

How to Cultivate English Normal Students' Teaching and Scientific Research Ability

Li Wang

Changchun Normal University School of Foreign Languages, Jilin, Changchun, 130032

Abstract: Teaching and scientific research ability is one of the necessary professional skills for English teachers. For normal students, strengthening the cultivation of students' teaching and scientific research ability can help students to better adapt to the requirements of English teaching in their future teaching work. Based on this, this paper focuses on the analysis of the current situation of the cultivation of teaching and scientific research ability of English teachers, starting with the teaching requirements of the new English curriculum standard, and puts forward the specific strategy of the cultivation of teaching and scientific research ability. I hope I can provide some suggestions for English teacher teaching.

Keywords: English teaching; Normal students; Teaching and scientific research ability; Training strategy

The reform of compulsory education curriculum also puts forward new requirements for English teaching and teachers. According to the content of the curriculum standard, English teachers in primary and secondary schools need to have strong teaching and research ability, and can improve their teaching ability in work practice. However, after entering the post of primary and secondary school teachers, some normal students who graduated at this stage lack attention to teaching and scientific research, focus their main work on daily teaching work, and lack in-depth thinking about the profession, which limits the improvement of teachers' teaching ability to a certain extent. Therefore, it is necessary to strengthen the cultivation of teaching and scientific research ability for English normal students and optimize it on the basis of the existing teaching system.

1. Basic Requirements for Teachers in English Course Teaching

According to the specific content of the new English curriculum standard, the teaching of language courses not only needs to emphasize the instrumental characteristics of English, but also needs to enable primary and secondary school students to have a more comprehensive understanding of culture and society through English learning. At this stage, English teaching in primary and secondary schools needs to have the following basic educational concepts. First, it is necessary to pay attention to quality education. It is not only necessary to do a good job in the teaching of cultural knowledge, but also to focus on strengthening the comprehensive quality of students; second, as an English teacher, Need to pay attention to all students to ensure that English teaching is in line with students' learning interests; third, in the teaching process, it is necessary to set overall teaching goals for the content of English teaching, and to ensure that the teaching goals are highly scientific; fourth, English teachers in primary and secondary schools need to emphasize student participation and inquiry in the teaching process, and guide students to discover language rules when learning English and have the ability to use English flexibly; Fifth, teachers need to develop diversified evaluation methods, focusing on cultivating students' autonomous learning ability; sixth, teachers need to build on the content of existing textbooks, broaden students' learning horizons and enrich their learning resources^[1].

2. Current Situation of Teaching and Scientific Research Ability of English Normal Students

2.1 Lack of training in vocational skills for normal students

Most schools attach too much importance to the teaching of subject knowledge and lack the training of vocational skills for normal students. There are relatively few courses related to vocational skills training. The specific manifestation is that students can

master grammar and other knowledge proficiently, and in the actual teaching process, English courses The production of courseware and the teaching quality of special courses are not good. From the perspective of normal students' mastery of vocational skills, the time of specialized training is short, and the training effect cannot meet the target requirements.

2.2 Normal students having weak teaching practice ability

Under normal circumstances, normal students in normal colleges will conduct teaching internships in the last semester of their senior year, which is also the final stage for normal students to formally enter the post of teacher. Compared with the learning time of theoretical knowledge, normal students spend a shorter time on practice. When normal students enter unfamiliar schools and face real students for the first time, there are often some problems in teaching. They need to clarify each specific link of the teaching work, and they have to face more challenges from the study and observation of the course to preparing lessons and giving lectures on stage. For normal students who lack work experience, it is inevitable that there will be work mistakes.

3. Strategies for Cultivating English Normal Students' Teaching and Scientific Research Ability

3.1 Changing Educational Ideas

The change of educational concept is the basis for improving the teaching and scientific research ability of normal students. First of all, the teacher team of normal colleges needs to take the cultivation of teaching and scientific research ability as one of the goals of teaching work, combine the specific requirements of the new English curriculum standard, formulate a reasonable teaching plan, change the traditional educational concept, and strengthen the cultivation of normal students' ability; Secondly, in the teaching process, teachers in normal colleges need to actively organize various teaching activities according to the specific teaching content, with normal students as the main body, it is necessary to integrate the basic concept of educators as researchers into all aspects of teaching. Through the development of scientific research and inquiry activities, normal students can be required to complete the teaching and research tasks of relevant content in the form of group cooperation ^[2].

3.2 Building a Scientific Curriculum Training System

The curriculum of English education major is directly related to the teaching effect and the professional quality of normal students. As a training base for educators, normal colleges not only need to strengthen the English professional knowledge and skills of normal students in the teaching process, but also need to strengthen the cultivation of professional ethics of normal students, requiring normal students to have both teaching practice ability and teaching Research awareness. This requires the addition of professional literacy courses and educational and scientific research courses to the existing English major courses, and the improvement of normal students' teaching and scientific research ability through the construction of a scientific curriculum training system ^[3].

3.3 Optimizing the Teaching Mode of English Normal Students

First of all, teachers majoring in English education can make full use of the courses designed by English teaching in primary and secondary schools, and set up English teaching situations in the teaching process, so that normal students can experience the teaching atmosphere of English classroom. When learning theoretical knowledge, teachers need to provide normal students with the content of current primary and secondary school English textbooks, and require normal students to design courses based on the content of the textbooks; secondly, when conducting course observation and teaching, teachers need to make full use of Internet resources to provide normal students with a record of high-quality English courses, and require normal students to analyze the problems and advantages of English teaching in the video, so as to cultivate students' teaching and research capabilities; finally, in the teaching practice education link, teachers need to require normal students to independently complete the design of teaching plans, the production of English teaching courseware, and the planning of teaching processes. They can also use group cooperative teaching to communicate with each other through group members. Optimization of English curriculum design. In the process of designing curriculum content for normal students, teachers are mainly responsible for theoretical guidance, and can organize theoretical research and teaching seminars when necessary. In addition, it is also necessary to carry out regular seminars on teaching topics, and evaluate and analyze English teaching cases in primary and secondary schools, so that normal students can enrich their professional knowledge and improve their teaching practice ability in the process of teaching and research ^[4].

3.4 Actively organizing practical teaching

In the internship stage of normal students, normal colleges and universities need to organize normal students to observe and learn the teaching activities of primary and secondary school teachers. The purpose of the internship is to understand the real work

situation of primary and secondary school teachers and the specific requirements of English teaching, so as to lay the foundation for subsequent entry into teacher positions. Therefore, normal colleges and universities need to reasonably plan the time arrangement and content of internship teaching, establish cooperative relations with local primary and secondary schools, and regularly organize normal students to enter primary and secondary school classroom internships in the freshman and sophomore stages. Mainly observe teaching activities and write learning reports, while teachers need to analyze and explain the content of the internship, focusing on the problems in the teaching of primary and secondary schools, and require students to propose solutions to teaching problems, so as to realize students' teaching practice. The ability to strengthen and the ability to analyze teaching problems is improved. In the process of internship, normal students need to summarize and reflect on their own teaching practice and actively participate in educational and scientific research activities. In the senior stage, normal colleges need to provide normal students with opportunities to give lectures on stage as much as possible, and require them to clarify the difficulties of teaching design during the internship stage, track the latest teaching trends, and strengthen the analysis of difficult and complicated diseases in education and teaching. Practical teaching and a large number of case studies to carry out subject research, focusing on strengthening the education and scientific research awareness of normal students.

3.5 Optimizing the way of personnel training

In the context of the information age, normal colleges need to give full play to the advantages of the Internet platform and establish an information-based learning platform with the functions of teaching and research, teaching skills training, and professional knowledge explanation. Normal students can obtain relevant resource information through the learning platform to broaden the ways of pre-service training and professional training of teacher education. Normal schools can observe the teaching of primary and secondary schools through remote networks to increase the perceptual experience of normal students. Through cooperation with local primary and secondary schools, the teaching and research ability and teaching skills of normal students can be strengthened.

Conclusion

In a word, the teaching and scientific research ability of normal students is directly related to the quality and effect of teaching work. Normal colleges need to face up to the problems existing in the training of students' teaching and research ability at this stage, combine the existing teaching resources, actively change the traditional teaching concept, take the training of teaching and research ability as one of the main teaching objectives, optimize and perfect the existing English major curriculum system, and optimize the teaching mode of English major normal students, so as to provide more teaching practice opportunities for normal students. Normal colleges need to optimize the way of talents, so as to strengthen the cultivation of normal students' teaching and scientific research ability and export high-quality teachers to the society.

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About the author:

Li Wang, born in 1980, female, Han, Changchun City, Jilin Province, Changchun Normal University School of Foreign Languages, 130032, lecturer, master's degree, English teaching.