

# On the Importance and Teaching Methods of Aesthetic Education in Music Teaching

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**Abstract:** With the deepening of quality education, the goal of school education is not only to improve students' knowledge level, but also to cultivate students' comprehensive quality. The improvement of music aesthetic ability can enhance students' artistic quality and lay the foundation for the improvement of students' comprehensive quality and the establishment of correct three outlooks. This paper analyzes the concept, characteristics and main contents of music aesthetic education, interprets the importance of music aesthetic education, and explores the strategies of music aesthetic education.

**Keywords:** Music Teaching; Aesthetic Education; Teaching Methods

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## Preface:

In the current school education, where music education is valued, there are still some problems that affect the quality of music education. Teachers need to change educational ideas in time, innovate educational methods, improve teaching content, cultivate students' musical aesthetic ability, and lay the foundation for students' comprehensive development.

## 1. The concept of aesthetic education in music teaching

### 1.1 The concept of music aesthetic education

Music is one of the important art forms in the development of human history. It is not only a form of displaying people's artistic attainments, but also an important way of communication between people. Music contains not only profound artistic value, but also cultural value. It is an indispensable tool in the process of human development. Only with certain music appreciation ability and emotional perception ability can we better understand the meaning of music works and realize the real role of music. Aesthetic education in music teaching is an important channel to help students enhance their empathy and feel the profound emotion of music. Music teaching is an important form of aesthetic education.

### 1.2 Characteristics of music aesthetic education

First, music usually contains deep emotions. Aesthetic education needs to pay attention to emotional education, so that students can improve their emotional perception and strengthen their musical aesthetic ability through emotional learning. Music appreciation and creation in music education need to mobilize music emotion. Only by investing deep emotion can we achieve efficient music appreciation and music creation. Emotion plays an important role in music aesthetic education.

### 1.3 Content of music aesthetic education

#### 1.3.1 Sensibility

Sensibility in music aesthetics refers to the intuitive and real feeling of music in terms of vision and hearing. Therefore, sensibility is one of the basic contents of cultivating students' music aesthetic ability. Only having good aesthetic sensibility can effectively promote the improvement of music aesthetic ability.

#### 1.3.2 Judgment

Cultivating students' musical aesthetic judgment can enable students to analyze the characteristics of music in the process of appreciating music, and make independent judgment and evaluation according to the signs of music. Aesthetic judgment can enable students to judge the merits of music works and ensure that students can receive the "good" influence of music education.

## **2. The importance of aesthetic education in music teaching**

### **2.1 Establish correct concepts**

Music teaching can cultivate students' sentiment and improve their musical sensibility in the process of appreciating music. The cultivation of musical aesthetic ability can enable students to establish correct aesthetic concepts and establish their own judgments on things in learning and life. Integrating aesthetic education into music teaching can guide students to form their own judgments about beauty and ugliness, help students clearly judge the advantages and disadvantages of music, and cultivate students' noble sentiments.

### **2.2 Cultivate creativity**

In music teaching, teachers should not only cultivate students' ability to appreciate music, but also cultivate students' ability to create music. The integration of music aesthetic education can make students have a deep perception of music and have their own cognition of music. In such teaching activities, students' creative ability can be effectively improved, and students' personality can be integrated to produce a unique music style.

### **2.3 Protect physical and mental health**

Students are in a critical period of growth and development, and are vulnerable to external influence. Music teaching in schools needs to assume the responsibility of physical and mental health education for students. Through aesthetic education, students' spiritual influence is carried out. Aesthetic education in music teaching is often carried out through music appreciation. Such a teaching method can enable students to study in a harmonious and relaxed atmosphere, It can help students relieve the academic pressure of other disciplines, so as to promote the comprehensive development of students' physical and mental health.

## **3. Strategies of aesthetic education in music teaching**

### **3.1 Integrate popular elements to stimulate learning interest**

In order to achieve more efficient music aesthetic teaching, teachers need to fully mobilize students' learning enthusiasm, let students actively participate in classroom learning under the guidance of interest, and a positive classroom learning attitude is the guarantee of better learning results. In traditional music classroom teaching, teachers explain music knowledge to students according to music textbooks. Under this teaching mode, the teaching content is old, the teaching method is backward, and it can not attract students' learning interest, resulting in the decline of students' music aesthetic learning efficiency. When carrying out music aesthetic teaching, teachers need to fully consider the actual situation of students, combine students' interests and hobbies, innovate teaching mode, integrate pop songs and other elements into classroom teaching, and choose pop songs with the advantages of beautiful melody and positive energy ideological guiding value for teaching. For example, the song "stubborn" contains positive value guidance, and the original dream encourages students to adhere to their dreams, Pop songs can not only stimulate students' interest in learning, but also enable students to master more music knowledge under the guidance of interest.

### **3.2 Create teaching situations and strengthen music understanding**

The traditional explanation music classroom teaching method affects students' learning enthusiasm and is not conducive to students' own music understanding and thinking. In the process of music aesthetic education, teachers can reasonably create a real teaching situation for students, so that students can deeply experience music in the music atmosphere and deepen their understanding of music in the music teaching situation. Teachers can use the Internet to collect and sort out resources related to teaching content, such as the life of the author of the music works, the creation background of the works, the impact, etc., and use multimedia equipment to show students in the classroom. They can also show pictures and videos related to the scenes of music performance, so as to stimulate students' interest in learning and deepen students' understanding of music.

## **Conclusion :**

When teaching music, teachers need to pay attention to music aesthetic education, combine the actual situation of students, innovate teaching ideas and teaching methods, and mobilize students' enthusiasm to participate in music learning. The improvement of music aesthetic ability can comprehensively shape students' comprehensive ability and help students build perfect core literacy.

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