

# Research on the Optimization of Western Instrumental Music Teaching in Colleges and Universities from the Perspective of Aesthetic Education

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**Abstract:** At present, with the continuous development of economy and culture, China's education policy reform, aesthetic education in Colleges and universities should focus on the reform and development of art education, pay attention to the comprehensive development of students' moral, intellectual, physical, beauty and labor, and the importance of art education in colleges and universities in China is gradually deepening. However, the teaching mode of Western instrumental music in the teaching of aesthetic education in colleges and universities is single, the teaching staff is insufficient, and the teaching resources are mainly concentrated in the teaching of music major. Then there is a clear difference between aesthetic education and knowledge education and moral indoctrination in ways and means. Western instrumental music teaching must break the traditional teaching mode. This paper puts forward the innovation and optimization of teaching methods and teaching mode, combined with the history of Western music and the comparison of Chinese and Western music, to analyze and discuss the optimization measures of Western instrumental music aesthetic education teaching. So as to improve students' aesthetic ability, cultivate positive and healthy aesthetic taste and music appreciation. Through the narrow sense of aesthetic education and aesthetic activities as a broad sense of aesthetic education complementary to promote the all-round development of students. Thus nurturing physical and mental health, all-round development of people.

**Keywords:** Aesthetic education horizon; Western instrumental music; Optimization approach

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## Introduction

The Opinions on Effectively Strengthening Aesthetic Education in Colleges and Universities in the New Era issued by the Ministry of Education on March 29, 2019 clearly requires that aesthetic education in colleges and universities should focus on the reform and development of art education, and focus on the popularization of art education, professional art education and art education in colleges and universities. In the three areas of normal education, we will vigorously strengthen and improve aesthetic education and teaching. Western instrumental music teaching, as an effective way to implement aesthetic education for college students, puts forward higher requirements in teaching. Major colleges and universities in China actively respond to the policy, integrate the resources of aesthetic education in the school, keep up with the reform and development of aesthetic education in the new era, and set up aesthetic education centers like bamboo shoots after a spring rain. The Aesthetic Education Center is mainly composed of all college students who love art and aesthetic education, and carries out the organization and arrangement of art training and practical experience activities of various associations such as music, sports, and beauty. Music mainly includes chorus, symphony orchestra, wind orchestra, national orchestra and other characteristics and the construction of high-level community. Pay attention to the construction of normalized art exhibition and experience activity platform. To realize the normalization, popularization and life of aesthetic education. Western instrumental music course is an important part of aesthetic education curriculum.

## 1. Aesthetic Education and Western Instrumental Music Teaching

Cai Yuanpei put forward "aesthetic education, the application of aesthetic theory in education, to cultivate feelings for the purpose of those." [1] Scholar Wu Tianrong put forward in "Exploring the Practice of Aesthetic Education": "Cultivating virtue with beauty,

moistening students' hearts with the beauty of the silent cultural atmosphere. The silent aesthetic education is not only reflected in the classroom, theory and abstract concepts, all kinds of etiquette, speech and behavior are the embodiment of aesthetic education." The implementation of aesthetic education policy in major colleges and universities fully follows the concept of higher education, student-oriented, aesthetic education, cultural people, and actively promote the development and promotion of students' aesthetics, which is not only conducive to faster discovery of current teaching The shortcomings in the method are also conducive to breaking the professional fortress and implementing aesthetic education without distinction. In addition, "the aesthetic education policy also specifically points out the educational guidelines of adapting measures to local conditions and teaching students in accordance with their aptitude, focusing on the aesthetic education teaching conditions in remote and poor areas, helping to improve their environment and supplement educational resources, so as to promote the progress of comprehensive reform of aesthetic education" [2].

Western instrumental music teaching is an important part of the implementation of aesthetic education. "It mainly grants students basic musical instrument knowledge, music theory knowledge, performance skills, etc., so as to achieve the teaching purpose of developing their instrumental music creation inspiration and artistic level." [3]

The main types of Western instrumental music are string, wind, percussion and plucked. Strings such as violin, viola, cello, double bass and other instruments, the interpretation of instrumental music can be played by pure instruments, but it is difficult for beginners to get started. Wind music can be divided into two categories: woodwind and brass. Woodwind instruments such as flute, clarinet, saxophone, etc. Brass such as trumpet and trombone; Percussion music such as snare drum, big drum and big cymbals is easy for beginners to play. Students can experience the effect of musical instruments in a short time [4].

## **2. Optimization of Classroom Teaching of Western Musical Instruments from the Perspective of Aesthetic Education**

### **2.1 Construction open teaching mode**

The single and traditional teaching mode has always been an important obstacle to the development of education and teaching in our country. Especially in the university stage, students already have the ability to think independently and learn independently, and the role of teachers is to play an auxiliary and guiding role. Promote and strengthen students' active thinking in time. At present, the teaching classroom in colleges and universities in our country has broken away from the traditional educational concepts and educational models, and gradually combined with Western educational ideas, and gradually promoted open teaching. This teaching method has improved students' independent thinking and integration ability.

### **2.2 To develop practical learning classroom**

At present, with the continuous deepening of educational content and the continuous progress of educational thought, the western instrumental music classroom in our country's colleges and universities is becoming more and more rich, but too much theoretical content ignores the importance of teaching practice, making the teaching quality stagnant. Therefore, in the face of contemporary educational concepts, teachers also need to actively learn new teaching methods and improve the importance of practical teaching. Schools should actively introduce all kinds of common Western musical instruments and rational use and effective use of instrumental music to bring students intuitive feelings and experience. Therefore, teachers can not only tell students the theoretical knowledge of books, but also show students relevant music videos and music materials, accompanied by western instrumental music in-kind learning. When talking about the history of western music development, we can also show students through interesting video explanation and performance, which can not only reduce the teaching difficulty of music class, but also effectively deepen students' impression and memory.

### **2.3 Optimization of Education Curriculum System**

Diversified curriculum design is beneficial to promote the improvement of corporate courses. A simple society needs comprehensive talents with diversified development. Therefore, major colleges and universities should pay more attention to the comprehensive development of students' moral, intellectual, physical and aesthetic education, and do not have a history of Western musical instruments and music. Prejudice, and isolation of Western music courses and topics, but to allow learning to have contact and understanding of Chinese and Western cultures. First of all, it is necessary to create special courses and training classrooms for training and learning basic skills, such as Western musical instruments saxophone, piano, violin, cello, etc. Non-music majors can be used as an elective course to learn and understand, so as to develop and cultivate their interests. The students of music major should carry out targeted training, clarify their hobbies and interests, so as to accurately master the music history and performance skills of a musical instrument. In addition, teachers should create a cooperation mechanism and pay attention to the cultivation

of students' ensemble ability. Western music pays attention to team ensemble. "Therefore, in Western music classes, they can adapt to the focus of Western countries, break the single music performance, and create multi-grade and multi-class cooperative performances, which will not only help strengthen the understanding and understanding between students, but also further improve their performance level" [5].

## 2.4 Optimization of Music Education Content

The traditional teaching form in our country will be effective in academic performance, but in the learning process, the development of students has been greatly restricted. For example, in the course of Western musical instruments, the traditional teaching method will ignore the connection between music itself and other fields. In the teaching of instrumental music, it is inevitable to carry out multi-course, diversified connection and integration, so as to cultivate students' innovative and creative thinking. First of all, take a variety of teaching methods, through the collective class, group class and single class three teaching mode to let students learn cooperative learning and independent learning. The higher learning efficiency of individual class is, the stronger pertinence, so teachers can help students improve their cooperation level and ability through independent class-based cooperative learning as an aid. In addition, it is necessary to improve and strengthen the competition among students. Teachers can set up appropriate activity competitions so that students can improve their performance level in the competition and improve the quality and efficiency of classroom teaching.

## Concluding remarks

To sum up, the development of the progress of the times has promoted the deepening reform of education, and the country has paid more and more attention to the development of students' art field. Among them, the learning of Western music and musical instruments has become a compulsory content in aesthetic education. Combined with the current policy of aesthetic education in China, in order to give students an all-round development, colleges and universities in China have carried out aesthetic education experience courses one after another, but the depth and breadth of investment in the teaching of western musical instruments is not enough, the teaching methods are outdated, and there is a lack of corresponding professional classrooms, which leads to the slow teaching process and can not keep up with the requirements of aesthetic education teaching in the new era. Therefore, in order to better promote the status and role of Western musical instruments in aesthetic education teaching, it is necessary to continuously improve and optimize education and teaching methods.

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