

# Research on the Path of Building Learning Peer Culture with High-level Discipline Competition as the Starting Point

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**Abstract:** Discipline competition is an important starting point for colleges and universities to realize the fundamental task of “cultivating morality and cultivating people”, and also an important platform to enhance the comprehensive quality and innovation ability of college students. The construction of learning peer culture based on high-level discipline competition can fundamentally promote students’ comprehensive quality. Nowadays, the number of college students is increasing day by day, and the ideological and political education of college students is also facing great challenges. As a “special” way of learning, university discipline competition plays an irreplaceable role in cultivating students’ innovative consciousness and practical ability, training students’ teamwork spirit and stimulating students’ enthusiasm for learning. The research holds that discipline competition has positive influence on the study, psychology and personality development of college students. This paper mainly puts forward the path of building learning peer culture with high-level discipline competition as the starting point.

**Keywords:** High-level discipline competition; Learning peer culture; Path study

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## **Introduction:**

High-level discipline competition and peer culture are important components of university campus culture. By building a platform for students’ scientific research, study and competition, we can give full play to the role of peer culture in college students’ ideological and political education and effectively promote the education work of “second classroom”. Peer culture is an important part of peer education and plays an important role in ideological and political education in colleges and universities. Under the new situation, through the discipline competition as the starting point to build learning peer culture, can better meet the needs of students personalized development, contribute to the overall development of students. In this paper, the subject competition of colleges and universities as the starting point, through the analysis of its role in the learning and growth of college students, to explore the path of building learning peer culture.

## **1. The effect of discipline competition on college students’ learning and growth**

From the perspective of students, discipline competition, as a talent training mode with the main goal of cultivating innovative ability, practical ability and teamwork spirit, is closely related to the goal of talent training in colleges and universities. Therefore, colleges and universities should pay attention to the development of discipline competitions. In the specific development process can adopt the “one main and multiple auxiliary” mode. In other words, students are the main body, assisted by teachers. During the competition, teachers guide students to carry out theoretical learning and experimental operation, and after the competition, students complete practical projects independently<sup>[1]</sup>. This model can effectively enhance students’ interest in discipline competition, so as to mobilize the enthusiasm of students to participate in discipline competition.

In addition, discipline competitions can also help students gain friendship and knowledge through cooperation, and cultivate

good teacher-student relationship. Taking part in discipline competitions can not only make college students get exercise in theory, but also make them get exercise in practice. By participating in discipline competitions, college students can not only learn solid professional knowledge, but also learn how to find, analyze and solve problems. Participating in discipline competitions can not only make college students improve their learning enthusiasm, but also improve their comprehensive quality and comprehensive ability.

## **2. The necessity of building a learning peer culture**

Peer education is an important part of college students' work, and peer culture refers to the sum of spiritual and material wealth spontaneously formed by students in college campus with certain influence, in the form of group and with mutual support as content. Peer culture includes learning peer culture, communication peer culture and entertainment peer culture. With the deepening of education reform in our country, universities pay more attention to talent training quality, but also pay more attention to the improvement of students' comprehensive quality, and peer culture construction as one of the campus culture construction content, more and more attention to colleges, teachers and students. In the construction of peer culture, discipline competition, as an important way, plays an irreplaceable role in creating campus cultural atmosphere and cultivating students' comprehensive quality. By combining discipline competition with the construction of learning peer culture, it can not only improve the professional knowledge level, innovation ability and teamwork spirit of college students, but also play an important role in the process of the growth of students.

### **2.1 Help to cultivate college students' innovative consciousness and teamwork spirit**

At present, China's economic development is in a transition period. Under the background of "mass entrepreneurship and innovation" advocated by the state, discipline competitions are an important platform and carrier of college students' innovation and entrepreneurship. By carrying out discipline competition, students can not only arouse their learning enthusiasm, but also stimulate their innovative consciousness and innovative thinking. For example, in the international trade track of the National Business Elite Challenge, participating students not only cultivated the practical ability and innovation consciousness of college students, but also completed the project design and implementation through team cooperation through a series of links such as writing business plan for foreign trade exhibition, booth poster design and commodity display, new product release, trade matching trade negotiation, etc. Therefore, carrying out discipline competitions in the construction of peer culture can effectively cultivate students' innovation consciousness and teamwork spirit and enhance students' innovation consciousness and teamwork ability, thus laying a good foundation for the growth of college students.

### **2.2 Help college students to establish a correct outlook on life and values**

Peer culture is an important cultural phenomenon that plays a leading role in campus culture. It is relatively independent and can be transmitted both on and off campus. Peer culture is an upward and healthy culture. Therefore, by taking the construction of learning peer culture as the starting point, college students can take the initiative to play a leading role in study life, and positively influence and guide other students; At the same time, the propaganda and promotion of peer culture can better serve the majority of students and improve the effect of ideological and political education of college students imperceptibly [2]. From the perspective of students themselves, taking an active part in discipline competitions can help students better find their own problems in learning, actively seek solutions, cultivate students' independent learning ability, and form a good style of learning. From the perspective of schools, students' participation in discipline competitions can promote the construction of school style of study, improve students' comprehensive quality and cultivate high-level talents. From the perspective of colleges and universities, students' participation in discipline competitions can provide good opportunities for schools to promote their own brand, build brand events and establish a good image.

### **2.3 Help to enhance college students' social adaptability**

With the rapid development of society, the demand for talents is becoming more and more diversified, and the competition for employment is becoming more and more fierce. As one of the training objectives of colleges and universities, college students should not only have professional knowledge, but also have strong social adaptability. By combining discipline competition with the construction of learning peer culture, on the one hand, college students can be guided to enhance their professional knowledge and teamwork spirit by participating in discipline competition, so that they can better play their own ability in social work. On the other hand, it can also help students to cultivate good interpersonal relations, understand how to properly handle interpersonal relations in the complex and changeable social environment, and how to maximize their advantages, so as to enhance the social adaptability of college students. In short, the construction of learning peer culture through discipline competition plays an important role in improving the comprehensive quality of college students.

### **3. Build an effective path of learning peer culture with high-level discipline competition as the starting point**

#### **3.1 Clear goals and do a good job in top-level design**

The construction and development of student associations is a complex systematic project, which requires the cooperation and joint efforts of all relevant departments, departments and associations. First of all, colleges and universities should plan the overall layout of student associations according to their own school-running characteristics and development plans. Colleges and universities should give full play to their own advantages and build a bridge of communication between the advisor and the person in charge of the student association. Secondly, colleges and universities should strengthen the overall planning of student association activities, determine the positioning and functions of various associations in the construction of campus culture, so as to ensure that student associations can carry out various work in an orderly manner. Finally, universities should attach importance to the mutual promotion and support between discipline competition and student association construction. Only by building the discipline competition platform can we organically combine the discipline competition with the construction of student associations, so as to form the resultant force of learning peer culture construction.

##### **3.1.1 Strengthen publicity and create a strong atmosphere**

In order to get students to participate in discipline competitions, the first thing to do is to strengthen the publicity of discipline competitions, make students understand the importance of participating in discipline competitions, give full play to their subjective initiative, and consciously devote themselves to the preparation process of discipline competitions<sup>[3]</sup>. In terms of publicity work, colleges and universities can carry out publicity through posters, banners, leaflets and other forms. In addition, experts in the industry and outstanding alumni can also be invited to the school to give professional knowledge lectures and career planning guidance for students, so as to help students establish correct career values. Secondly, the school can also organize and carry out “Learning peer culture construction” essay contest, “Learning peer Culture in my eyes” essay contest and hold “learning peer culture Construction” lecture and other forms.

##### **3.1.2 Strengthen construction and form a long-term mechanism**

First of all, in order to ensure the smooth development of high-level discipline competitions, it is necessary for universities to further strengthen the construction and management of student associations, so that student associations can run orderly under a good system and standard. Secondly, all colleges and universities should attach importance to the cultivation and selection of the backbone team of student associations, and provide sufficient resources for the development of student associations through the implementation of the outstanding backbone funding plan. Thirdly, all colleges and universities should establish and improve the training mechanism of discipline competition coaching teams and instructors, and strengthen the guidance and help for students' association activities. In addition, colleges and universities should strengthen the ideological education and practical training of students' association members, so that they can continuously enhance the sense of teamwork and responsibility in participating in discipline competitions<sup>[4]</sup>. Finally, all colleges and universities should attach importance to the construction of the evaluation system of student association activities, and ensure the smooth development of student association activities through quantitative evaluation and regular assessment of the results of discipline competitions. In short, all colleges and universities should fully realize the dialectical relationship between the development of discipline competition and the construction of learning peer culture, and constantly improve the relevant system.

#### **3.2 Strengthen the construction of learning peer culture by taking high-level discipline competitions as the starting point**

Many students in colleges and universities express that “association leaders are not enthusiastic about discipline competitions, and they worry that they will delay their study because of participation in discipline competitions”. Therefore, we believe that the person in charge of the student association should fully realize the relationship between “teaching” and “learning” and reasonably plan the development goals and plans of the association. A good learning atmosphere should be formed within the club to guide students to take the initiative to participate in discipline competitions and strengthen the construction of learning peer culture.

In the survey, we learned that most of the leaders of student associations did not have a clear plan on how to manage students and how to attract students to participate in activities. Therefore, we believe that the following measures can be taken to guide students to actively participate in discipline competitions in colleges and universities: First, establish the incentive mechanism of student associations. Colleges and universities can establish corresponding reward mechanism to encourage students to actively participate in discipline competitions. Second, we need to strengthen cooperation with social enterprises. Colleges and universities

can cooperate with enterprises to hold discipline competitions through school-enterprise cooperation. In this way, enterprises can not only promote their brand image on campus, but also enable more students to understand and participate in discipline competitions<sup>[5]</sup>. At the same time, it can also improve the social recognition of student associations; Third, give play to the exemplary role of college students' innovation and entrepreneurship projects. All colleges and universities can give full play to the exemplary role of innovation and entrepreneurship projects of college students; Fourth, carry out distinctive discipline competition activities. Each university can make full use of its own advantages to build its own characteristic brand of discipline competition activities; Fifth, hold professional academic lectures. Colleges and universities can help college students to establish a correct view of learning by holding professional academic lectures. Sixth, strengthen the training for the leaders and members of student associations. Colleges and universities shall organize relevant personnel to conduct professional training for the leaders and members of student associations; Seventh, holding regular discipline competition results display activities. Colleges and universities can enhance college students' awareness of discipline competition activities by holding the exhibition of discipline competition results. Ninth, extensive absorption of social resources. Colleges and universities can actively contact social resources to provide guidance and help to college student associations.

### **3.3 Give full play to students' subjective initiative, and integrate the concept of learning peer culture into the course of discipline competition**

Colleges and universities as the export of knowledge, college students as an important source of knowledge, is the main source of students in colleges and universities, but also an important force for peer culture construction. Colleges and universities should give full play to the subjective initiative of college students in the construction of learning peer culture, guide college students to participate in discipline competitions, and constantly improve their professional ability and comprehensive quality through sharing, communication, learning and innovative thinking activities in the competition process, and combine "promoting learning by competition" with "promoting teaching by competition" to improve students' learning ability and comprehensive quality. Through the cultivation of innovative thinking, students can change from "I want to learn" to "I want to learn", from passive learning to active learning. On the one hand, students can organize teams independently to participate in discipline competitions to stimulate the cultivation of students' independent learning and innovative thinking ability. During team building, students with solid professional foundation, strong discipline competition ability and practical experience can be selected to join the team; In the process of team building, students can be guided to choose appropriate discipline competition groups according to their own interests. When forming a team, students can give full play to their strengths, and cultivate teamwork spirit and innovative thinking ability. After the team is formed, the team members can be organized to conduct knowledge training for discipline competitions, and the instructor can provide a practice base and platform. On the other hand, excellent students can be selected into the discipline competition team to provide them with training opportunities. By selecting excellent students to join the discipline competition team, students are guided to learn knowledge, exercise ability and improve quality in the process of participating in the discipline competition. At the same time, by selecting excellent students to enter the discipline competition team, so that they can give full play to their maximum potential and advantages in the competition, promote the overall quality of the discipline competition team and further promote the construction of learning peer culture.

### **3.4 Create a strong competition atmosphere and create a positive learning peer culture**

School leaders, teachers and students are the subjects participating in the competition, and their influence on students is mainly reflected in the process of students participating in the competition. When students participate in the discipline competition, they should be aware of their shortcomings in professional learning, constantly learn from excellent seniors, communicate with teachers, and improve their professional knowledge level. Thus stimulating students' interest in participating in discipline competitions. At the same time, it is necessary to guide students to establish correct competition values and form correct competition mentality. Schools should strengthen the guidance and management of discipline competition activities to create a good competition atmosphere.

On the one hand, we should establish and improve the discipline competition management system and relevant incentive measures, such as: establish a perfect discipline competition reward system, establish a standard discipline competition evaluation method, establish a perfect discipline competition management mechanism, etc. On the other hand, we should strengthen the supervision and management of students' participation in the course of discipline competitions and establish a strict supervision and management mechanism. Schools should attach importance to the evaluation, guidance and encouragement of students' behavior in the process of participating in discipline competitions. For example: the school can open a series of lectures "Xuehai navigation"; Through wechat

public account and other publicity platforms to recommend excellent seniors guidance experience to students; Encourage students to participate in various high-level discipline competitions. In this way, students can be put into the discipline competition, creating a strong learning peer culture competition atmosphere.

#### **4. Concluding remarks:**

To sum up, college students' discipline competition is an important way to cultivate students' innovative thinking, scientific research consciousness, teamwork ability, competitive consciousness and comprehensive quality, and plays a significant role in improving students' comprehensive ability. By building a learning peer culture with high-level discipline competition as the starting point, it can improve college students' interest in professional learning, cultivate students' innovative thinking, enhance students' teamwork ability, and promote college students to become innovative talents needed by the development of The Times and social progress.

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