

Research on the Development Status of Campus Volleyball in Jiangxi Province

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Abstract: Volleyball is one of the three big ball sports. It was introduced into our country in 1905 and then developed vigorously. But the development situation in colleges and universities is not optimistic. This topic mainly adopts the method of literature and questionnaire to study the development of "campus volleyball" in colleges and universities in Jiangxi Province. The research results show that the development status of campus volleyball in colleges and universities in Jiangxi Province has been greatly improved under the condition of rapid economic and social development, but there are still many deficiencies in the implementation process. This paper will explore the main factors affecting the campus volleyball activities in Jiangxi Province and formulate corresponding countermeasures.

Keywords: Colleges and universities; School volleyball; Current situation of development; Countermeasure research

At present, the popularity and development of mass volleyball and school volleyball are not optimistic. Under the background of the "14th Five-Year Plan" of sports development in Jiangxi Province, the development of sports in our province ushered in a new opportunity. By investigating the development of campus volleyball in colleges and universities in Jiangxi Province, this study summarizes the problems and causes of volleyball in the development of colleges and universities in Jiangxi Province, and gives countermeasures and suggestions through specific analysis, so as to provide a theoretical basis for the development of campus volleyball in colleges and universities in Jiangxi Province^[1].

1. Investigation on the status quo of campus volleyball in Jiangxi Province

1.1 Current situation of volleyball courses in colleges and universities in Jiangxi Province

Volleyball teaching course is an important part of volleyball sports and plays an important role in the development of volleyball. In Jiangxi Province, the volleyball sports in colleges and universities are mainly volleyball courses and general courses, but volleyball elective courses are relatively few. Most of them are students majoring in physical education, while only a small number of students not majoring in physical education participate.

1.2 Participation of university team students in volleyball activities in Jiangxi Province

Most of the colleges and universities in Jiangxi Province has a volleyball team, men and women there is no significant difference of school team in team formed, but more than half of the students did not take part in a volleyball match, only a few students involved in school, students to participate in provincial and national games are much rarer, and even some temporary arrange training school is to look at the event, Only a quarter of the school team students exercise more than 3 times a week, which makes most schools in the state of "only practice but not competition", students lose the enthusiasm to participate in the training, which has a hindering effect on the development of volleyball.

2. Investigation and analysis of factors affecting the development of campus volleyball in Jiangxi Province

2.1 The influence of university policies on the development of campus volleyball in Jiangxi Province

School policy is an important factor in the development of volleyball and plays a key role in promoting the sustainability of volleyball. The development of campus volleyball needs the strong support of the school, the school will neglect the development of volleyball in the case of limited funds, which makes it difficult to develop, the school should strengthen the construction of the volleyball reserve force construction system.

2.2 The impact of infrastructure on campus volleyball in Jiangxi Province

Nowadays, the scale of universities is expanding day by day, the number of students is increasing, and the defects of hardware and software and other infrastructure are gradually emerging. At the same time, the university has seriously insufficient investment in sports resources, failed to form large-scale management, and the venues are greatly restricted. At present, many colleges and universities in our province have begun to gradually realize the importance of the construction of campus sports venues, we must strengthen the construction of college sports venues in our province, in order to meet the needs of modern college students, better serve the majority of college students^[2].

2.3 The influence of teachers on the development of campus volleyball in Jiangxi Province

In recent years, with the enrollment expansion of colleges and universities, the number of students is increasing year by year. Coupled with the continuous promotion of volleyball, the shortage of volleyball teachers in colleges and universities in Jiangxi Province has gradually intensified, the imbalance between the number of teachers and students, and many teachers have multiple jobs. This not only brings a heavy burden to the teachers themselves, but also affects the quality of volleyball teaching. The innovative research of traditional teaching methods is also an obstacle.

2.4 Influence of teaching mode on the development of campus volleyball in Jiangxi Province

Nowadays, with the rapid development of economy, politics and culture and the rapid change of culture, PE teaching reform has become an inevitable trend. At the present stage, volleyball teaching emphasizes too much the standardization of basic technology, but ignores the randomness and randomness of movements. The single teaching mode is difficult to encourage students to take the initiative to learn, which has limitations on the development of students' independent and innovative thinking.

3. Analysis of the development prospect of campus volleyball in Jiangxi Province

3.1 Improve the teaching staff and comprehensive quality

The volleyball education in colleges and universities demands more and more teachers, especially the high quality volleyball teachers. Teachers should have a good knowledge of volleyball, be able to use a variety of techniques comprehensively and have flexible guidance skills.

3.2 Integrate resources to enhance participation enthusiasm

At present, the hardware facilities there are big differences between colleges and universities, many colleges and universities cannot meet the need of teaching and training venue at the same time, for that universities should strengthen the construction of infrastructure, integration of the limited resources, balance the teaching and training of site use, also can link between each college volleyball association, to integrate the limited resources^[3].

3.3 Reform and innovate teaching content and mode

To further strengthen the participation of college students in volleyball courses, teachers can use various teaching methods in the course of teaching, in order to stimulate students' interest, enhance learning confidence and enthusiasm, pay attention to cooperation and competition, stimulate team strength and collective sense of honor, and the idea of lifelong sports into daily life.

4. Conclusion

There are significant differences in the volleyball team training of colleges and universities in Jiangxi Province. More than half of the schools do not have a fixed number of training, most of the schools are in the state of "only practice but not competition", and the students are not active in training.

Infrastructure plays an indispensable role in the development of volleyball. In the rainy season in south China, the lack of indoor venues can not meet the requirements of teaching and training, which greatly restricts the development of volleyball.

Some colleges and universities in Jiangxi Province have weak teachers, single teaching mode and content, and low participation enthusiasm of students.

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