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### Practice Exploration of Implementing Gender Equality Education in Ideological and Political Theory Courses in Colleges and Universities

#### Xiu Zhang

Shandong Jiaotong University, Jinan, Shandong 250000, China

**Abstract:** This paper first puts forward the dilemma of gender equality education in colleges and universities. Secondly, it puts forward some practical measures to implement gender equality education in ideological and political theory courses in colleges and universities for reference from the aspects of Marxist views on women, scientific grasp of the key points of the era of gender equality, improving the emotional identity of female college students, and combining gender equality education with more basic human nature training.

**Keywords:** University ideological and political theory; Gender equality; The implementation of

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#### **Introduction:**

At the National Symposium on Ideological and political Work of college Students in December 2016, China proposed that ideological and political education should be carried out in the whole process of education and teaching with the fundamental goal of fostering morality and educating people, so as to educate people in an all-round and whole-process way. The ideological and political education in colleges and universities has rich connotations, among which gender equality is an important content of ideological and political education for college students, and higher education teaching is the most direct way to guide students to understand and form the view of gender equality.

#### 1. Difficulties faced by gender equality education in universities

At present, the integration of gender equality education in ideological and political theory courses in colleges and universities is constantly strengthened, but there are also the following problems.

## 1.1 The construction of ideological and political education on gender equality in universities still lacks a gender perspective

In essence, education is a process of social control and value transmission, which is not an activity of value neutral teaching, but one of the fronts of social and cultural production. At present, the construction of ideological and political courses in Chinese universities still focuses on the research scope and theme of male students, while the issues related to women are ignored when the ideological and political courses are integrated into other disciplines. This course ideological and political construction can not meet the actual requirements put forward by our country, and the gender topics created are not conducive to permeate the ideological and political theory teaching in colleges and universities, so that college students unconsciously to think and act according to their gender cognition education, which not only produces the male on the top, but also weakens the teaching effect of the course ideological and political theory in colleges and universities.

#### 1.2 Gender segregation in college classroom teaching environment has not been resolved

When the ideological and political courses in colleges and universities are integrated into gender equality education, they not only

assume the responsibility of promoting gender equality, but also the main way to help students establish gender equality awareness and understand the basic concepts of free and equal development and harmonious society construction. The results show that there are still problems such as gender imbalance, gender segregation and gender distribution of educational resources in Chinese universities. The situation of gender separation has not been resolved, and the explicit role of ideological and political courses in integrating gender equality education is not obvious, which has a wrong guiding effect on students' gender view, and students' consciousness of participating in class will also decrease [1].

# 2. Practical measures to implement gender equality education in ideological and political theory courses in colleges and universities

#### 2.1 Explain thoroughly the Marxist view of women and highlight the gender perspective

First of all, in order to solve the existing educational problems in ideological and political theory courses in colleges and universities, teachers should take the Marxist concept of women as the entry point to implement gender equality education, and highlight the use of Marxist theoretical system in women's issues as a gender perspective in the classroom. In the long history of more than 100 years, the Communist Party of China, based on the actual development of women, has pushed the Marxist view of women to the road of sinicization and modernization. Among them, our country also put forward an important discussion on the development of women, which belongs to the latest achievements of our contemporary Marxist female thought study, which points out the direction for promoting the implementation of the ideological and political gender equality education in universities. In order to continue to promote the integration effect of ideological and political education and gender equality education, it is necessary to explain the Marxist view of women and the latest theoretical achievements in China more thoroughly. In particular, female college students should be aware of their current value as well as their responsibilities and missions in the process of their own development as well as the development of our country, so as to ensure that they make no mistake in the fundamental direction, and establish the right awareness and concept of gender equality for students [2].

Secondly, Marxian feminist Chizuko Ueno pointed out that "misogyny" is the most important manifestation in the dual gender society <sup>[3]</sup>. "Under this system, there is no escape from the misogyny, and the misogyny permeates the whole system like gravity, which, because it is so natural, people are ignorant of it, and the contempt for women is expressed in men. To get rid of misogyny, women need to learn to save themselves rather than rely on others." Therefore, in the actual teaching, teachers should let female college students realize their unique value, and consciously build the subjective self, clear the independent and free self-existence value. Female college students are the most active among the female intellectuals. Their self-esteem, self-confidence and self-improvement often have a strong female subject consciousness. Starting from this point, teachers need to make them improve their self-awareness, clarify the advancement process of feminist practice and development, and then calmly face the gender differences, challenge the traditional gender differences of "men are strong and women are weak", "men are in charge of the outside and women are in charge of the inside" and gender division of labor, so as to create open, diverse and three-dimensional new female roles in the new era. This also includes Marxist views on women's issues.

#### 2.2 Scientific grasp of the era of gender equality, eliminate gender segregation

Since the founding of the Communist Party of China, gender equality has been a major issue. Since the 18th CPC National Congress, the CPC has made new progress on gender equality. Therefore, ideological and political teachers in colleges and universities should strive to improve their own literacy, learn the spirit of the latest speech, and deeply understand the gender equality issue put forward by our country. It is not only the center of female work, but also promote it as the main teaching content of ideological and political gender equality in colleges and universities. It can be said that "gender equality" is the fundamental positioning of the ideological and political work of college students, and adhering to "gender equality" is the fundamental positioning of the ideological and political work of college female students. Among them, the scientific grasp of the key points of the era of gender equality and the elimination of gender segregation includes the following points: First, the equality between men and women cannot be an absolute concept. The equality between men and women that we emphasize is by no means "men and women are the same". We should respect differences as the starting point and seek a scientific and reasonable view of equality and gender. The second is the contradiction of gender opposition. Both men and women should establish a concept of "harmonious coexistence", help each other and improve together to achieve the effect of common progress.

#### 2.3 Combine gender equality education with more basic human nature training

In the course of ideological and political theory in colleges and universities, teachers need to take multiple perspectives. The

education of gender equality is combined with the cultivation of human nature, thus arousing students' thinking and understanding of gender equality. First of all, the teacher takes "population issue" as the starting point, guides the students to discuss the influence of gender gap on gender difference from the aspects of gender imbalance and family planning policy in a heuristic way, and subtly introduces the concept of gender equality into the classroom. According to the analysis of gender difference, the students can reflect on gender equality, so as to guide the students to reduce the influence of gender stereotypes. Respect individual differences, happy growth. Secondly, the teacher can explain according to the status of Chinese women: first, women's status in the eyes of men is relatively high, that is, in the early primitive society; The second is male supremacy, women have no power, that is, the status of women in traditional society; The third is gender equality, that is, women's place in society today and in the future. Explaining the change of women's status from the perspective of succession of dynasties is helpful to cultivate students' correct gender concept and build healthy personality. Finally, teachers need to put forward the gender equality, from the enactment of laws, formulation, rise as a basic state policy, to the 17th, 18th, 19th National Congress of the report put forward: adhere to the basic state policy of gender equality, safeguard the legitimate rights of women and children through the resolution of the whole Party, reflected in the world our country's basic state policy on gender equality. From this point, let the students realize the importance of gender equality attached by our Party, make the students understand the respect of gender equality education for every life, make the students consciously respect women and establish the consciousness of equality.

#### Conclusion

To sum up, gender equality education is based on the most fundamental respect for every life, and higher education is not only a place for students to learn and produce knowledge, but also the main front to shape students' outlook on life and values. Therefore, in ideological and political education in colleges and universities, teachers should effectively implement gender equality education, so that female college students can establish the consciousness of gender equality, establish the spiritual qualities of self-esteem, self-confidence and independence, and have the sensitivity to social gender, so that they can consciously become the beneficiaries and promoters of social gender equality.

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#### **About the Author:**

Xiu Zhang (May 1981), female, Han, Hunan, PhD candidate, Shanghai Jiao Tong University, Ethics, research interests: Gender justice, Ethics, Moral Education.