

# The Present Situation and Solution Strategy of Yangko Teaching in Northeast China

Chongying Guo

Liaoning University Shenyang, Liaoning 110136

---

**Abstract:** Northeast Yangko is an important part of Chinese traditional folk dance, is one of China's intangible cultural heritage, with strong local characteristics and cultural connotation. However, with the development of The Times and social changes, the inheritance and promotion of Northeast Yangko is facing many difficulties and challenges, one of which is the current situation of northeast Yangko teaching in universities. This paper investigates and analyzes the current situation of Yangko teaching in northeast China, and puts forward the solutions. It is found that there are many problems in the teaching of Northeast Yangko in universities, including lack of teachers, lack of teaching materials and single teaching means. In view of these problems, this paper puts forward a number of solution strategies, including broadening the source of teachers, strengthening the construction of teaching materials, innovating teaching methods and so on. These strategies will help to improve the quality and effect of northeast Yangko teaching in colleges and universities, and contribute to the inheritance and promotion of northeast Yangko culture.

**Keywords:** University; Northeast Yangko dance; Teaching status

---

## Foreword

As an important part of the socialist modernization construction, colleges and universities undertake the important task of cultivating all kinds of talents. In northeast China, universities should also shoulder the responsibility of inheriting and carrying forward the northeast Yangko culture. However, the actual situation is that there are many problems in the northeast Yangko teaching in colleges and universities, such as the lack of teachers, the lack of teaching materials, the single teaching means, etc. These problems directly affect the quality and effect of the northeast Yangko teaching in colleges and universities. Therefore, it is necessary to analyze and discuss the current situation of northeast Yangko teaching in colleges and universities, and put forward the corresponding solution strategies to promote the inheritance and promotion of northeast Yangko culture. This paper first introduces the origin and development of Northeast Yangko, as well as its significance in cultural inheritance and social life. Then, through the investigation and analysis of the current situation of northeast Yangko teaching in universities, the existing problems and reasons are pointed out. Finally, in view of these problems, this paper puts forward the solution strategies, including broadening the source of teachers, strengthening the construction of teaching materials, innovating teaching methods and so on. These strategies will help to improve the quality and effect of northeast Yangko teaching in colleges and universities, and contribute to the inheritance and promotion of northeast Yangko culture.

## 1. The origin and development of the Northeast Yangko dance

Northeast Yangko dance is an important part of traditional Chinese folk dance, which originated in northeast China. According to literature records, Northeast Yangko first appeared in the Jiajing Period of the Ming Dynasty. It was originally a form of farmers singing and dancing while farming in the fields, and later gradually evolved into a form of artistic performance with rich connotation and artistic value<sup>[1]</sup>. The development of the Northeast Yangko dance has gone through many stages, including the Ming and Qing Dynasties, the Republic of China period and the New China period. In the Ming and Qing Dynasties, Northeast Yangko was mainly a folk entertainment activity, but in the Republic of China period, with the social changes and cultural exchanges, Northeast Yangko gradually developed into a form of folk art performance with local characteristics and cultural connotation. After the founding of

new China, the Northeast Yangko dance has been more widely spread and developed, and has become an important part of China's intangible cultural heritage<sup>[2]</sup>.

## **2. The significance of developing northeast Yangko teaching in colleges and universities**

As an important part of China's traditional culture, the Northeast Yangko dance has rich historical and cultural connotation. In college teaching, Northeast Yangko has great value and significance. First of all, the northeast Yangko teaching can enrich the students' cultural literacy and cultural cognition. Northeast yangko as a traditional form of folk art, with strong regional characteristics and cultural background, through learning the northeast yangko culture, students can have a deeper understanding of Chinese traditional culture, enhance cultural confidence, at the same time also can expand their cultural vision, improve their cultural accomplishment and cultural cognitive level<sup>[3]</sup>. Secondly, the northeast Yangko teaching can promote the healthy development of students' body and mind. Northeast Yangko is a performance form with high physical coordination and high sense of rhythm. Learning Northeast Yangko can exercise students' physical coordination and body control ability, and enhance students' physical fitness and health level. At the same time, the Northeast Yangko performance also requires students to have good psychological quality and performance skills, through learning the Northeast Yangko, students can improve their psychological quality and performance ability, enhance self-confidence and self-cognition.

Northeast Yangko has important value and significance in the teaching of colleges and universities, which can enrich students' cultural literacy and cultural cognition, promote students' physical and mental health development, and also promote cross-cultural exchange and cultural inheritance. Therefore, in college education, we should pay more attention to the teaching of Northeast Yangko, promote its wide application and in-depth development in college teaching, cultivate more excellent talents of Northeast Yangko inheritance, and promote the inheritance and development of Northeast Yangko culture.

## **3. The current situation analysis of the northeast Yangko teaching in colleges and universities**

With the development of society and the increase of cultural exchanges, the popularity and influence of Northeast Yangko at home and abroad are constantly improving. In this context, colleges and universities, as an important position of cultural inheritance and innovation, should shoulder the responsibility of inheriting and carrying forward the northeast Yangko culture. However, the actual situation is that there are some problems and difficulties in the northeast Yangko teaching in colleges and universities, mainly in the following aspects: first, the teachers are insufficient. Because Northeast Yangko is a form of folk art performance with local characteristics, it needs to have a certain cultural background and performance skills to teach. However, in colleges and universities, there are relatively few teachers with such background and skills, leading to the lack of teachers and the difficult to meet the teaching needs. Second, the construction of teaching materials lags behind. At present, most of the northeast Yangko teaching materials used in colleges and universities are outdated, lack of practicality and pertinence, and cannot meet the learning needs of students. At the same time, due to the lack of updating and perfection, the quality of teaching materials and teaching effect are difficult to be guaranteed. Third, the teaching means are single. The traditional teaching methods of Northeast Yangko are mainly oral and practice, lack of diversity and innovation. This teaching method is difficult to meet the needs of modern students for knowledge acquisition and learning experience, and it is also difficult to stimulate students' interest and enthusiasm<sup>[4]</sup>.

## **4. The innovative strategy of northeast Yangko teaching**

In order to solve the above problems and improve the quality and effect of northeast Yangko teaching in colleges and universities, multiple educational means should be adopted to improve the comprehensive effect of northeast Yangko teaching. Through the implementation of the following strategies, it can effectively improve the quality and effect of northeast Yangko teaching in universities, cultivate more excellent talents of Northeast Yangko inheritance, and promote the inheritance and development of Northeast Yangko culture.

### **4.1 Expand the source of teachers**

Colleges and universities can broaden their sources of teachers by introducing teachers with relevant cultural backgrounds and acting skills, or by establishing cooperative relationships with local art groups. At the same time, it can strengthen teacher training, enhance teachers' ability to control art and culture, and enhance the comprehensive ability of teaching guidance, so as to better teach students and improve the comprehensive effect of Northeast Yangko teaching.

### **4.2 We will strengthen the construction of teaching materials**

In view of the problem of the backward construction of northeast Yangko teaching materials, colleges and universities can

actively promote the update and improvement of teaching materials, and develop more practical and targeted teaching materials to meet the learning needs of students. At the same time, we can also combine modern technical means to develop teaching software and network courses to increase the diversity and innovation of teaching means.

### 4.3 Innovative teaching methods

Colleges and universities can adopt a variety of teaching methods, such as classroom teaching, practice exercise, artistic performance, visit and investigation, etc., to stimulate students' interest and enthusiasm in learning. At the same time, modern technology, such as virtual reality, interactive teaching, can be combined to increase the diversity and interest of teaching methods<sup>[5]</sup>.

## Epilogue

To sum up, as an important part of China's traditional culture, Northeast Yangko has rich historical and cultural connotation. Under the background of cultural diversification and globalization, it is of great significance and value to protect and inherit the northeast Yangko culture. As an important position of cultural inheritance and innovation, colleges and universities should actively undertake the responsibility and mission of the inheritance of northeast Yangko culture. Based on the current situation of northeast Yangko teaching, this paper analyzes the existing problems and puts forward the solution strategies to provide reference for the inheritance of northeast Yangko culture and the improvement of teaching quality.

## References:

- [1] Zhai Xingqi, Li Yuming. The teaching path of Northeast Yangko in universities in the era of artificial intelligence [J]. Time Report, 2021 (34): 134-135.
- [2] Party chivalry, Wang Meng. Research on the introduction of university aerobics courses in Northeast University Yangko dance [J]. Contemporary Sports Technology, 2016,6 (13): 89-90.
- [3] Mana. Analysis of the current situation and countermeasures of northeast Yangko teaching in universities [J]. Drama House, 2015 (10): 226-227.
- [4] Zhong Yi Xun, Yao Rihui, Xu Wei, et al.-Construction of the teaching mode of college dance major from the perspective of constructivism [J]. Education and Teaching Forum, 2022 (43): 61-64.
- [5] Yang Lizhen, Tan Jianbin. Reform and practice of mixed online and offline teaching of dance majors in ordinary universities —— Take the course of Reperplay rehearsal as an example [J]. House of Drama, 2023 (3): 136-138.