages of knowledge transmission and knowledge internalization in the learning process. The teacher is the mentor around the student, sometimes even one of the learning members; It is possible for students to become the organizers of the class and the real subject of learning. Before class, teachers make teaching videos and upload them to the network platform for students to learn before class, and bring the problems they do not understand to the class. Under the organization of teachers, interactive discussion, collaborative learning and individual guidance are carried out, so as to solve problems and complete learning tasks. The key of flipped classroom lies in the "flip", which actually lies in the "transformation of the subject status" of teaching. Teachers' teaching in class completes the process of knowledge transmission, while students' homework and practice after class completes the process of knowledge internalization.<sup>[2]</sup>

## 3. The current situation of English teaching in higher vocational colleges

Unlike undergraduate colleges, vocational schools to cultivate practical skills, schools attach more importance to students' practical ability, so the school will allow students to do a lot of practice, the purpose of which is to improve the students' ability to grasp opportunities of employment, cultivate professional talents for our country. It is reasonable to cut down the learning time from

two years to one year or less in English teaching. How to enable students to master more English knowledge in a short period of time and to cultivate their communicative ability of practical English requires the implement of flipped classroom into English teaching.

## **4. The significance of flipped classroom to English teaching in vocational colleges**

### **4.1 Innovative teaching methods can effectively mobilize students' enthusiasm for learning**

In the traditional classroom, the students may always very nervous and worried about a slip might missing some important knowledge points. What the teachers focus on in the classroom is words, grammar, the text, which seriously neglected the individual differences of students in learning process, inhibits students' desire for expression and finally enables the students gradually lose interests in English learning.

### **4.2 It is beneficial to improve students' autonomous learning ability**

Compared with the traditional classroom that focuses on knowledge teaching, flip classroom is to provide students with the liberal learning environment, in which students can not only learn the knowledge in the classroom, also can watch the video of learning content according to their circumstance at home at any time, so it can give full play to the subjective initiative of student's study. They can either arrange their study time and progress independently through the Internet, or ask teachers or classmates face-to-face to complete their study tasks. Improve the ability of autonomous learning.<sup>[3]</sup>

## **5. How to implement flipped classroom effectively**

### **5.1 Enhance students' initiative in previewing before class**

1. Teaching video production should have strong attraction. Teaching video production must be novel and vivid which students are attracted to watch and mobilize students' initiative of participation. One is to make short teaching videos, and generally video clips can not be too long keeping from 5 to 8 minutes, the longest is not more than 10 minutes, so that students do not feel bored. Second, the video should clearly convey teaching information, letting students clearly understand the main tasks solved by the video, and should create a certain problem situation. Third, avoiding monotonous explanation from beginning to the end.

### **5.2 Construct a reasonable way of learning evaluation**

English learning should be carried out by students themselves, so the traditional teacher-oriented evaluation method is out of place. In the flipped classroom model, the evaluation should be student-centered so that students become the main body to evaluate their English learning effect. It pays more attention to the process assessment, increasing the evaluation content of learning status and pays attention to the pre-class preview and participation in class discussion among vocational college students.

In a word, as a new teaching mode, the flipped classroom model changed the situation of inefficient classroom of English teaching in higher vocational college, realized the changes from teacher-oriented to student-oriented mode during the English teaching, which is of high efficiency and is a kind of teaching mode to stimulate students' interest in learning knowledge infinitely. However, teaching reform is not achieved overnight, which must rely on educators in higher vocational college to keep trying to fully combine with teaching practice to explore more effective teaching strategies in flipped classroom.

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