

# Analysis on the Path of Integrating the Construction of Style of Study into the Ideological and Political Education of College Students

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Abstract: This paper mainly analyzes the problems existing in the construction of the style of study of contemporary college students, and discusses the impact of the construction of the style of study on the ideological and political level of college students in the process of their development. In the future, for the development and progress of college students, we must create a good atmosphere of school and learning environment, so as to put students' learning habits and learning atmosphere in order. This is not only for the students to be responsible, but also for the future students will not have a negative impact on society after entering the society, so it is also responsible for society.

Keywords: Construction of Style of Study; College Student; Ideological and Political Education

#### Introduction

In the process of running a university, the style of study belongs to a comprehensive program and teaching concept to cultivate students and teaching spirit. The main purpose of the style of study is to ensure students' learning purpose and interest, and create a strong learning spirit, good learning attitude and habits for students. Therefore, it belongs to a more serious teaching direction. For the future development of colleges and universities, we must build a good atmosphere of study to help students become talents.

### 1. Reasons for Problems in the Construction of the Style of Study in Colleges and Universities

#### 1.1 Student's own reasons

Under the influence of the new market economy tide, the school is gradually surrounded by low-grade and low-grade public leisure cultural places. Many students can not withstand the temptation and attraction, indulge in them and neglect their studies. In addition, with the continuous expansion of higher education in recent years, the overall quality of high school students is generally low, which also affects the establishment of excellent school spirit to a certain extent. Many high school students fail to realize that entering colleges and universities is a new way for people and an effective way to increase knowledge, improve skills and improve quality due to their imperfect thinking development and insufficient understanding of the significance of their studies. Therefore, it is wrongly believed that entering colleges and universities is just a release after the pressure of college entrance examination has ended. Going to colleges and universities will no longer be as urgent as the pressure of college entrance examination, which is a major factor leading to bad school atmosphere [1].

#### 1.2 School reasons

The expansion of enrollment in colleges and universities has increased the tension of teachers, teaching facilities and other resources, and teaching models such as multi school assembly and large class teaching have emerged. However, the teaching ideas, training methods, teaching methods and training objectives in the training of college students can not meet the actual needs of the school under the situation of rapid development of modernization, which also limits the students' interest and enthusiasm in learning to a certain extent. At the same time, the problem of examination style, which is the main content of school style training, is becoming more and more obvious. Improper examination style not only directly limits the generation of excellent school style, but also hinders the growth of children and directly affects the quality of school training.

### 1.3 Social causes

Since the reform and opening up, some new thoughts and new ideas under the market economy have played a positive role in driving the development of college students' thinking. However, the current negative situations, such as the uneven distribution of economic and social benefits and the devaluation of knowledge value, which are prevalent in the economic society, have also reduced the enthusiasm of -112-Advances in Higher Education

college students to a certain extent. In the process of college graduates' independent choice, some students who do not have good grades and performance can get better jobs because of their good family circumstances and social background, while some students who have outstanding academic achievements in their efforts, because it does not matter, the employment situation is not ideal. The emergence of these current situations has formed a significant impact on the construction of the excellent school spirit [2].

### 2. The Internal Relationship between Ideological and Political Education and the Construction of the Style of Study

## 2.1 The goal of ideological and political education is consistent with the construction of style of study

The teaching promotion role of colleges and universities is mainly to cultivate high-level and innovative talents. The goal of high-level personnel training requires not only profound basic knowledge and higher practical ability, but also better political and ideological quality. Therefore, the construction of political and ideological theory teaching in colleges and universities in the new era plays an important role in guiding, encouraging and guaranteeing the cultivation of high-level talents. The teaching promotion function of the learning style construction project is mainly to establish a good school spirit, guide all students to consciously cultivate a serious reading attitude, correct teaching methods, diligent and dedicated spirit, strong learning will, strict learning discipline and healthy learning motivation under the direct influence of the correct modern world outlook, values, outlook on life and its methods, and strive to make students develop into rich knowledge, unique views Creative and versatile talents. Therefore, the ideological and theoretical education and study style training of the school are both the general direction of serving the talent training of China's higher education, and their basic purposes are relatively similar.

## 2.2 Mutual achievements between the ideological and political education work and the construction of the style of study

The cultural construction project of colleges and universities is actually a political and ideological fashion construction project, which is aimed at the establishment of the thinking behavior and atmosphere of undergraduates in the process of seeking knowledge, rigorous way of studying, academic habits, etc. It is mainly embodied in the long-term practice of undergraduates under the support of specific ideas, ideologies and specific motivations, and reflects the relatively stable and sustainable learning mentality orientation, way of thinking and action characteristics of specific social needs. Through the study of the basic laws of the cultivation of college students' ideological and moral character, it can be shown that the serious academic attitude and scientific enterprising spirit of undergraduates are not only the main characteristics of the excellent school spirit of undergraduates, but also the prerequisite for the generation and development of their excellent school spirit. The ideological and political education and teaching activities are the most effective way to cultivate this excellent quality, and the most important means and ways to mobilize their own good enthusiasm. By strengthening the guidance of college students' worldview, outlook on life and values, it will help undergraduates to establish more accurate political direction and lofty ideals, thus laying a more solid political and ideological foundation for the construction of the style of study, and laying a more strengthened ideological guarantee for the specific implementation of the construction of the style of study [3].

## 3. Measures to integrate the construction of style of study into the work of ideological and political education

### 3.1 Using university spirit to promote the construction of fine style of study

The university spirit should become the vitality of the university. The school motto and school spirit condensed and precipitated in the years of school running are the cultural essence and wealth of a university, and the key spiritual force in building a harmonious university campus. In the ideological and political education of the school, teachers should use the university culture spirit contained in the school motto and school spirit to inspire and guide the majority of teachers and students to practice the life ideal of loving the motherland, advocating science and technology, caring for others, and giving back to the society, and promote the establishment of the excellent school spirit of the school.

### 3.2 Developing Ideological and Political Education in a Scientific Way

First, stimulate interest in learning. As a learner, the most indispensable thing is the learners' love, which is the fundamental condition for forming an excellent style of study. The teacher in charge of a class should guide them to cultivate learning as a learning interest and hobby, making it an indispensable part of life; Through the cultivation of reading interests, students strive to establish their

own good values. Secondly, correct the learning attitude. Teachers should lead students to realize that learning is an important process of work and their own life growth, avoid and overcome the learning phenomena of formalism and utilitarianism, strive to overcome the phenomena of weariness, laziness and different stages, and strive to carry forward the good trend of diligent learning and learning for application. Finally, improve learning methods. Being good at reading is a kind of technology, but also a kind of knowledge. In terms of teaching methods, we should constantly seek new goals and turn self-study into an aggressive behavior.

#### **Conclusion**

To sum up, the fundamental task of ideological and theoretical teaching is to teach and educate people, and the construction of the style of study is to serve for teaching and educating people. The combination of the construction of style of study and ideological and political education can better implement the people-oriented teaching thought, guide them to understand that knowledge can handle affairs, learn to behave, and promote their overall quality improvement.

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